

**The Battery**

1	Wed	1:52 AM	4.50 H	9:27 AM	0.93 L	2:56 PM	3.77 H	9:14 PM	1.04 L
2	Thu	2:56 AM	4.52 H	10:32 AM	0.72 L	4:04 PM	3.92 H	10:33 PM	0.80 L
3	Fri	4:10 AM	4.63 H	11:29 AM	0.40 L	5:13 PM	4.23 H	11:36 PM	0.42 L
4	Sat	5:26 AM	4.87 H	12:21 PM	0.04 L	6:15 PM	4.67 H	No PM Low	
5	Sun	12:33 AM	0.00 L	6:31 AM	5.17 H	1:11 PM	-0.33 L	7:09 PM	5.15 H
6	Mon	1:28 AM	-0.39 L	07:26 AM	5.45 H	2:00 PM	-0.63 L	7:58 PM	5.59 H
7	Tue	2:22 AM	-0.72 L	08:17 AM	5.61 H	2:49 PM	-0.83 L	8:46 PM	5.91 H
8	Wed	3:14 AM	-0.93 L	09:07 AM	5.61 H	3:36 PM	-0.90 L	9:34 PM	6.06 H
9	Thu	4:05 AM	-0.98 L	09:58 AM	5.46 H	4:22 PM	-0.79 L	10:23 PM	6.04 H
10	Fri	4:55 AM	-0.87 L	10:52 AM	5.20 H	5:09 PM	-0.53 L	11:16 PM	5.86 H
11	Sat	5:46 AM	-0.60 L	11:50 AM	4.90 H	5:57 PM	-0.14 L	No PM High	
12	Sun	12:12 AM	5.57 H	6:40 AM	-0.23 L	12:49 PM	4.61 H	6:51 PM	0.31 L
13	Mon	1:08 AM	5.24 H	7:39 AM	0.16 L	1:48 PM	4.36 H	7:52 PM	0.72 L
14	Tue	2:06 AM	4.92 H	8:44 AM	0.45 L	2:47 PM	4.18 H	9:00 PM	0.98 L
15	Wed	3:05 AM	4.64 H	9:48 AM	0.58 L	3:47 PM	4.10 H	10:06 PM	1.04 L
16	Thu	4:06 AM	4.46 H	10:45 AM	0.59 L	4:48 PM	4.13 H	11:05 PM	0.97 L
17	Fri	5:08 AM	4.41 H	11:36 AM	0.53 L	5:46 PM	4.28 H	11:56 PM	0.82 L
18	Sat	6:04 AM	4.46 H	12:21 PM	0.43 L	6:37 PM	4.50 H	No PM Low	
19	Sun	12:44 AM	0.65 L	6:53 AM	4.57 H	1:04 PM	0.33 L	7:20 PM	4.73 H
20	Mon	1:29 AM	0.48 L	7:36 AM	4.67 H	1:44 PM	0.25 L	7:58 PM	4.92 H
21	Tue	2:12 AM	0.33 L	8:15 AM	4.71 H	2:23 PM	0.21 L	8:33 PM	5.06 H
22	Wed	2:54 AM	0.21 L	8:52 AM	4.69 H	2:59 PM	0.21 L	9:05 PM	5.12 H
23	Thu	3:34 AM	0.14 L	9:28 AM	4.60 H	3:35 PM	0.27 L	9:33 PM	5.12 H
24	Fri	4:12 AM	0.14 L	10:04 AM	4.46 H	4:07 PM	0.37 L	9:58 PM	5.08 H
25	Sat	4:49 AM	0.20 L	10:40 AM	4.30 H	4:38 PM	0.50 L	10:24 PM	5.03 H
26	Sun	5:26 AM	0.32 L	11:18 AM	4.14 H	5:08 PM	0.64 L	10:56 PM	4.96 H
27	Mon	6:03 AM	0.48 L	12:01 PM	4.03 H	5:41 PM	0.78 L	11:39 PM	4.88 H
28	Tue	6:47 AM	0.65 L	12:51 PM	3.97 H	6:22 PM	0.93 L	No PM High	
29	Wed	12:33 AM	4.81 H	7:47 AM	0.77 L	1:44 PM	3.99 H	7:23 PM	1.06 L
30	Thu	1:33 AM	4.76 H	8:58 AM	0.76 L	2:42 PM	4.10 H	8:55 PM	1.05 L

**Spuyten Duyvil**

1	Wed	2:44 AM	3.78 H	10:15 AM	0.78 L	3:48 PM	3.17 H	10:02 PM	0.88 L
2	Thu	3:48 AM	3.80 H	11:20 AM	0.61 L	4:56 PM	3.29 H	11:21 PM	0.67 L
3	Fri	5:02 AM	3.89 H	12:17 PM	0.34 L	6:05 PM	3.55 H	No PM Low	
4	Sat	12:24 AM	0.35 L	6:18 AM	4.09 H	1:09 PM	0.03 L	7:07 PM	3.92 H
5	Sun	1:21 AM	0.00 L	7:23 AM	4.35 H	1:59 PM	-0.27 L	8:01 PM	4.33 H
6	Mon	2:16 AM	-0.33 L	08:18 AM	4.58 H	2:48 PM	-0.53 L	8:50 PM	4.70 H
7	Tue	3:10 AM	-0.60 L	09:09 AM	4.71 H	3:37 PM	-0.70 L	9:38 PM	4.97 H
8	Wed	4:02 AM	-0.78 L	09:59 AM	4.71 H	4:24 PM	-0.75 L	10:26 PM	5.09 H
9	Thu	4:53 AM	-0.82 L	10:50 AM	4.58 H	5:10 PM	-0.67 L	11:15 PM	5.07 H
10	Fri	5:43 AM	-0.73 L	11:44 AM	4.37 H	5:57 PM	-0.45 L	No PM High	
11	Sat	12:08 AM	4.92 H	6:34 AM	-0.50 L	12:42 PM	4.11 H	6:45 PM	-0.12 L
12	Sun	1:04 AM	4.68 H	7:28 AM	-0.19 L	1:41 PM	3.87 H	7:39 PM	0.26 L
13	Mon	2:00 AM	4.40 H	8:27 AM	0.13 L	2:40 PM	3.66 H	8:40 PM	0.61 L
14	Tue	2:58 AM	4.13 H	9:32 AM	0.38 L	3:39 PM	3.52 H	9:48 PM	0.82 L
15	Wed	3:57 AM	3.90 H	10:36 AM	0.49 L	4:39 PM	3.44 H	10:54 PM	0.88 L
16	Thu	4:58 AM	3.75 H	11:33 AM	0.50 L	5:40 PM	3.47 H	11:53 PM	0.81 L
17	Fri	6:00 AM	3.70 H	12:24 PM	0.44 L	6:38 PM	3.60 H	No PM Low	
18	Sat	12:44 AM	0.69 L	6:56 AM	3.75 H	1:09 PM	0.36 L	7:29 PM	3.78 H
19	Sun	1:32 AM	0.55 L	7:45 AM	3.84 H	1:52 PM	0.28 L	8:12 PM	3.97 H
20	Mon	2:17 AM	0.40 L	8:28 AM	3.92 H	2:32 PM	0.21 L	8:50 PM	4.13 H
21	Tue	3:00 AM	0.28 L	9:07 AM	3.96 H	3:11 PM	0.17 L	9:25 PM	4.25 H
22	Wed	3:42 AM	0.17 L	9:44 AM	3.94 H	3:47 PM	0.18 L	9:57 PM	4.30 H
23	Thu	4:22 AM	0.12 L	10:20 AM	3.87 H	4:23 PM	0.22 L	10:25 PM	4.30 H
24	Fri	5:00 AM	0.12 L	10:56 AM	3.75 H	4:55 PM	0.31 L	10:50 PM	4.27 H
25	Sat	5:37 AM	0.17 L	11:32 AM	3.61 H	5:26 PM	0.42 L	11:16 PM	4.22 H
26	Sun	6:14 AM	0.27 L	12:10 PM	3.48 H	5:56 PM	0.54 L	11:48 PM	4.17 H
27	Mon	6:51 AM	0.40 L	12:53 PM	3.38 H	6:29 PM	0.66 L	No PM High	
28	Tue	12:31 AM	4.10 H	7:55 AM	0.54 L	1:43 PM	3.34 H	7:10 PM	0.78 L
29	Wed	1:25 AM	4.04 H	8:35 AM	0.65 L	2:36 PM	3.35 H	8:11 PM	0.89 L
30	Thu	2:25 AM	4.00 H	9:46 AM	0.64 L	3:34 PM	3.44 H	9:43 PM	0.89 L

**April TIDES**

**49¢** a day! **800-4-SEATOW** **seatow.com** **\$179.** a year



**Tarrytown**

1	Wed	3:41 AM	3.15 H	11:24 AM	0.65 L	4:45 PM	2.64 H	11:11 PM	0.73 L
2	Thu	4:45 AM	3.17 H	12:29 PM	0.51 L	5:53 PM	2.74 H	No PM Low	
3	Fri	12:30 AM	0.56 L	5:59 AM	3.24 H	1:26 PM	0.28 L	7:02 PM	2.96 H
4	Sat	1:33 AM	0.29 L	7:15 AM	3.41 H	2:18 PM	0.03 L	8:04 PM	3.27 H
5	Sun	2:30 AM	0.00 L	8:20 AM	3.62 H	3:08 PM	-0.23 L	8:58 PM	3.61 H
6	Mon	3:25 AM	-0.28 L	09:15 AM	3.81 H	3:57 PM	-0.44 L	9:47 PM	3.92 H
7	Tue	4:19 AM	-0.50 L	10:06 AM	3.92 H	4:46 PM	-0.58 L	10:35 PM	4.14 H
8	Wed	5:11 AM	-0.65 L	10:56 AM	3.92 H	5:33 PM	-0.63 L	11:23 PM	4.24 H
9	Thu	6:02 AM	-0.69 L	11:47 AM	3.82 H	6:19 PM	-0.56 L	No PM High	
10	Fri	12:12 AM	4.22 H	6:52 AM	-0.61 L	12:41 PM	3.64 H	7:06 PM	-0.37 L
11	Sat	1:05 AM	4.10 H	7:43 AM	-0.42 L	1:39 PM	3.43 H	7:54 PM	-0.10 L
12	Sun	2:01 AM	3.90 H	8:37 AM	-0.16 L	2:38 PM	3.23 H	8:48 PM	0.22 L
13	Mon	2:57 AM	3.67 H	9:36 AM	0.11 L	3:37 PM	3.05 H	9:49 PM	0.51 L
14	Tue	3:55 AM	3.44 H	10:41 AM	0.31 L	4:36 PM	2.93 H	10:57 PM	0.69 L
15	Wed	4:54 AM	3.25 H	11:45 AM	0.41 L	5:36 PM	2.87 H	No PM Low	
16	Thu	12:03 AM	0.73 L	5:55 AM	3.12 H	12:42 PM	0.41 L	6:37 PM	2.89 H
17	Fri	1:02 AM	0.68 L	6:57 AM	3.08 H	1:33 PM	0.37 L	7:35 PM	3.00 H
18	Sat	1:53 AM	0.57 L	7:53 AM	3.12 H	2:18 PM	0.30 L	8:26 PM	3.15 H
19	Sun	2:41 AM	0.46 L	8:42 AM	3.20 H	3:01 PM	0.23 L	9:09 PM	3.31 H
20	Mon	3:26 AM	0.34 L	9:25 AM	3.27 H	3:41 PM	0.18 L	9:47 PM	3.45 H
21	Tue	4:09 AM	0.23 L	10:04 AM	3.30 H	4:20 PM	0.15 L	10:22 PM	3.54 H
22	Wed	4:51 AM	0.14 L	10:41 AM	3.28 H	4:56 PM	0.15 L	10:54 PM	3.58 H
23	Thu	5:31 AM	0.10 L	11:17 AM	3.22 H	5:32 PM	0.19 L	11:22 PM	3.58 H
24	Fri	6:09 AM	0.10 L	11:53 AM	3.12 H	6:04 PM	0.26 L	11:47 PM	3.56 H
25	Sat	6:46 AM	0.14 L	12:29 PM	3.01 H	6:35 PM	0.35 L	No PM High	
26	Sun	12:13 AM	3.52 H	7:23 AM	0.23 L	1:07 PM	2.90 H	7:05 PM	0.45 L
27	Mon	12:45 AM	3.47 H	8:00 AM	0.34 L	1:50 PM	2.82 H	7:38 PM	0.55 L
28	Tue	1:28 AM	3.42 H	8:44 AM	0.45 L	2:40 PM	2.78 H	8:19 PM	0.65 L
29	Wed	2:22 AM	3.37 H	9:44 AM	0.54 L	3:33 PM	2.79 H	9:20 PM	0.74 L
30	Thu	3:22 AM	3.33 H	10:55 AM	0.53 L	4:31 PM	2.87 H	10:52 PM	0.74 L

**Haverstraw**

1	Wed	4:38 AM	3.44 H	12:25 PM	0.81 L	5:37 PM	2.73 H	11:47 PM	0.63 L
2	Thu	5:41 AM	3.40 H	1:27 PM	0.68 L	6:43 PM	2.85 H	No PM Low	
3	Fri	1:11 AM	0.51 L	6:52 AM	3.43 H	2:22 PM	0.48 L	7:48 PM	3.08 H
4	Sat	2:18 AM	0.29 L	8:01 AM	3.54 H	3:11 PM	0.27 L	8:45 PM	3.38 H
5	Sun	3:16 AM	0.05 L	9:01 AM	3.69 H	3:58 PM	0.06 L	9:36 PM	3.69 H
6	Mon	4:11 AM	-0.15 L	09:53 AM	3.83 H	4:45 PM	-0.10 L	10:24 PM	3.97 H
7	Tue	5:05 AM	-0.27 L	10:43 AM	3.90 H	5:31 PM	-0.20 L	11:11 PM	4.16 H
8	Wed	5:58 AM	-0.32 L	11:32 AM	3.89 H	6:16 PM	-0.23 L	11:58 PM	4.26 H
9	Thu	6:49 AM	-0.28 L	12:21 PM	3.80 H	7:01 PM	-0.17 L	No PM High	
10	Fri	12:45 AM	4.26 H	7:40 AM	-0.15 L	1:13 PM	3.64 H	7:46 PM	-0.03 L
11	Sat	1:36 AM	4.16 H	8:33 AM	0.04 L	2:09 PM	3.45 H	8:34 PM	0.18 L
12	Sun	2:30 AM	4.00 H	9:29 AM	0.25 L	3:10 PM	3.27 H	9:27 PM	0.42 L
13	Mon	3:29 AM	3.81 H	10:30 AM	0.44 L	4:14 PM	3.13 H	10:28 PM	0.63 L
14	Tue	4:29 AM	3.63 H	11:34 AM	0.55 L	5:16 PM	3.04 H	11:35 PM	0.76 L
15	Wed	5:30 AM	3.47 H	12:37 PM	0.56 L	6:20 PM	3.02 H	No PM Low	
16	Thu	12:42 AM	0.78 L	6:33 AM	3.37 H	1:36 PM	0.49 L	7:23 PM	3.08 H
17	Fri	1:43 AM	0.70 L	7:36 AM	3.35 H	2:27 PM	0.37 L	8:22 PM	3.21 H
18	Sat	2:38 AM	0.58 L	8:32 AM	3.39 H	3:11 PM	0.26 L	9:12 PM	3.39 H
19	Sun	3:27 AM	0.47 L	9:20 AM	3.45 H	3:52 PM	0.18 L	9:56 PM	3.55 H
20	Mon	4:13 AM	0.39 L	10:02 AM	3.49 H	4:31 PM	0.14 L	10:35 PM	3.68 H
21	Tue	4:59 AM	0.35 L	10:41 AM	3.49 H	5:07 PM	0.15 L	11:10 PM	3.78 H
22	Wed	5:42 AM	0.35 L	11:18 AM	3.45 H	5:42 PM	0.20 L	11:41 PM	3.85 H
23	Thu	6:24 AM	0.39 L	11:54 AM	3.38 H	6:15 PM	0.28 L	No PM High	
24	Fri	12:09 AM	3.90 H	7:05 AM	0.46 L	12:29 PM	3.28 H	6:45 PM	0.37 L
25	Sat	12:35 AM	3.93 H	7:44 AM	0.55 L	1:04 PM	3.18 H	7:14 PM	0.46 L
26	Sun	1:03 AM	3.95 H	8:24 AM	0.65 L	1:41 PM	3.08 H	7:44 PM	0.53 L
27	Mon	1:38 AM	3.93 H	9:07 AM	0.74 L	2:26 PM	2.99 H	8:20 PM	0.60 L
28	Tue	2:22 AM	3.87 H	9:56 AM	0.80 L	3:19 PM	2.94 H	9:06 PM	0.66 L
29	Wed	3:15 AM	3.77 H	10:52 AM	0.81 L	4:17 PM	2.94 H	10:08 PM	0.71 L
30	Thu	4:15 AM	3.65 H	11:54 AM	0.74 L	5:17 PM	3.00 H	11:31 PM	0.69 L

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Peekskill								
1	Wed	4:20 AM	2.88 H	12:30 PM	0.59 L	5:24 PM	2.41 H	No PM Low
2	Thu	12:17 AM	0.67 L	5:24 AM	2.89 H	1:35 PM	0.46 L	6:32 PM 2.51 H
3	Fri	1:36 AM	0.51 L	6:38 AM	2.96 H	2:32 PM	0.26 L	7:41 PM 2.71 H
4	Sat	2:39 AM	0.27 L	7:54 AM	3.11 H	3:24 PM	0.02 L	8:43 PM 2.99 H
5	Sun	3:36 AM	0.00 L	8:59 AM	3.31 H	4:14 PM	-0.21 L	9:37 PM 3.30 H
6	Mon	4:31 AM	-0.25 L	09:54 AM	3.49 H	5:03 PM	-0.40 L	10:26 PM 3.58 H
7	Tue	5:25 AM	-0.46 L	10:45 AM	3.59 H	5:52 PM	-0.53 L	11:14 PM 3.78 H
8	Wed	6:17 AM	-0.59 L	11:35 AM	3.59 H	6:39 PM	-0.57 L	No PM High
9	Thu	12:02 AM	3.88 H	7:08 AM	-0.63 L	12:26 PM	3.49 H	7:25 PM -0.51 L
10	Fri	12:51 AM	3.86 H	7:58 AM	-0.56 L	1:20 PM	3.33 H	8:12 PM -0.34 L
11	Sat	1:44 AM	3.75 H	8:49 AM	-0.38 L	2:18 PM	3.13 H	9:00 PM -0.09 L
12	Sun	2:40 AM	3.57 H	9:43 AM	-0.15 L	3:17 PM	2.95 H	9:54 PM 0.20 L
13	Mon	3:36 AM	3.36 H	10:42 AM	0.10 L	4:16 PM	2.79 H	10:55 PM 0.46 L
14	Tue	4:34 AM	3.15 H	11:47 AM	0.29 L	5:15 PM	2.68 H	No PM Low
15	Wed	12:03 AM	0.63 L	5:33 AM	2.97 H	12:51 PM	0.37 L	6:15 PM 2.62 H
16	Thu	1:09 AM	0.67 L	6:34 AM	2.85 H	1:48 PM	0.38 L	7:16 PM 2.65 H
17	Fri	2:08 AM	0.62 L	7:36 AM	2.82 H	2:39 PM	0.34 L	8:14 PM 2.74 H
18	Sat	2:59 AM	0.53 L	8:32 AM	2.86 H	3:24 PM	0.28 L	9:05 PM 2.88 H
19	Sun	3:47 AM	0.42 L	9:21 AM	2.92 H	4:07 PM	0.21 L	9:48 PM 3.03 H
20	Mon	4:32 AM	0.31 L	10:04 AM	2.99 H	4:47 PM	0.16 L	10:26 PM 3.15 H
21	Tue	5:15 AM	0.21 L	10:43 AM	3.02 H	5:26 PM	0.13 L	11:01 PM 3.24 H
22	Wed	5:57 AM	0.13 L	11:20 AM	3.00 H	6:02 PM	0.14 L	11:33 PM 3.28 H
23	Thu	6:37 AM	0.09 L	11:56 AM	2.94 H	6:38 PM	0.17 L	No PM High
24	Fri	12:01 AM	3.28 H	7:15 AM	0.09 L	12:32 PM	2.85 H	7:10 PM 0.23 L
25	Sat	12:26 AM	3.25 H	7:52 AM	0.13 L	1:08 PM	2.75 H	7:41 PM 0.32 L
26	Sun	12:52 AM	3.22 H	8:29 AM	0.21 L	1:46 PM	2.65 H	8:11 PM 0.41 L
27	Mon	1:24 AM	3.17 H	9:06 AM	0.31 L	2:29 PM	2.58 H	8:44 PM 0.50 L
28	Tue	2:07 AM	3.13 H	9:50 AM	0.41 L	3:19 PM	2.54 H	9:25 PM 0.59 L
29	Wed	3:01 AM	3.08 H	10:50 AM	0.49 L	4:12 PM	2.55 H	10:26 PM 0.68 L
30	Thu	4:01 AM	3.05 H	12:01 PM	0.49 L	5:10 PM	2.62 H	11:58 PM 0.68 L

TIDES April

Newburgh								
1	Wed	5:38 AM	2.79 H	1:30 PM	0.59 L	6:42 PM	2.34 H	No PM Low
2	Thu	1:17 AM	0.67 L	6:42 AM	2.80 H	2:35 PM	0.46 L	7:50 PM 2.43 H
3	Fri	2:36 AM	0.51 L	7:56 AM	2.87 H	3:32 PM	0.26 L	8:59 PM 2.62 H
4	Sat	3:39 AM	0.27 L	9:12 AM	3.02 H	4:24 PM	0.02 L	10:01 PM 2.89 H
5	Sun	4:36 AM	0.00 L	10:17 AM	3.21 H	5:14 PM	-0.21 L	10:55 PM 3.19 H
6	Mon	5:31 AM	-0.25 L	11:12 AM	3.38 H	6:03 PM	-0.40 L	11:44 PM 3.47 H
7	Tue	6:25 AM	-0.46 L	12:03 PM	3.48 H	6:52 PM	-0.53 L	No PM High
8	Wed	12:32 AM	3.67 H	7:17 AM	-0.59 L	12:53 PM	3.48 H	7:39 PM -0.57 L
9	Thu	1:20 AM	3.76 H	8:08 AM	-0.63 L	1:44 PM	3.38 H	8:25 PM -0.51 L
10	Fri	2:09 AM	3.74 H	8:58 AM	-0.56 L	2:38 PM	3.22 H	9:12 PM -0.34 L
11	Sat	3:02 AM	3.63 H	9:49 AM	-0.38 L	3:36 PM	3.04 H	10:00 PM -0.09 L
12	Sun	3:58 AM	3.46 H	10:43 AM	-0.15 L	4:35 PM	2.86 H	10:54 PM 0.20 L
13	Mon	4:54 AM	3.25 H	11:42 AM	0.10 L	5:34 PM	2.70 H	11:55 PM 0.46 L
14	Tue	5:52 AM	3.05 H	12:47 PM	0.29 L	6:33 PM	2.59 H	No PM Low
15	Wed	1:03 AM	0.63 L	6:51 AM	2.88 H	1:51 PM	0.37 L	7:33 PM 2.54 H
16	Thu	2:09 AM	0.67 L	7:52 AM	2.76 H	2:48 PM	0.38 L	8:34 PM 2.56 H
17	Fri	3:08 AM	0.62 L	8:54 AM	2.73 H	3:39 PM	0.34 L	9:32 PM 2.65 H
18	Sat	3:59 AM	0.53 L	9:50 AM	2.77 H	4:24 PM	0.28 L	10:23 PM 2.79 H
19	Sun	4:47 AM	0.42 L	10:39 AM	2.83 H	5:07 PM	0.21 L	11:06 PM 2.93 H
20	Mon	5:32 AM	0.31 L	11:22 AM	2.89 H	5:47 PM	0.16 L	11:44 PM 3.05 H
21	Tue	6:15 AM	0.21 L	12:01 PM	2.92 H	6:26 PM	0.13 L	No PM High
22	Wed	12:19 AM	3.13 H	6:57 AM	0.13 L	12:38 PM	2.91 H	7:02 PM 0.14 L
23	Thu	12:51 AM	3.17 H	7:37 AM	0.09 L	1:14 PM	2.85 H	7:38 PM 0.17 L
24	Fri	1:19 AM	3.17 H	8:15 AM	0.09 L	1:50 PM	2.77 H	8:10 PM 0.23 L
25	Sat	1:44 AM	3.15 H	8:52 AM	0.13 L	2:26 PM	2.67 H	8:41 PM 0.32 L
26	Sun	2:10 AM	3.12 H	9:29 AM	0.21 L	3:04 PM	2.57 H	9:11 PM 0.41 L
27	Mon	2:42 AM	3.08 H	10:06 AM	0.31 L	3:47 PM	2.50 H	9:44 PM 0.50 L
28	Tue	3:25 AM	3.03 H	10:50 AM	0.41 L	4:37 PM	2.46 H	10:25 PM 0.59 L
29	Wed	4:19 AM	2.98 H	11:50 AM	0.49 L	5:30 PM	2.47 H	11:26 PM 0.68 L
30	Thu	5:19 AM	2.95 H	1:01 PM	0.49 L	6:28 PM	2.54 H	No PM Low

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Poughkeepsie								
1	Wed	12:21 AM	0.70 L	6:26 AM	3.06 H	2:13 PM	0.63 L	7:30 PM 2.56 H
2	Thu	2:00 AM	0.71 L	7:30 AM	3.08 H	3:18 PM	0.49 L	8:38 PM 2.67 H
3	Fri	3:19 AM	0.55 L	8:44 AM	3.15 H	4:15 PM	0.28 L	9:47 PM 2.87 H
4	Sat	4:22 AM	0.29 L	10:00 AM	3.31 H	5:07 PM	0.02 L	10:49 PM 3.17 H
5	Sun	5:19 AM	0.00 L	11:05 AM	3.52 H	5:57 PM	-0.22 L	11:43 PM 3.50 H
6	Mon	6:14 AM	-0.27 L	12:00 PM	3.71 H	6:46 PM	-0.43 L	No PM High
7	Tue	12:32 AM	3.81 H	7:08 AM	-0.49 L	12:51 PM	3.81 H	7:35 PM -0.57 L
8	Wed	1:20 AM	4.02 H	8:00 AM	-0.63 L	1:41 PM	3.81 H	8:22 PM -0.61 L
9	Thu	2:08 AM	4.12 H	8:51 AM	-0.67 L	2:32 PM	3.71 H	9:08 PM -0.54 L
10	Fri	2:57 AM	4.10 H	9:41 AM	-0.59 L	3:26 PM	3.54 H	9:55 PM -0.36 L
11	Sat	3:50 AM	3.98 H	10:32 AM	-0.41 L	4:24 PM	3.33 H	10:43 PM -0.10 L
12	Sun	4:46 AM	3.79 H	11:26 AM	-0.15 L	5:23 PM	3.13 H	11:37 PM 0.21 L
13	Mon	5:42 AM	3.56 H	12:25 PM	0.11 L	6:22 PM	2.97 H	No PM Low
14	Tue	12:38 AM	0.49 L	6:40 AM	3.34 H	1:30 PM	0.30 L	7:21 PM 2.85 H
15	Wed	1:46 AM	0.67 L	7:39 AM	3.15 H	2:34 PM	0.40 L	8:21 PM 2.79 H
16	Thu	2:52 AM	0.71 L	8:40 AM	3.03 H	3:31 PM	0.40 L	9:22 PM 2.81 H
17	Fri	3:51 AM	0.66 L	9:42 AM	3.00 H	4:22 PM	0.36 L	10:20 PM 2.91 H
18	Sat	4:42 AM	0.56 L	10:38 AM	3.03 H	5:07 PM	0.29 L	11:11 PM 3.06 H
19	Sun	5:30 AM	0.44 L	11:27 AM	3.11 H	5:50 PM	0.23 L	11:54 PM 3.21 H
20	Mon	6:15 AM	0.33 L	12:10 PM	3.17 H	6:30 PM	0.17 L	No PM High
21	Tue	12:32 AM	3.35 H	6:58 AM	0.22 L	12:49 PM	3.20 H	7:09 PM 0.14 L
22	Wed	1:07 AM	3.44 H	7:40 AM	0.14 L	1:26 PM	3.19 H	7:45 PM 0.14 L
23	Thu	1:39 AM	3.48 H	8:20 AM	0.10 L	2:02 PM	3.13 H	8:21 PM 0.18 L
24	Fri	2:07 AM	3.48 H	8:58 AM	0.09 L	2:38 PM	3.03 H	8:53 PM 0.25 L
25	Sat	2:32 AM	3.46 H	9:35 AM	0.14 L	3:14 PM	2.92 H	9:24 PM 0.34 L
26	Sun	2:58 AM	3.42 H	10:12 AM	0.22 L	3:52 PM	2.82 H	9:54 PM 0.43 L
27	Mon	3:30 AM	3.37 H	10:49 AM	0.33 L	4:35 PM	2.74 H	10:27 PM 0.53 L
28	Tue	4:13 AM	3.32 H	11:33 AM	0.44 L	5:25 PM	2.70 H	11:08 PM 0.63 L
29	Wed	5:07 AM	3.27 H	12:33 PM	0.52 L	6:18 PM	2.71 H	No PM Low
30	Thu	12:09 AM	0.72 L	6:07 AM	3.24 H	1:44 PM	0.52 L	7:16 PM 2.79 H

TIDES April

Kingston								
1	Wed	1:09 AM	0.85 L	7:12 AM	3.64 H	3:01 PM	0.76 L	8:16 PM 3.06 H
2	Thu	2:48 AM	0.85 L	8:16 AM	3.66 H	4:06 PM	0.59 L	9:24 PM 3.17 H
3	Fri	4:07 AM	0.66 L	9:30 AM	3.75 H	5:03 PM	0.33 L	10:33 PM 3.42 H
4	Sat	5:10 AM	0.35 L	10:46 AM	3.94 H	5:55 PM	0.03 L	11:35 PM 3.78 H
5	Sun	6:07 AM	0.00 L	11:51 AM	4.19 H	6:45 PM	-0.27 L	No PM High
6	Mon	12:29 AM	4.17 H	7:02 AM	-0.32 L	12:46 PM	4.41 H	7:34 PM -0.52 L
7	Tue	1:18 AM	4.53 H	7:56 AM	-0.59 L	1:37 PM	4.54 H	8:23 PM -0.68 L
8	Wed	2:06 AM	4.79 H	8:48 AM	-0.76 L	2:27 PM	4.54 H	9:10 PM -0.73 L
9	Thu	2:54 AM	4.91 H	9:39 AM	-0.81 L	3:18 PM	4.42 H	9:56 PM -0.65 L
10	Fri	3:43 AM	4.89 H	10:29 AM	-0.71 L	4:12 PM	4.21 H	10:43 PM -0.43 L
11	Sat	4:36 AM	4.74 H	11:20 AM	-0.49 L	5:10 PM	3.97 H	11:31 PM -0.11 L
12	Sun	5:32 AM	4.51 H	12:14 PM	-0.19 L	6:09 PM	3.73 H	No PM Low
13	Mon	12:25 AM	0.26 L	6:28 AM	4.25 H	1:13 PM	0.13 L	7:08 PM 3.53 H
14	Tue	1:26 AM	0.59 L	7:26 AM	3.98 H	2:18 PM	0.37 L	8:07 PM 3.39 H
15	Wed	2:34 AM	0.80 L	8:25 AM	3.76 H	3:22 PM	0.48 L	9:07 PM 3.32 H
16	Thu	3:40 AM	0.85 L	9:26 AM	3.61 H	4:19 PM	0.48 L	10:08 PM 3.35 H
17	Fri	4:39 AM	0.79 L	10:28 AM	3.57 H	5:10 PM	0.43 L	11:06 PM 3.47 H
18	Sat	5:30 AM	0.67 L	11:24 AM	3.61 H	5:55 PM	0.35 L	11:57 PM 3.65 H
19	Sun	6:18 AM	0.53 L	12:13 PM	3.70 H	6:38 PM	0.27 L	No PM High
20	Mon	12:40 AM	3.83 H	7:03 AM	0.39 L	12:56 PM	3.78 H	7:18 PM 0.21 L
21	Tue	1:18 AM	3.99 H	7:46 AM	0.27 L	1:35 PM	3.82 H	7:57 PM 0.17 L
22	Wed	1:53 AM	4.09 H	8:28 AM	0.17 L	2:12 PM	3.80 H	8:33 PM 0.17 L
23	Thu	2:25 AM	4.15 H	9:08 AM	0.12 L	2:48 PM	3.73 H	9:09 PM 0.22 L
24	Fri	2:53 AM	4.15 H	9:46 AM	0.11 L	3:24 PM	3.61 H	9:41 PM 0.30 L
25	Sat	3:18 AM	4.12 H	10:23 AM	0.17 L	4:00 PM	3.48 H	10:12 PM 0.41 L
26	Sun	3:44 AM	4.07 H	11:00 AM	0.27 L	4:38 PM	3.36 H	10:42 PM 0.52 L
27	Mon	4:16 AM	4.02 H	11:37 AM	0.39 L	5:21 PM	3.26 H	11:15 PM 0.64 L
28	Tue	4:59 AM	3.96 H	12:21 PM	0.53 L	6:11 PM	3.22 H	11:56 PM 0.76 L
29	Wed	5:53 AM	3.90 H	1:21 PM	0.63 L	7:04 PM	3.23 H	No PM Low
30	Thu	12:57 AM	0.87 L	6:53 AM	3.86 H	2:32 PM	0.62 L	8:02 PM 3.32 H

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**Hudson**

1	Wed	2:47 AM	0.89 L	8:50 AM	3.96 H	4:39 PM	0.80 L	9:54 PM	3.32 H
2	Thu	4:26 AM	0.90 L	9:54 AM	3.98 H	5:44 PM	0.62 L	11:02 PM	3.45 H
3	Fri	5:45 AM	0.69 L	11:08 AM	4.08 H	6:41 PM	0.35 L	No PM High	
4	Sat	12:11 AM	3.72 H	6:48 AM	0.36 L	12:24 PM	4.28 H	7:33 PM	0.03 L
5	Sun	1:13 AM	4.11 H	7:45 AM	0.00 L	1:29 PM	4.55 H	8:23 PM	-0.28 L
6	Mon	2:07 AM	4.54 H	8:40 AM	-0.34 L	2:24 PM	4.79 H	9:12 PM	-0.54 L
7	Tue	2:56 AM	4.92 H	9:34 AM	-0.62 L	3:15 PM	4.93 H	10:01 PM	-0.72 L
8	Wed	3:44 AM	5.20 H	10:26 AM	-0.80 L	4:05 PM	4.93 H	10:48 PM	-0.77 L
9	Thu	4:32 AM	5.33 H	11:17 AM	-0.84 L	4:56 PM	4.80 H	11:34 PM	-0.68 L
10	Fri	5:21 AM	5.31 H	12:07 PM	-0.75 L	5:50 PM	4.58 H	No PM Low	
11	Sat	12:21 AM	-0.46 L	06:14 AM	5.15 H	12:58 PM	-0.52 L	6:48 PM	4.31 H
12	Sun	1:09 AM	-0.12 L	07:10 AM	4.90 H	1:52 PM	-0.20 L	7:47 PM	4.05 H
13	Mon	2:03 AM	0.27 L	8:06 AM	4.61 H	2:51 PM	0.14 L	8:46 PM	3.84 H
14	Tue	3:04 AM	0.62 L	9:04 AM	4.33 H	3:56 PM	0.38 L	9:45 PM	3.68 H
15	Wed	4:12 AM	0.84 L	10:03 AM	4.08 H	5:00 PM	0.50 L	10:45 PM	3.61 H
16	Thu	5:18 AM	0.90 L	11:04 AM	3.92 H	5:57 PM	0.51 L	11:46 PM	3.64 H
17	Fri	6:17 AM	0.83 L	12:06 PM	3.88 H	6:48 PM	0.45 L	No PM High	
18	Sat	12:44 AM	3.77 H	7:08 AM	0.71 L	1:02 PM	3.93 H	7:33 PM	0.37 L
19	Sun	1:35 AM	3.96 H	7:56 AM	0.56 L	1:51 PM	4.02 H	8:16 PM	0.29 L
20	Mon	2:18 AM	4.16 H	8:41 AM	0.41 L	2:34 PM	4.11 H	8:56 PM	0.22 L
21	Tue	2:56 AM	4.33 H	9:24 AM	0.28 L	3:13 PM	4.15 H	9:35 PM	0.18 L
22	Wed	3:31 AM	4.45 H	10:06 AM	0.18 L	3:50 PM	4.13 H	10:11 PM	0.18 L
23	Thu	4:03 AM	4.50 H	10:46 AM	0.12 L	4:26 PM	4.05 H	10:47 PM	0.23 L
24	Fri	4:31 AM	4.50 H	11:24 AM	0.12 L	5:02 PM	3.93 H	11:19 PM	0.32 L
25	Sat	4:56 AM	4.47 H	12:01 PM	0.17 L	5:38 PM	3.78 H	11:50 PM	0.43 L
26	Sun	5:22 AM	4.42 H	12:38 PM	0.28 L	6:16 PM	3.65 H	No PM Low	
27	Mon	12:20 AM	0.55 L	5:54 AM	4.36 H	1:15 PM	0.41 L	6:59 PM	3.55 H
28	Tue	12:53 AM	0.67 L	6:37 AM	4.30 H	1:59 PM	0.56 L	7:49 PM	3.50 H
29	Wed	1:34 AM	0.80 L	7:31 AM	4.23 H	2:59 PM	0.66 L	8:42 PM	3.51 H
30	Thu	2:35 AM	0.91 L	8:31 AM	4.19 H	4:10 PM	0.65 L	9:40 PM	3.60 H

**TIDES**

**Castleton**

1	Wed	4:20 AM	1.57 L	9:43 AM	5.72 H	6:11 PM	1.49 L	11:36 PM	4.73 H
2	Thu	5:40 AM	1.64 L	10:50 AM	5.56 H	7:11 PM	1.37 L	No PM High	
3	Fri	12:39 AM	4.90 H	6:59 AM	1.54 L	12:22 PM	5.51 H	8:08 PM	1.18 L
4	Sat	1:36 AM	5.19 H	8:07 AM	1.29 L	1:38 PM	5.63 H	9:01 PM	0.94 L
5	Sun	2:28 AM	5.53 H	9:08 AM	0.98 L	2:38 PM	5.82 H	9:52 PM	0.72 L
6	Mon	3:16 AM	5.87 H	10:05 AM	0.68 L	3:31 PM	5.97 H	10:40 PM	0.57 L
7	Tue	4:02 AM	6.15 H	10:59 AM	0.45 L	4:21 PM	6.02 H	11:27 PM	0.51 L
8	Wed	4:47 AM	6.34 H	11:51 AM	0.34 L	5:11 PM	5.97 H	No PM Low	
9	Thu	12:12 AM	0.54 L	5:33 AM	6.42 H	12:43 PM	0.33 L	6:03 PM	5.83 H
10	Fri	12:59 AM	0.65 L	6:21 AM	6.39 H	1:35 PM	0.42 L	6:58 PM	5.65 H
11	Sat	1:46 AM	0.82 L	7:13 AM	6.27 H	2:28 PM	0.58 L	7:57 PM	5.48 H
12	Sun	2:35 AM	1.03 L	8:09 AM	6.10 H	3:23 PM	0.76 L	8:58 PM	5.35 H
13	Mon	3:28 AM	1.24 L	9:08 AM	5.89 H	4:20 PM	0.93 L	9:58 PM	5.27 H
14	Tue	4:24 AM	1.41 L	10:10 AM	5.71 H	5:17 PM	1.04 L	10:58 PM	5.26 H
15	Wed	5:22 AM	1.52 L	11:11 AM	5.56 H	6:14 PM	1.09 L	11:57 PM	5.33 H
16	Thu	6:22 AM	1.53 L	12:12 PM	5.49 H	7:09 PM	1.06 L	No PM High	
17	Fri	12:54 AM	5.46 H	7:19 AM	1.46 L	1:10 PM	5.51 H	8:01 PM	0.99 L
18	Sat	1:47 AM	5.64 H	8:14 AM	1.33 L	2:03 PM	5.58 H	8:48 PM	0.92 L
19	Sun	2:36 AM	5.84 H	9:05 AM	1.18 L	2:51 PM	5.65 H	9:32 PM	0.88 L
20	Mon	3:21 AM	6.00 H	9:53 AM	1.04 L	3:35 PM	5.67 H	10:12 PM	0.89 L
21	Tue	4:01 AM	6.09 H	10:38 AM	0.96 L	4:16 PM	5.62 H	10:50 PM	0.97 L
22	Wed	4:37 AM	6.13 H	11:22 AM	0.93 L	4:55 PM	5.50 H	11:24 PM	1.07 L
23	Thu	5:10 AM	6.13 H	12:04 PM	0.94 L	5:33 PM	5.35 H	11:56 PM	1.19 L
24	Fri	5:34 AM	6.13 H	12:46 PM	1.00 L	6:10 PM	5.19 H	No PM Low	
25	Sat	12:25 AM	1.28 L	5:46 AM	6.19 H	1:28 PM	1.08 L	6:46 PM	5.06 H
26	Sun	12:55 AM	1.36 L	6:08 AM	6.28 H	2:12 PM	1.17 L	7:23 PM	4.97 H
27	Mon	1:30 AM	1.42 L	6:46 AM	6.33 H	2:58 PM	1.26 L	8:08 PM	4.93 H
28	Tue	2:12 AM	1.50 L	7:31 AM	6.28 H	3:49 PM	1.35 L	9:03 PM	4.93 H
29	Wed	3:04 AM	1.61 L	8:23 AM	6.14 H	4:44 PM	1.39 L	10:06 PM	4.97 H
30	Thu	4:10 AM	1.70 L	9:21 AM	5.93 H	5:42 PM	1.37 L	11:10 PM	5.09 H



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**Albany**

1	Wed	4:49 AM	1.47 L	10:00 AM	5.92 H	6:40 PM	1.39 L	11:53 PM	4.93 H
2	Thu	6:09 AM	1.54 L	11:07 AM	5.76 H	7:40 PM	1.27 L	No PM High	
3	Fri	12:56 AM	5.10 H	7:28 AM	1.44 L	12:39 PM	5.71 H	8:37 PM	1.07 L
4	Sat	1:53 AM	5.39 H	8:36 AM	1.19 L	1:55 PM	5.83 H	9:30 PM	0.84 L
5	Sun	2:45 AM	5.73 H	9:37 AM	0.88 L	2:55 PM	6.02 H	10:21 PM	0.62 L
6	Mon	3:33 AM	6.07 H	10:34 AM	0.58 L	3:48 PM	6.17 H	11:09 PM	0.47 L
7	Tue	4:19 AM	6.35 H	11:28 AM	0.35 L	4:38 PM	6.22 H	11:56 PM	0.41 L
8	Wed	5:04 AM	6.54 H	12:20 PM	0.24 L	5:28 PM	6.17 H	No PM Low	
9	Thu	12:41 AM	0.44 L	5:50 AM	6.62 H	1:12 PM	0.23 L	6:20 PM	6.04 H
10	Fri	1:28 AM	0.55 L	6:38 AM	6.59 H	2:04 PM	0.32 L	7:15 PM	5.85 H
11	Sat	2:15 AM	0.72 L	7:30 AM	6.47 H	2:57 PM	0.48 L	8:14 PM	5.68 H
12	Sun	3:04 AM	0.93 L	8:26 AM	6.30 H	3:52 PM	0.66 L	9:15 PM	5.55 H
13	Mon	3:57 AM	1.14 L	9:25 AM	6.09 H	4:49 PM	0.83 L	10:15 PM	5.47 H
14	Tue	4:53 AM	1.31 L	10:27 AM	5.91 H	5:46 PM	0.94 L	11:15 PM	5.46 H
15	Wed	5:51 AM	1.42 L	11:28 AM	5.76 H	6:43 PM	0.99 L	No PM High	
16	Thu	12:14 AM	0.53 L	6:51 AM	1.43 L	12:29 PM	5.69 H	7:38 PM	0.96 L
17	Fri	1:11 AM	0.66 H	7:48 AM	1.36 L	1:27 PM	5.71 H	8:30 PM	0.89 L
18	Sat	2:04 AM	0.84 H	8:43 AM	1.23 L	2:20 PM	5.78 H	9:17 PM	0.82 L
19	Sun	2:53 AM	1.04 H	9:34 AM	1.08 L	3:08 PM	5.85 H	10:01 PM	0.78 L
20	Mon	3:38 AM	1.20 H	10:22 AM	0.94 L	3:52 PM	5.87 H	10:41 PM	0.79 L
21	Tue	4:18 AM	1.36 H	11:07 AM	0.86 L	4:33 PM	5.82 H	11:19 PM	0.87 L
22	Wed	4:54 AM	1.51 H	11:51 AM	0.83 L	5:12 PM	5.70 H	11:53 PM	0.97 L
23	Thu	5:27 AM	1.63 H	12:33 PM	0.84 L	5:50 PM	5.55 H	No PM Low	
24	Fri	12:25 AM	1.09 L	5:51 AM	6.33 H	1:15 PM	0.90 L	6:27 PM	5.39 H
25	Sat	12:54 AM	1.18 L	6:03 AM	6.39 H	1:57 PM	0.98 L	7:03 PM	5.26 H
26	Sun	1:24 AM	1.26 L	6:25 AM	6.48 H	2:41 PM	1.07 L	7:40 PM	5.17 H
27	Mon	1:59 AM	1.32 L	7:03 AM	6.53 H	3:27 PM	1.16 L	8:25 PM	5.13 H
28	Tue	2:41 AM	1.40 L	7:48 AM	6.48 H	4:18 PM	1.25 L	9:20 PM	5.13 H
29	Wed	3:33 AM	1.51 L	8:40 AM	6.34 H	5:13 PM	1.29 L	10:23 PM	5.17 H
30	Thu	4:39 AM	1.60 L	9:38 AM	6.13 H	6:11 PM	1.27 L	11:27 PM	5.29 H

**TIDES**

**Troy**

1	Wed	4:59 AM	1.47 L	10:08 AM	5.92 H	6:50 PM	1.39 L	No PM High	
2	Thu	12:01 AM	4.93 H	6:19 AM	1.54 L	11:15 AM	5.76 H	7:50 PM	1.27 L
3	Fri	1:04 AM	5.10 H	7:38 AM	1.44 L	12:47 PM	5.71 H	8:47 PM	1.07 L
4	Sat	2:01 AM	5.39 H	8:46 AM	1.19 L	2:03 PM	5.83 H	9:40 PM	0.84 L
5	Sun	2:53 AM	5.73 H	9:47 AM	0.88 L	3:03 PM	6.02 H	10:31 PM	0.62 L
6	Mon	3:41 AM	6.07 H	10:44 AM	0.58 L	3:56 PM	6.17 H	11:19 PM	0.47 L
7	Tue	4:27 AM	6.35 H	11:38 AM	0.35 L	4:46 PM	6.22 H	No PM Low	
8	Wed	12:06 AM	0.41 L	5:12 AM	6.54 H	12:30 PM	0.24 L	5:36 PM	6.17 H
9	Thu	12:51 AM	0.44 L	5:58 AM	6.62 H	1:22 PM	0.23 L	6:28 PM	6.04 H
10	Fri	1:38 AM	0.55 L	6:46 AM	6.59 H	2:14 PM	0.32 L	7:23 PM	5.85 H
11	Sat	2:25 AM	0.72 L	7:38 AM	6.47 H	3:07 PM	0.48 L	8:22 PM	5.68 H
12	Sun	3:14 AM	0.93 L	8:34 AM	6.30 H	4:02 PM	0.66 L	9:23 PM	5.55 H
13	Mon	4:07 AM	1.14 L	9:33 AM	6.09 H	4:59 PM	0.83 L	10:23 PM	5.47 H
14	Tue	5:03 AM	1.31 L	10:35 AM	5.91 H	5:56 PM	0.94 L	11:23 PM	5.46 H
15	Wed	6:01 AM	1.42 L	11:36 AM	5.76 H	6:53 PM	0.99 L	No PM High	
16	Thu	12:22 AM	0.53 L	7:01 AM	1.43 L	12:37 PM			

The Battery									
1	Fri	2:37 AM	4.75 H	10:03 AM	0.58 L	3:44 PM	4.30 H	10:13 PM	0.82 L
2	Sat	3:47 AM	4.79 H	11:00 AM	0.30 L	4:48 PM	4.63 H	11:17 PM	0.46 L
3	Sun	4:58 AM	4.91 H	11:52 AM	-0.01 L	5:50 PM	5.06 H	No PM Low	
4	Mon	12:14 AM	0.07 L	6:05 AM	5.08 H	12:42 PM	-0.29 L	6:45 PM	5.52 H
5	Tue	1:10 AM	-0.29 L	07:04 AM	5.25 H	1:32 PM	-0.51 L	7:36 PM	5.92 H
6	Wed	2:05 AM	-0.58 L	07:57 AM	5.34 H	2:21 PM	-0.61 L	8:24 PM	6.18 H
7	Thu	2:58 AM	-0.77 L	08:48 AM	5.32 H	3:10 PM	-0.60 L	9:12 PM	6.25 H
8	Fri	3:49 AM	-0.82 L	09:40 AM	5.19 H	3:59 PM	-0.46 L	10:01 PM	6.14 H
9	Sat	4:39 AM	-0.73 L	10:35 AM	4.99 H	4:47 PM	-0.20 L	10:53 PM	5.90 H
10	Sun	5:29 AM	-0.49 L	11:33 AM	4.77 H	5:35 PM	0.15 L	11:48 PM	5.57 H
11	Mon	6:20 AM	-0.17 L	12:32 PM	4.56 H	6:27 PM	0.55 L	No PM High	
12	Tue	12:45 AM	5.22 H	7:14 AM	0.19 L	1:29 PM	4.40 H	7:25 PM	0.92 L
13	Wed	1:40 AM	4.91 H	8:13 AM	0.48 L	2:24 PM	4.29 H	8:30 PM	1.18 L
14	Thu	2:35 AM	4.64 H	9:13 AM	0.65 L	3:19 PM	4.24 H	9:35 PM	1.26 L
15	Fri	3:30 AM	4.43 H	10:09 AM	0.69 L	4:14 PM	4.27 H	10:34 PM	1.20 L
16	Sat	4:26 AM	4.31 H	10:58 AM	0.66 L	5:09 PM	4.39 H	11:26 PM	1.05 L
17	Sun	5:22 AM	4.28 H	11:42 AM	0.59 L	5:59 PM	4.58 H	No PM Low	
18	Mon	12:13 AM	0.87 L	6:14 AM	4.32 H	12:24 PM	0.52 L	6:44 PM	4.79 H
19	Tue	12:59 AM	0.68 L	7:01 AM	4.38 H	1:04 PM	0.47 L	7:23 PM	5.00 H
20	Wed	1:43 AM	0.49 L	7:43 AM	4.43 H	1:44 PM	0.43 L	7:58 PM	5.15 H
21	Thu	2:26 AM	0.32 L	8:23 AM	4.45 H	2:23 PM	0.42 L	8:30 PM	5.25 H
22	Fri	3:09 AM	0.20 L	9:01 AM	4.42 H	3:01 PM	0.43 L	8:58 PM	5.29 H
23	Sat	3:49 AM	0.13 L	9:38 AM	4.35 H	3:39 PM	0.47 L	9:27 PM	5.29 H
24	Sun	4:29 AM	0.12 L	10:16 AM	4.27 H	4:15 PM	0.52 L	9:58 PM	5.26 H
25	Mon	5:09 AM	0.17 L	10:59 AM	4.20 H	4:52 PM	0.59 L	10:37 PM	5.20 H
26	Tue	5:50 AM	0.26 L	11:47 AM	4.16 H	5:32 PM	0.69 L	11:26 PM	5.11 H
27	Wed	6:35 AM	0.37 L	12:40 PM	4.19 H	6:19 PM	0.80 L	No PM High	
28	Thu	12:23 AM	5.03 H	7:30 AM	0.45 L	1:33 PM	4.29 H	7:22 PM	0.91 L
29	Fri	1:23 AM	4.95 H	8:32 AM	0.45 L	2:28 PM	4.45 H	8:42 PM	0.91 L
30	Sat	2:24 AM	4.89 H	9:34 AM	0.34 L	3:25 PM	4.68 H	9:55 PM	0.74 L
31	Sun	3:28 AM	4.83 H	10:31 AM	0.15 L	4:25 PM	4.98 H	10:59 PM	0.45 L

TIDES May

Spuyten Duyvil									
1	Fri	3:29 AM	3.99 H	10:51 AM	0.49 L	4:36 PM	3.62 H	11:01 PM	0.69 L
2	Sat	4:39 AM	4.02 H	11:48 AM	0.25 L	5:40 PM	3.89 H	No PM Low	
3	Sun	12:05 AM	0.39 L	5:50 AM	4.12 H	12:40 PM	-0.01 L	6:42 PM	4.25 H
4	Mon	1:02 AM	0.06 L	6:57 AM	4.27 H	1:30 PM	-0.25 L	7:37 PM	4.64 H
5	Tue	1:58 AM	-0.24 L	07:56 AM	4.41 H	2:20 PM	-0.42 L	8:28 PM	4.97 H
6	Wed	2:53 AM	-0.49 L	08:49 AM	4.49 H	3:09 PM	-0.52 L	9:16 PM	5.19 H
7	Thu	3:46 AM	-0.65 L	09:40 AM	4.47 H	3:58 PM	-0.51 L	10:04 PM	5.25 H
8	Fri	4:37 AM	-0.69 L	10:32 AM	4.36 H	4:47 PM	-0.39 L	10:53 PM	5.16 H
9	Sat	5:27 AM	-0.61 L	11:27 AM	4.19 H	5:35 PM	-0.17 L	11:45 PM	4.95 H
10	Sun	6:17 AM	-0.42 L	12:25 PM	4.00 H	6:23 PM	0.13 L	No PM High	
11	Mon	12:40 AM	4.68 H	7:08 AM	-0.14 L	1:24 PM	3.83 H	7:15 PM	0.46 L
12	Tue	1:37 AM	4.39 H	8:02 AM	0.16 L	2:21 PM	3.70 H	8:13 PM	0.77 L
13	Wed	2:32 AM	4.12 H	9:01 AM	0.40 L	3:16 PM	3.60 H	9:18 PM	0.99 L
14	Thu	3:27 AM	3.89 H	10:01 AM	0.54 L	4:11 PM	3.56 H	10:23 PM	1.06 L
15	Fri	4:22 AM	3.72 H	10:57 AM	0.58 L	5:06 PM	3.59 H	11:22 PM	1.00 L
16	Sat	5:18 AM	3.62 H	11:46 AM	0.55 L	6:01 PM	3.69 H	No PM Low	
17	Sun	12:14 AM	0.88 L	6:14 AM	3.60 H	12:30 PM	0.50 L	6:51 PM	3.84 H
18	Mon	1:01 AM	0.73 L	7:06 AM	3.63 H	1:12 PM	0.44 L	7:36 PM	4.03 H
19	Tue	1:47 AM	0.57 L	7:53 AM	3.68 H	1:52 PM	0.39 L	8:15 PM	4.20 H
20	Wed	2:31 AM	0.41 L	8:35 AM	3.72 H	2:32 PM	0.36 L	8:50 PM	4.33 H
21	Thu	3:14 AM	0.27 L	9:15 AM	3.73 H	3:11 PM	0.35 L	9:22 PM	4.41 H
22	Fri	3:57 AM	0.17 L	9:53 AM	3.71 H	3:49 PM	0.36 L	9:50 PM	4.44 H
23	Sat	4:37 AM	0.11 L	10:30 AM	3.65 H	4:27 PM	0.39 L	10:19 PM	4.44 H
24	Sun	5:17 AM	0.10 L	11:08 AM	3.59 H	5:03 PM	0.44 L	10:50 PM	4.42 H
25	Mon	5:57 AM	0.14 L	11:51 AM	3.53 H	5:40 PM	0.50 L	11:29 PM	4.37 H
26	Tue	6:38 AM	0.22 L	12:39 PM	3.50 H	6:20 PM	0.58 L	No PM High	
27	Wed	12:18 AM	4.29 H	7:23 AM	0.31 L	1:32 PM	3.52 H	7:07 PM	0.67 L
28	Thu	1:15 AM	4.22 H	8:18 AM	0.38 L	2:25 PM	3.60 H	8:10 PM	0.76 L
29	Fri	2:15 AM	4.16 H	9:20 AM	0.38 L	3:20 PM	3.74 H	9:30 PM	0.77 L
30	Sat	3:16 AM	4.10 H	10:22 AM	0.28 L	4:17 PM	3.94 H	10:43 PM	0.62 L
31	Sun	4:20 AM	4.06 H	11:19 AM	0.12 L	5:17 PM	4.19 H	11:47 PM	0.37 L



Your local on-water assistance experts.

Tarrytown									
1	Fri	4:26 AM	3.32 H	12:00 PM	0.41 L	5:33 PM	3.01 H	No PM Low	
2	Sat	12:10 AM	0.58 L	5:36 AM	3.35 H	12:57 PM	0.21 L	6:37 PM	3.24 H
3	Sun	1:14 AM	0.33 L	6:47 AM	3.43 H	1:49 PM	-0.01 L	7:39 PM	3.54 H
4	Mon	2:11 AM	0.05 L	7:54 AM	3.56 H	2:39 PM	-0.21 L	8:34 PM	3.87 H
5	Tue	3:07 AM	-0.20 L	08:53 AM	3.67 H	3:29 PM	-0.35 L	9:25 PM	4.14 H
6	Wed	4:02 AM	-0.41 L	09:46 AM	3.74 H	4:18 PM	-0.43 L	10:13 PM	4.33 H
7	Thu	4:55 AM	-0.54 L	10:37 AM	3.73 H	5:07 PM	-0.42 L	11:01 PM	4.38 H
8	Fri	5:46 AM	-0.58 L	11:29 AM	3.63 H	5:56 PM	-0.33 L	11:50 PM	4.30 H
9	Sat	6:36 AM	-0.51 L	12:24 PM	3.49 H	6:44 PM	-0.14 L	No PM High	
10	Sun	12:42 AM	4.13 H	7:26 AM	-0.35 L	1:22 PM	3.34 H	7:32 PM	0.10 L
11	Mon	1:37 AM	3.90 H	8:17 AM	-0.12 L	2:21 PM	3.19 H	8:24 PM	0.39 L
12	Tue	2:34 AM	3.66 H	9:11 AM	0.13 L	3:18 PM	3.08 H	9:22 PM	0.65 L
13	Wed	3:29 AM	3.44 H	10:10 AM	0.34 L	4:13 PM	3.00 H	10:27 PM	0.82 L
14	Thu	4:24 AM	3.25 H	11:10 AM	0.45 L	5:08 PM	2.97 H	11:32 PM	0.88 L
15	Fri	5:19 AM	3.10 H	12:06 PM	0.48 L	6:03 PM	2.99 H	No PM Low	
16	Sat	12:31 AM	0.84 L	6:15 AM	3.02 H	12:55 PM	0.46 L	6:58 PM	3.07 H
17	Sun	1:23 AM	0.73 L	7:11 AM	3.00 H	1:39 PM	0.41 L	7:48 PM	3.20 H
18	Mon	2:10 AM	0.61 L	8:03 AM	3.02 H	2:21 PM	0.37 L	8:33 PM	3.35 H
19	Tue	2:56 AM	0.47 L	8:50 AM	3.07 H	3:01 PM	0.33 L	9:12 PM	3.50 H
20	Wed	3:40 AM	0.34 L	9:32 AM	3.10 H	3:41 PM	0.30 L	9:47 PM	3.60 H
21	Thu	4:23 AM	0.23 L	10:12 AM	3.11 H	4:20 PM	0.29 L	10:19 PM	3.67 H
22	Fri	5:06 AM	0.14 L	10:50 AM	3.09 H	4:58 PM	0.30 L	10:47 PM	3.70 H
23	Sat	5:46 AM	0.09 L	11:27 AM	3.04 H	5:36 PM	0.33 L	11:16 PM	3.70 H
24	Sun	6:26 AM	0.09 L	12:05 PM	2.99 H	6:12 PM	0.36 L	11:47 PM	3.68 H
25	Mon	7:06 AM	0.12 L	12:48 PM	2.94 H	6:49 PM	0.41 L	No PM High	
26	Tue	12:26 AM	3.64 H	7:47 AM	0.18 L	1:36 PM	2.92 H	7:29 PM	0.48 L
27	Wed	1:15 AM	3.58 H	8:32 AM	0.26 L	2:29 PM	2.93 H	8:16 PM	0.56 L
28	Thu	2:12 AM	3.52 H	9:27 AM	0.32 L	3:22 PM	3.00 H	9:19 PM	0.64 L
29	Fri	3:12 AM	3.47 H	10:29 AM	0.32 L	4:17 PM	3.12 H	10:39 PM	0.64 L
30	Sat	4:13 AM	3.42 H	11:31 AM	0.24 L	5:14 PM	3.28 H	11:52 PM	0.52 L
31	Sun	5:17 AM	3.38 H	12:28 PM	0.10 L	6:14 PM	3.49 H	No PM Low	

TIDES May

Haverstraw									
1	Fri	5:18 AM	3.55 H	12:54 PM	0.59 L	6:18 PM	3.12 H	No PM Low	
2	Sat	12:52 AM	0.55 L	6:25 AM	3.50 H	1:49 PM	0.39 L	7:21 PM	3.34 H
3	Sun	2:00 AM	0.34 L	7:34 AM	3.52 H	2:39 PM	0.18 L	8:20 PM	3.62 H
4	Mon	2:59 AM	0.14 L	8:36 AM	3.60 H	3:27 PM	0.01 L	9:13 PM	3.93 H
5	Tue	3:55 AM	-0.01 L	09:30 AM	3.69 H	4:14 PM	-0.09 L	10:02 PM	4.19 H
6	Wed	4:49 AM	-0.07 L	10:22 AM	3.75 H	5:01 PM	-0.11 L	10:49 PM	4.37 H
7	Thu	5:43 AM	-0.07 L	11:12 AM	3.74 H	5:48 PM	-0.04 L	11:36 PM	4.45 H
8	Fri	6:35 AM	-0.01 L	12:02 PM	3.68 H	6:35 PM	0.08 L	No PM High	
9	Sat	12:23 AM	4.43 H	7:26 AM	0.11 L	12:54 PM	3.56 H	7:21 PM	0.26 L
10	Sun	1:12 AM	4.31 H	8:16 AM	0.27 L	1:50 PM	3.42 H	8:08 PM	0.47 L
11	Mon	2:04 AM	4.13 H	9:09 AM	0.42 L	2:51 PM	3.28 H	9:00 PM	0.67 L
12	Tue	3:01 AM	3.92 H	10:05 AM	0.54 L	3:53 PM	3.18 H	9:58 PM	0.83 L
13	Wed	4:00 AM	3.71 H	11:05 AM	0.60 L	4:53 PM	3.12 H	11:02 PM	0.93 L
14	Thu	4:57 AM	3.53 H	12:00 PM	0.57 L	5:51 PM	3.10 H	No PM Low	
15	Fri	12:07 AM	0.93 L	5:55 AM	3.38 H	12:55 PM	0.48 L	6:50 PM	3.14 H
16	Sat	1:10 AM	0.85 L	6:53 AM	3.27 H	1:45 PM	0.36 L	7:47 PM	3.25 H
17	Sun	2:07 AM	0.72 L	7:51 AM	3.24 H	2:29 PM	0.25 L	8:39 PM	3.42 H
18	Mon	2:58 AM	0.60 L	8:42 AM	3.25 H	3:10 PM	0.18 L	9:24 PM	3.60 H
19	Tue	3:46 AM	0.51 L	9:28 AM	3.27 H	3:49 PM	0.17 L	10:03 PM	3.77 H
20	Wed	4:33 AM	0.46 L	10:11 AM	3.29 H	4:27 PM	0.21 L	10:38 PM	3.91 H
21	Thu	5:19 AM	0.46 L	10:50 AM	3.27 H	5:04 PM	0.30 L	11:09 PM	4.02 H
22	Fri	6:04 AM	0.48 L	11:28 AM	3.24 H	5:40 PM	0.40 L	11:38 PM	4.10 H
23	Sat	6:47 AM	0.53 L	12:05 PM	3.19 H	6:16 PM	0.49 L	No PM High	
24	Sun	12:06 AM	4.15 H	7:28 AM	0.57 L	12:43 PM	3.14 H	6:51 PM	0.55 L
25	Mon	12:38 AM	4.16 H	8:09 AM	0.62 L	1:23 PM	3.09 H	7:28 PM	0.57 L
26	Tue	1:17 AM	4.11 H	8:52 AM	0.64 L	2:09 PM	3.06 H	8:10 PM	0.59 L
27	Wed	2:04 AM	4.00 H	9:38 AM	0.63 L	3:04 PM	3.05 H	9:01 PM	0.60 L
28	Thu	2:59 AM	3.84 H	10:29 AM	0.57 L	4:02 PM	3.09 H	10:05 PM	0.60 L
29	Fri	4:00 AM	3.69 H	11:25 AM	0.47 L	4:59 PM	3.17 H	11:21 PM	0.56 L</

Peekskill									
1	Fri	5:05 AM	3:04 H	1:06 PM	0:37 L	6:12 PM	2:75 H	No PM	Low
2	Sat	1:16 AM	0:53 L	6:15 AM	3:07 H	2:03 PM	0:19 L	7:16 PM	2:96 H
3	Sun	2:20 AM	0:30 L	7:26 AM	3:14 H	2:55 PM	-0:01 L	8:18 PM	3:24 H
4	Mon	3:17 AM	0:05 L	8:33 AM	3:25 H	3:45 PM	-0:19 L	9:13 PM	3:54 H
5	Tue	4:13 AM	-0:19 L	09:32 AM	3:36 H	4:35 PM	-0:32 L	10:04 PM	3:79 H
6	Wed	5:08 AM	-0:37 L	10:25 AM	3:42 H	5:24 PM	-0:39 L	10:52 PM	3:95 H
7	Thu	6:01 AM	-0:49 L	11:16 AM	3:40 H	6:13 PM	-0:39 L	11:40 PM	4:00 H
8	Fri	6:52 AM	-0:53 L	12:08 PM	3:32 H	7:02 PM	-0:30 L	No PM	High
9	Sat	12:29 AM	3:93 H	7:42 AM	-0:47 L	1:03 PM	3:19 H	7:50 PM	-0:13 L
10	Sun	1:21 AM	3:77 H	8:32 AM	-0:32 L	2:01 PM	3:05 H	8:38 PM	0:10 L
11	Mon	2:16 AM	3:56 H	9:23 AM	-0:11 L	3:00 PM	2:92 H	9:30 PM	0:35 L
12	Tue	3:13 AM	3:34 H	10:17 AM	0:12 L	3:57 PM	2:82 H	10:28 PM	0:59 L
13	Wed	4:08 AM	3:14 H	11:16 AM	0:31 L	4:52 PM	2:75 H	11:33 PM	0:75 L
14	Thu	5:03 AM	2:97 H	12:16 PM	0:41 L	5:47 PM	2:71 H	No PM	Low
15	Fri	12:38 AM	0:80 L	5:58 AM	2:84 H	1:12 PM	0:44 L	6:42 PM	2:73 H
16	Sat	1:37 AM	0:77 L	6:54 AM	2:76 H	2:01 PM	0:42 L	7:37 PM	2:81 H
17	Sun	2:29 AM	0:67 L	7:50 AM	2:74 H	2:45 PM	0:38 L	8:27 PM	2:93 H
18	Mon	3:16 AM	0:56 L	8:42 AM	2:77 H	3:27 PM	0:34 L	9:12 PM	3:07 H
19	Tue	4:02 AM	0:43 L	9:29 AM	2:81 H	4:07 PM	0:30 L	9:51 PM	3:20 H
20	Wed	4:46 AM	0:31 L	10:11 AM	2:84 H	4:47 PM	0:28 L	10:26 PM	3:30 H
21	Thu	5:29 AM	0:21 L	10:51 AM	2:85 H	5:26 PM	0:27 L	10:58 PM	3:36 H
22	Fri	6:12 AM	0:13 L	11:29 AM	2:83 H	6:04 PM	0:28 L	11:26 PM	3:38 H
23	Sat	6:52 AM	0:08 L	12:06 PM	2:78 H	6:42 PM	0:30 L	11:55 PM	3:39 H
24	Sun	7:32 AM	0:08 L	12:44 PM	2:73 H	7:18 PM	0:33 L	No PM	High
25	Mon	12:26 AM	3:37 H	8:12 AM	0:11 L	1:27 PM	2:69 H	7:55 PM	0:38 L
26	Tue	1:05 AM	3:33 H	8:53 AM	0:17 L	2:15 PM	2:67 H	8:35 PM	0:44 L
27	Wed	1:54 AM	3:27 H	9:38 AM	0:24 L	3:08 PM	2:68 H	9:22 PM	0:51 L
28	Thu	2:51 AM	3:22 H	10:33 AM	0:29 L	4:01 PM	2:74 H	10:25 PM	0:58 L
29	Fri	3:51 AM	3:17 H	11:35 AM	0:29 L	4:56 PM	2:85 H	11:45 PM	0:58 L
30	Sat	4:52 AM	3:13 H	12:37 PM	0:22 L	5:53 PM	3:00 H	No PM	Low
31	Sun	12:58 AM	0:47 L	5:56 AM	3:09 H	1:34 PM	0:10 L	6:53 PM	3:19 H

TIDES May

Newburgh									
1	Fri	12:58 AM	0:68 L	6:23 AM	2:94 H	2:06 PM	0:37 L	7:30 PM	2:67 H
2	Sat	2:16 AM	0:53 L	7:33 AM	2:97 H	3:03 PM	0:19 L	8:34 PM	2:87 H
3	Sun	3:20 AM	0:30 L	8:44 AM	3:04 H	3:55 PM	-0:01 L	9:36 PM	3:14 H
4	Mon	4:17 AM	0:05 L	9:51 AM	3:15 H	4:45 PM	-0:19 L	10:31 PM	3:42 H
5	Tue	5:13 AM	-0:19 L	10:50 AM	3:25 H	5:35 PM	-0:32 L	11:22 PM	3:67 H
6	Wed	6:08 AM	-0:37 L	11:43 AM	3:31 H	6:24 PM	-0:39 L	No PM	High
7	Thu	12:10 AM	3:83 H	7:01 AM	-0:49 L	12:34 PM	3:30 H	7:13 PM	-0:39 L
8	Fri	12:58 AM	3:88 H	7:52 AM	-0:53 L	1:26 PM	3:22 H	8:02 PM	-0:30 L
9	Sat	1:47 AM	3:81 H	8:42 AM	-0:47 L	2:21 PM	3:09 H	8:50 PM	-0:13 L
10	Sun	2:39 AM	3:66 H	9:32 AM	-0:32 L	3:19 PM	2:96 H	9:38 PM	0:10 L
11	Mon	3:34 AM	3:45 H	10:23 AM	-0:11 L	4:18 PM	2:83 H	10:30 PM	0:35 L
12	Tue	4:31 AM	3:24 H	11:17 AM	0:12 L	5:15 PM	2:73 H	11:28 PM	0:59 L
13	Wed	5:26 AM	3:04 H	12:16 PM	0:31 L	6:10 PM	2:66 H	No PM	Low
14	Thu	12:33 AM	0:75 L	6:21 AM	2:87 H	1:16 PM	0:41 L	7:05 PM	2:63 H
15	Fri	1:38 AM	0:80 L	7:16 AM	2:75 H	2:12 PM	0:44 L	8:00 PM	2:65 H
16	Sat	2:37 AM	0:77 L	8:12 AM	2:67 H	3:01 PM	0:42 L	8:55 PM	2:72 H
17	Sun	3:29 AM	0:67 L	9:08 AM	2:66 H	3:45 PM	0:38 L	9:45 PM	2:84 H
18	Mon	4:16 AM	0:56 L	10:00 AM	2:68 H	4:27 PM	0:34 L	10:30 PM	2:97 H
19	Tue	5:02 AM	0:43 L	10:47 AM	2:72 H	5:07 PM	0:30 L	11:09 PM	3:10 H
20	Wed	5:46 AM	0:31 L	11:29 AM	2:75 H	5:47 PM	0:28 L	11:44 PM	3:19 H
21	Thu	6:29 AM	0:21 L	12:09 PM	2:76 H	6:26 PM	0:27 L	No PM	High
22	Fri	12:16 AM	3:25 H	7:12 AM	0:13 L	7:12 AM	2:74 H	7:04 PM	0:28 L
23	Sat	12:44 AM	3:28 H	7:52 AM	0:08 L	1:24 PM	2:70 H	7:42 PM	0:30 L
24	Sun	1:13 AM	3:28 H	8:32 AM	0:08 L	2:02 PM	2:65 H	8:18 PM	0:33 L
25	Mon	1:44 AM	3:26 H	9:12 AM	0:11 L	2:45 PM	2:60 H	8:55 PM	0:38 L
26	Tue	2:23 AM	3:22 H	9:53 AM	0:17 L	3:33 PM	2:58 H	9:35 PM	0:44 L
27	Wed	3:12 AM	3:17 H	10:38 AM	0:24 L	4:26 PM	2:60 H	10:22 PM	0:51 L
28	Thu	4:09 AM	3:12 H	11:33 AM	0:29 L	5:19 PM	2:66 H	11:25 PM	0:58 L
29	Fri	5:09 AM	3:07 H	12:35 PM	0:29 L	6:14 PM	2:76 H	No PM	Low
30	Sat	12:45 AM	0:58 L	6:10 AM	3:03 H	1:37 PM	0:22 L	7:11 PM	2:90 H



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Poughkeepsie									
1	Fri	1:41 AM	0:72 L	7:11 AM	3:23 H	2:49 PM	0:40 L	8:18 PM	2:93 H
2	Sat	2:59 AM	0:56 L	8:21 AM	3:26 H	3:46 PM	0:20 L	9:22 PM	3:15 H
3	Sun	4:03 AM	0:32 L	9:32 AM	3:33 H	4:38 PM	-0:01 L	10:24 PM	3:44 H
4	Mon	5:00 AM	0:05 L	10:39 AM	3:46 H	5:28 PM	-0:20 L	11:19 PM	3:76 H
5	Tue	5:56 AM	-0:20 L	11:38 AM	3:57 H	6:18 PM	-0:34 L	No PM	High
6	Wed	12:10 AM	4:03 H	6:51 AM	-0:40 L	12:31 PM	3:63 H	7:07 PM	-0:42 L
7	Thu	12:58 AM	4:20 H	7:44 AM	-0:52 L	1:22 PM	3:62 H	7:56 PM	-0:41 L
8	Fri	1:46 AM	4:25 H	8:35 AM	-0:56 L	2:14 PM	3:53 H	8:45 PM	-0:32 L
9	Sat	2:35 AM	4:18 H	9:25 AM	-0:49 L	3:09 PM	3:39 H	9:33 PM	-0:14 L
10	Sun	3:27 AM	4:01 H	10:15 AM	-0:34 L	4:07 PM	3:24 H	10:21 PM	0:10 L
11	Mon	4:22 AM	3:79 H	11:06 AM	-0:11 L	5:06 PM	3:10 H	11:13 PM	0:37 L
12	Tue	5:19 AM	3:55 H	12:00 PM	0:13 L	6:03 PM	2:99 H	No PM	Low
13	Wed	12:11 AM	0:63 L	6:14 AM	3:34 H	12:59 PM	0:33 L	6:58 PM	2:92 H
14	Thu	1:16 AM	0:80 L	7:09 AM	3:15 H	1:59 PM	0:44 L	7:53 PM	2:88 H
15	Fri	2:21 AM	0:85 L	8:04 AM	3:01 H	2:55 PM	0:47 L	8:48 PM	2:90 H
16	Sat	3:20 AM	0:81 L	9:00 AM	2:93 H	3:44 PM	0:45 L	9:43 PM	2:98 H
17	Sun	4:12 AM	0:71 L	9:56 AM	2:91 H	4:28 PM	0:40 L	10:33 PM	3:11 H
18	Mon	4:59 AM	0:59 L	10:48 AM	2:94 H	5:10 PM	0:36 L	11:18 PM	3:26 H
19	Tue	5:45 AM	0:46 L	11:35 AM	2:98 H	5:50 PM	0:32 L	11:57 PM	3:40 H
20	Wed	6:29 AM	0:33 L	12:17 PM	3:01 H	6:30 PM	0:29 L	No PM	High
21	Thu	12:32 AM	3:50 H	7:12 AM	0:22 L	12:57 PM	3:02 H	7:09 PM	0:28 L
22	Fri	1:04 AM	3:57 H	7:55 AM	0:14 L	1:35 PM	3:00 H	7:47 PM	0:29 L
23	Sat	1:32 AM	3:60 H	8:35 AM	0:09 L	2:12 PM	2:96 H	8:25 PM	0:32 L
24	Sun	2:01 AM	3:60 H	9:15 AM	0:08 L	2:50 PM	2:90 H	9:01 PM	0:35 L
25	Mon	2:32 AM	3:58 H	9:55 AM	0:12 L	3:33 PM	2:85 H	9:38 PM	0:40 L
26	Tue	3:11 AM	3:53 H	10:36 AM	0:18 L	4:21 PM	2:83 H	10:18 PM	0:47 L
27	Wed	4:00 AM	3:48 H	11:21 AM	0:25 L	5:14 PM	2:85 H	11:05 PM	0:55 L
28	Thu	4:57 AM	3:42 H	12:16 PM	0:31 L	6:07 PM	2:91 H	No PM	Low
29	Fri	12:08 AM	0:62 L	5:57 AM	3:37 H	1:18 PM	0:31 L	7:02 PM	3:03 H
30	Sat	1:28 AM	0:62 L	6:58 AM	3:32 H	2:20 PM	0:23 L	7:59 PM	3:19 H
31	Sun	2:41 AM	0:50 L	8:02 AM	3:28 H	3:17 PM	0:10 L	8:59 PM	3:39 H

TIDES May

Kingston									
1	Fri	2:29 AM	0:86 L	7:57 AM	3:85 H	3:37 PM	0:48 L	9:04 PM	3:49 H
2	Sat	3:47 AM	0:68 L	9:07 AM	3:88 H	4:34 PM	0:25 L	10:08 PM	3:75 H
3	Sun	4:51 AM	0:38 L	10:18 AM	3:97 H	5:26 PM	-0:01 L	11:10 PM	4:10 H
4	Mon	5:48 AM	0:06 L	11:25 AM	4:12 H	6:16 PM	-0:24 L	No PM	High
5	Tue	12:05 AM	4:47 H	6:44 AM	-0:24 L	12:24 PM	4:25 H	7:06 PM	-0:41 L
6	Wed	12:56 AM	4:80 H	7:39 AM	-0:48 L	1:17 PM	4:33 H	7:55 PM	-0:50 L
7	Thu	1:44 AM	5:00 H	8:32 AM	-0:63 L	2:08 PM	4:31 H	8:44 PM	-0:49 L
8	Fri	2:32 AM	5:06 H	9:23 AM	-0:68 L	3:00 PM	4:21 H	9:33 PM	-0:38 L
9	Sat	3:21 AM	4:98 H	10:13 AM	-0:60 L	3:55 PM	4:04 H	10:21 PM	-0:17 L
10	Sun	4:13 AM	4:78 H	11:03 AM	-0:41 L	4:53 PM	3:86 H	11:09 PM	0:12 L
11	Mon	5:08 AM	4:51 H	11:54 AM	-0:14 L	5:52 PM	3:70 H	No PM	Low
12	Tue	12:01 AM	0:45 L	6:05 AM	4:23 H	12:48 PM	0:15 L	6:49 PM	3:57 H
13	Wed	12:59 AM	0:76 L	7:00 AM	3:98 H	1:47 PM	0:39 L	7:44 PM	3:48 H
14	Thu	2:04 AM	0:96 L	7:55 AM	3:75 H	2:47 PM	0:53 L	8:39 PM	3:44 H
15	Fri	3:09 AM	1:03 L	8:50 AM	3:59 H	3:43 PM	0:57 L	9:34 PM	3:46 H
16	Sat	4:08 AM	0:98 L	9:46 AM	3:49 H	4:32 PM	0:54 L	10:29 PM	3:55 H
17	Sun	5:00 AM	0:86 L	10:42 AM	3:47 H	5:16 PM	0:49 L	11:19 PM	3:71 H
18	Mon	5:47 AM	0:71 L	11:34 AM	3:50 H	5:58 PM	0:43 L	No PM	High
19	Tue	12:04 AM	3:88 H	6:33 AM	0:55 L	12:21 PM	3:55 H	6:38 PM	0:38 L
20	Wed	12:43 AM	4:05 H	7:17 AM	0:40 L	1:03 PM	3:59 H	7:18 PM	0:35 L
21	Thu	1:18 AM	4:17 H	8:00 AM	0:27 L	1:43 PM	3:60 H	7:57 PM	0:34 L
22	Fri	1:50 AM	4:25 H	8:43 AM	0:16 L	2:21 PM	3:58 H	8:35 PM	0:35 L
23	Sat	2:18 AM	4:28 H	9:23 AM	0:11 L	2:58 PM	3:52 H	9:13 PM	0:38 L
24	Sun	2:47 AM	4:29 H	10:03 AM	0:10 L	3:36 PM	3:46 H	9:49 PM	0:43 L
25	Mon	3:18 AM	4:26 H	10:43 AM	0:14 L	4:19 PM	3:40 H	10:26 PM	0:49 L
26	Tue	3:57 AM	4:21 H	11:24 AM	0:21 L	5:07 PM	3:37 H	11:06 PM	0:56 L
27	Wed	4:46 AM	4:14 H	12:09 PM	0:30 L	6:00 PM	3:39 H	11:53 PM	0:66 L
28	Thu	5:43 AM	4:07 H	1:04 PM	0:37 L	6:53 PM	3:47 H	No PM	Low
29	Fri	12:56 AM	0:75 L	6:43 AM	4:01 H	2:06 PM	0:37 L	7:48 PM	3:61 H
30	Sat	2:16 AM	0:75 L	7:44 AM	3:96 H	3:08 PM	0:28 L	8:45 PM	3:79 H

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Hudson								
1	Fri	4:07 AM	0.91 L	9:35 AM	4.18 H	5:15 PM	0.50 L	10:42 PM 3.79 H
2	Sat	5:25 AM	0.71 L	10:45 AM	4.21 H	6:12 PM	0.26 L	11:46 PM 4.08 H
3	Sun	6:29 AM	0.40 L	11:56 AM	4.32 H	7:04 PM	-0.01 L	No PM High
4	Mon	12:48 AM	4.46 H	7:26 AM	0.06 L	1:03 PM	4.47 H	7:54 PM -0.25 L
5	Tue	1:43 AM	4.86 H	8:22 AM	-0.25 L	2:02 PM	4.62 H	8:44 PM -0.43 L
6	Wed	2:34 AM	5.21 H	9:17 AM	-0.50 L	2:55 PM	4.70 H	9:33 PM -0.53 L
7	Thu	3:22 AM	5.44 H	10:10 AM	-0.66 L	3:46 PM	4.68 H	10:22 PM -0.52 L
8	Fri	4:10 AM	5.50 H	11:01 AM	-0.71 L	4:38 PM	4.57 H	11:11 PM -0.40 L
9	Sat	4:59 AM	5.41 H	11:51 AM	-0.63 L	5:33 PM	4.39 H	11:59 PM -0.17 L
10	Sun	5:51 AM	5.19 H	12:41 PM	-0.43 L	6:31 PM	4.19 H	No PM Low
11	Mon	12:47 AM	0.13 L	6:46 AM	4.90 H	1:32 PM	-0.14 L	7:30 PM 4.01 H
12	Tue	1:39 AM	0.47 L	7:43 AM	4.60 H	2:26 PM	0.16 L	8:27 PM 3.88 H
13	Wed	2:37 AM	0.79 L	8:38 AM	4.32 H	3:25 PM	0.41 L	9:22 PM 3.78 H
14	Thu	3:42 AM	1.01 L	9:33 AM	4.08 H	4:25 PM	0.56 L	10:17 PM 3.73 H
15	Fri	4:47 AM	1.08 L	10:28 AM	3.90 H	5:21 PM	0.59 L	11:12 PM 3.76 H
16	Sat	5:46 AM	1.03 L	11:24 AM	3.80 H	6:10 PM	0.57 L	No PM High
17	Sun	12:07 AM	3.86 H	6:38 AM	0.90 L	12:20 PM	3.77 H	6:54 PM 0.51 L
18	Mon	12:57 AM	4.03 H	7:25 AM	0.75 L	1:12 PM	3.80 H	7:36 PM 0.45 L
19	Tue	1:42 AM	4.22 H	8:11 AM	0.58 L	1:59 PM	3.86 H	8:16 PM 0.40 L
20	Wed	2:21 AM	4.40 H	8:55 AM	0.42 L	2:41 PM	3.90 H	8:56 PM 0.37 L
21	Thu	2:56 AM	4.53 H	9:38 AM	0.28 L	3:21 PM	3.91 H	9:35 PM 0.36 L
22	Fri	3:28 AM	4.62 H	10:21 AM	0.17 L	3:59 PM	3.88 H	10:13 PM 0.37 L
23	Sat	3:56 AM	4.65 H	11:01 AM	0.11 L	4:36 PM	3.83 H	10:51 PM 0.40 L
24	Sun	4:25 AM	4.66 H	11:41 AM	0.10 L	5:14 PM	3.76 H	11:27 PM 0.45 L
25	Mon	4:56 AM	4.63 H	12:21 PM	0.15 L	5:57 PM	3.69 H	No PM Low
26	Tue	12:04 AM	0.51 L	5:35 AM	4.57 H	1:02 PM	0.22 L	6:45 PM 3.66 H
27	Wed	12:44 AM	0.59 L	6:24 AM	4.50 H	1:47 PM	0.32 L	7:38 PM 3.69 H
28	Thu	1:31 AM	0.69 L	7:21 AM	4.42 H	2:42 PM	0.39 L	8:31 PM 3.77 H
29	Fri	2:34 AM	0.78 L	8:21 AM	4.36 H	3:44 PM	0.39 L	9:26 PM 3.92 H
30	Sat	3:54 AM	0.78 L	9:22 AM	4.30 H	4:46 PM	0.29 L	10:23 PM 4.12 H
31	Sun	5:07 AM	0.63 L	10:26 AM	4.25 H	5:43 PM	0.13 L	11:23 PM 4.38 H

TIDES May

Castleton								
1	Fri	5:28 AM	1.71 L	10:32 AM	5.72 H	6:40 PM	1.27 L	No PM High
2	Sat	12:11 AM	5.29 H	6:42 AM	1.57 L	12:02 PM	5.62 H	7:36 PM 1.11 L
3	Sun	1:09 AM	5.58 H	7:49 AM	1.32 L	1:17 PM	5.67 H	8:30 PM 0.91 L
4	Mon	2:02 AM	5.92 H	8:50 AM	1.00 L	2:17 PM	5.78 H	9:21 PM 0.74 L
5	Tue	2:52 AM	6.25 H	9:48 AM	0.70 L	3:11 PM	5.86 H	10:10 PM 0.63 L
6	Wed	3:38 AM	6.50 H	10:42 AM	0.48 L	4:02 PM	5.86 H	10:58 PM 0.61 L
7	Thu	4:24 AM	6.63 H	11:35 AM	0.37 L	4:53 PM	5.77 H	11:45 PM 0.68 L
8	Fri	5:09 AM	6.62 H	12:26 PM	0.36 L	5:45 PM	5.61 H	No PM Low
9	Sat	12:32 AM	0.82 L	5:56 AM	6.49 H	1:18 PM	0.46 L	6:39 PM 5.43 H
10	Sun	1:20 AM	1.01 L	6:47 AM	6.28 H	2:09 PM	0.61 L	7:37 PM 5.28 H
11	Mon	2:09 AM	1.22 L	7:42 AM	6.02 H	3:01 PM	0.78 L	8:36 PM 5.18 H
12	Tue	3:01 AM	1.42 L	8:41 AM	5.77 H	3:55 PM	0.93 L	9:35 PM 5.15 H
13	Wed	3:55 AM	1.58 L	9:41 AM	5.56 H	4:48 PM	1.03 L	10:33 PM 5.18 H
14	Thu	4:53 AM	1.68 L	10:40 AM	5.40 H	5:41 PM	1.08 L	11:29 PM 5.25 H
15	Fri	5:51 AM	1.70 L	11:39 AM	5.29 H	6:32 PM	1.08 L	No PM High
16	Sat	12:25 AM	5.38 H	6:48 AM	1.63 L	12:36 PM	5.25 H	7:21 PM 1.05 L
17	Sun	1:17 AM	5.55 H	7:44 AM	1.48 L	1:30 PM	5.25 H	8:08 PM 1.00 L
18	Mon	2:06 AM	5.74 H	8:37 AM	1.28 L	2:20 PM	5.26 H	8:52 PM 0.97 L
19	Tue	2:50 AM	5.91 H	9:27 AM	1.07 L	3:06 PM	5.25 H	9:32 PM 0.97 L
20	Wed	3:30 AM	6.04 H	10:14 AM	0.90 L	3:49 PM	5.19 H	10:11 PM 0.99 L
21	Thu	4:06 AM	6.10 H	10:59 AM	0.77 L	4:30 PM	5.08 H	10:48 PM 1.05 L
22	Fri	4:36 AM	6.13 H	11:43 AM	0.71 L	5:09 PM	4.96 H	11:23 PM 1.11 L
23	Sat	4:58 AM	6.14 H	12:26 PM	0.70 L	5:47 PM	4.84 H	11:59 PM 1.16 L
24	Sun	5:14 AM	6.19 H	1:10 PM	0.73 L	6:26 PM	4.77 H	No PM Low
25	Mon	12:37 AM	1.19 L	5:43 AM	6.24 H	1:54 PM	0.77 L	7:08 PM 4.75 H
26	Tue	1:19 AM	1.23 L	6:24 AM	6.22 H	2:40 PM	0.82 L	7:55 PM 4.78 H
27	Wed	2:07 AM	1.27 L	7:13 AM	6.12 H	3:28 PM	0.85 L	8:49 PM 4.86 H
28	Thu	3:02 AM	1.32 L	8:07 AM	5.95 H	4:20 PM	0.86 L	9:47 PM 4.98 H
29	Fri	4:07 AM	1.35 L	9:09 AM	5.72 H	5:14 PM	0.83 L	10:46 PM 5.14 H
30	Sat	5:17 AM	1.32 L	10:25 AM	5.50 H	6:09 PM	0.77 L	11:45 PM 5.35 H
31	Sun	6:25 AM	1.20 L	11:47 AM	5.36 H	7:04 PM	0.66 L	No PM High

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Albany								
1	Fri	5:57 AM	1.61 L	10:49 AM	5.92 H	7:09 PM	1.17 L	No PM High
2	Sat	12:28 AM	5.49 H	7:11 AM	1.47 L	12:19 PM	5.82 H	8:05 PM 1.01 L
3	Sun	1:26 AM	5.79 H	8:18 AM	1.22 L	1:34 PM	5.87 H	8:59 PM 0.81 L
4	Mon	2:19 AM	6.13 H	9:19 AM	0.90 L	2:34 PM	5.98 H	9:50 PM 0.64 L
5	Tue	3:09 AM	6.45 H	10:17 AM	0.60 L	3:28 PM	6.06 H	10:39 PM 0.53 L
6	Wed	3:55 AM	6.70 H	11:11 AM	0.38 L	4:19 PM	6.06 H	11:27 PM 0.51 L
7	Thu	4:41 AM	6.83 H	12:04 PM	0.27 L	5:10 PM	5.97 H	No PM Low
8	Fri	12:14 AM	0.58 L	5:26 AM	6.82 H	12:55 PM	0.27 L	6:02 PM 5.81 H
9	Sat	1:01 AM	0.72 L	6:13 AM	6.69 H	1:47 PM	0.36 L	6:56 PM 5.63 H
10	Sun	1:49 AM	0.91 L	7:04 AM	6.48 H	2:38 PM	0.51 L	7:54 PM 5.48 H
11	Mon	2:38 AM	1.12 L	7:59 AM	6.22 H	3:30 PM	0.68 L	8:53 PM 5.38 H
12	Tue	3:30 AM	1.32 L	8:58 AM	5.97 H	4:24 PM	0.82 L	9:52 PM 5.35 H
13	Wed	4:24 AM	1.48 L	9:58 AM	5.76 H	5:17 PM	0.93 L	10:50 PM 5.38 H
14	Thu	5:22 AM	1.58 L	10:57 AM	5.60 H	6:10 PM	0.98 L	11:46 PM 5.45 H
15	Fri	6:20 AM	1.60 L	11:56 AM	5.49 H	7:01 PM	0.98 L	No PM High
16	Sat	12:42 AM	5.58 H	7:17 AM	1.53 L	12:53 PM	5.45 H	7:50 PM 0.95 L
17	Sun	1:34 AM	5.75 H	8:13 AM	1.38 L	1:47 PM	5.45 H	8:37 PM 0.90 L
18	Mon	2:23 AM	5.94 H	9:06 AM	1.18 L	2:37 PM	5.46 H	9:21 PM 0.87 L
19	Tue	3:07 AM	6.11 H	9:56 AM	0.97 L	3:23 PM	5.45 H	10:01 PM 0.87 L
20	Wed	3:47 AM	6.24 H	10:43 AM	0.80 L	4:06 PM	5.39 H	10:40 PM 0.90 L
21	Thu	4:23 AM	6.30 H	11:28 AM	0.67 L	4:47 PM	5.28 H	11:17 PM 0.95 L
22	Fri	4:53 AM	6.33 H	12:12 PM	0.61 L	5:26 PM	5.16 H	11:52 PM 1.01 L
23	Sat	5:15 AM	6.34 H	12:55 PM	0.60 L	6:04 PM	5.04 H	No PM Low
24	Sun	12:28 AM	1.06 L	5:31 AM	6.39 H	1:39 PM	0.63 L	6:43 PM 4.97 H
25	Mon	1:06 AM	1.09 L	6:00 AM	6.44 H	2:23 PM	0.67 L	7:25 PM 4.95 H
26	Tue	1:48 AM	1.13 L	6:41 AM	6.42 H	3:09 PM	0.72 L	8:12 PM 4.98 H
27	Wed	2:36 AM	1.17 L	7:30 AM	6.32 H	3:57 PM	0.75 L	9:06 PM 5.06 H
28	Thu	3:31 AM	1.22 L	8:24 AM	6.14 H	4:49 PM	0.76 L	10:04 PM 5.18 H
29	Fri	4:36 AM	1.25 L	9:26 AM	5.92 H	5:43 PM	0.73 L	11:03 PM 5.34 H
30	Sat	5:46 AM	1.23 L	10:42 AM	5.70 H	6:38 PM	0.67 L	No PM High
31	Sun	12:02 AM	5.55 H	6:54 AM	1.10 L	12:04 PM	5.56 H	7:33 PM 0.56 L

TIDES May

Troy								
1	Fri	6:07 AM	1.61 L	10:57 AM	5.92 H	7:19 PM	1.17 L	No PM High
2	Sat	12:36 AM	5.49 H	7:21 AM	1.47 L	12:27 PM	5.82 H	8:15 PM 1.01 L
3	Sun	1:34 AM	5.79 H	8:28 AM	1.22 L	1:42 PM	5.87 H	9:09 PM 0.81 L
4	Mon	2:27 AM	6.13 H	9:29 AM	0.90 L	2:42 PM	5.98 H	10:00 PM 0.64 L
5	Tue	3:17 AM	6.45 H	10:27 AM	0.60 L	3:36 PM	6.06 H	10:49 PM 0.53 L
6	Wed	4:03 AM	6.70 H	11:21 AM	0.38 L	4:27 PM	6.06 H	11:37 PM 0.51 L
7	Thu	4:49 AM	6.83 H	12:14 PM	0.27 L	5:18 PM	5.97 H	No PM Low
8	Fri	12:24 AM	0.58 L	5:34 AM	6.82 H	1:05 PM	0.27 L	6:10 PM 5.81 H
9	Sat	1:11 AM	0.72 L	6:21 AM	6.69 H	1:57 PM	0.36 L	7:04 PM 5.63 H
10	Sun	1:59 AM	0.91 L	7:12 AM	6.48 H	2:48 PM	0.51 L	8:02 PM 5.48 H
11	Mon	2:48 AM	1.12 L	8:07 AM	6.22 H	3:40 PM	0.68 L	9:01 PM 5.38 H
12	Tue	3:40 AM	1.32 L	9:06 AM	5.97 H	4:34 PM	0.82 L	10:00 PM 5.35 H
13	Wed	4:34 AM	1.48 L	10:06 AM	5.76 H	5:27 PM	0.93 L	10:58 PM 5.38 H
14	Thu	5:32 AM	1.58 L	11:05 AM	5.60 H	6:20 PM	0.98 L	11:54 PM 5.45 H
15	Fri	6:30 AM	1.60 L	12:04 PM	5.49 H	7:11 PM	0.98 L	No PM High
16	Sat	12:50 AM	5.58 H	7:27 AM	1.53 L	1:01 PM	5.45 H	8:00 PM 0.95 L
17	Sun	1:42 AM	5.75 H	8:23 AM	1.38 L	1:55 PM	5.45 H	8:47 PM 0.90 L
18	Mon	2:31 AM	5.94 H	9:16 AM	1.18 L	2:45 PM	5.46 H	9:31 PM 0.87 L
19	Tue	3:15 AM	6.11 H	10:06 AM	0.97 L	3:31 PM	5.45 H	10:11 PM 0.87 L
20	Wed	3:55 AM	6.24 H	10:53 AM	0.80 L	4:14 PM	5.39 H	