

The Battery									
1	Tue	2:29 AM	0.02 L	8:34 AM	4.90 H	2:41 PM	0.35 L	8:47 PM	5.45 H
2	Wed	3:11 AM	-0.01 L	09:14 AM	4.97 H	3:25 PM	0.36 L	9:26 PM	5.35 H
3	Thu	3:50 AM	0.03 L	9:53 AM	4.98 H	4:06 PM	0.42 L	10:05 PM	5.18 H
4	Fri	4:26 AM	0.13 L	10:32 AM	4.93 H	4:45 PM	0.54 L	10:44 PM	4.95 H
5	Sat	5:00 AM	0.30 L	11:10 AM	4.85 H	5:24 PM	0.72 L	11:24 PM	4.68 H
6	Sun	5:31 AM	0.53 L	11:47 AM	4.75 H	6:02 PM	0.93 L	No PM High	
7	Mon	12:07 AM	4.41 H	5:59 AM	0.77 L	12:23 PM	4.65 H	6:43 PM	1.15 L
8	Tue	12:50 AM	4.16 H	6:25 AM	1.01 L	12:58 PM	4.58 H	7:34 PM	1.34 L
9	Wed	1:35 AM	3.95 H	6:59 AM	1.22 L	1:36 PM	4.54 H	8:42 PM	1.44 L
10	Thu	2:23 AM	3.81 H	7:54 AM	1.38 L	2:21 PM	4.54 H	9:49 PM	1.37 L
11	Fri	3:17 AM	3.77 H	9:25 AM	1.39 L	3:16 PM	4.60 H	10:47 PM	1.17 L
12	Sat	4:20 AM	3.85 H	10:35 AM	1.21 L	4:21 PM	4.74 H	11:39 PM	0.86 L
13	Sun	5:24 AM	4.08 H	11:33 AM	0.90 L	5:29 PM	5.00 H	No PM Low	
14	Mon	12:28 AM	0.51 L	6:20 AM	4.43 H	12:27 PM	0.54 L	6:28 PM	5.33 H
15	Tue	1:15 AM	0.14 L	7:10 AM	4.85 H	1:20 PM	0.17 L	7:19 PM	5.64 H
16	Wed	2:02 AM	-0.20 L	07:56 AM	5.27 H	2:12 PM	-0.15 L	8:06 PM	5.86 H
17	Thu	2:48 AM	-0.48 L	08:41 AM	5.62 H	3:03 PM	-0.39 L	8:53 PM	5.93 H
18	Fri	3:34 AM	-0.65 L	09:27 AM	5.86 H	3:54 PM	-0.51 L	9:41 PM	5.83 H
19	Sat	4:19 AM	-0.67 L	10:16 AM	5.97 H	4:45 PM	-0.49 L	10:34 PM	5.60 H
20	Sun	5:05 AM	-0.54 L	11:09 AM	5.95 H	5:37 PM	-0.31 L	11:31 PM	5.28 H
21	Mon	5:52 AM	-0.25 L	12:06 PM	5.83 H	6:32 PM	-0.02 L	No PM High	
22	Tue	12:33 AM	4.94 H	6:45 AM	0.13 L	1:05 PM	5.64 H	7:34 PM	0.29 L
23	Wed	1:35 AM	4.65 H	7:46 AM	0.52 L	2:04 PM	5.42 H	8:42 PM	0.51 L
24	Thu	2:38 AM	4.43 H	8:55 AM	0.78 L	3:05 PM	5.20 H	9:50 PM	0.58 L
25	Fri	3:43 AM	4.31 H	10:03 AM	0.87 L	4:08 PM	5.05 H	10:50 PM	0.53 L
26	Sat	4:48 AM	4.32 H	11:03 AM	0.82 L	5:12 PM	5.01 H	11:44 PM	0.42 L
27	Sun	5:50 AM	4.46 H	11:57 AM	0.71 L	6:10 PM	5.06 H	No PM Low	
28	Mon	12:33 AM	0.30 L	6:44 AM	4.66 H	12:47 PM	0.59 L	7:00 PM	5.14 H
29	Tue	1:17 AM	0.20 L	7:29 AM	4.87 H	1:34 PM	0.48 L	7:43 PM	5.20 H
30	Wed	1:59 AM	0.12 L	8:09 AM	5.04 H	2:18 PM	0.40 L	8:22 PM	5.21 H

September
TIDES

Spuyten Duyvil									
1	Tue	3:17 AM	0.02 L	9:26 AM	4.12 H	3:29 PM	0.29 L	9:39 PM	4.58 H
2	Wed	3:59 AM	-0.01 L	10:06 AM	4.18 H	4:13 PM	0.30 L	10:18 PM	4.50 H
3	Thu	4:38 AM	0.02 L	10:45 AM	4.18 H	4:54 PM	0.35 L	10:57 PM	4.36 H
4	Fri	5:14 AM	0.11 L	11:24 AM	4.14 H	5:33 PM	0.46 L	11:36 PM	4.16 H
5	Sat	5:48 AM	0.25 L	12:02 PM	4.07 H	6:12 PM	0.60 L	No PM High	
6	Sun	12:16 AM	3.94 H	6:19 AM	0.44 L	12:39 PM	3.99 H	6:50 PM	0.78 L
7	Mon	12:59 AM	3.70 H	6:47 AM	0.65 L	1:15 PM	3.91 H	7:31 PM	0.97 L
8	Tue	1:42 AM	3.49 H	7:13 AM	0.85 L	1:50 PM	3.84 H	8:22 PM	1.13 L
9	Wed	2:27 AM	3.32 H	7:47 AM	1.02 L	2:28 PM	3.81 H	9:30 PM	1.21 L
10	Thu	3:15 AM	3.20 H	8:42 AM	1.16 L	3:13 PM	3.81 H	10:37 PM	1.15 L
11	Fri	4:09 AM	3.17 H	10:13 AM	1.17 L	4:08 PM	3.86 H	11:35 PM	0.98 L
12	Sat	5:12 AM	3.23 H	11:23 AM	1.01 L	5:13 PM	3.98 H	No PM Low	
13	Sun	12:27 AM	0.72 L	6:16 AM	3.42 H	12:21 PM	0.76 L	6:21 PM	4.20 H
14	Mon	1:16 AM	0.43 L	7:12 AM	3.72 H	1:15 PM	0.45 L	7:20 PM	4.48 H
15	Tue	2:03 AM	0.12 L	8:02 AM	4.08 H	2:08 PM	0.15 L	8:11 PM	4.74 H
16	Wed	2:50 AM	-0.17 L	08:48 AM	4.43 H	3:00 PM	-0.13 L	8:58 PM	4.92 H
17	Thu	3:36 AM	-0.40 L	09:33 AM	4.72 H	3:51 PM	-0.33 L	9:45 PM	4.98 H
18	Fri	4:22 AM	-0.55 L	10:19 AM	4.93 H	4:42 PM	-0.43 L	10:33 PM	4.90 H
19	Sat	5:07 AM	-0.57 L	11:08 AM	5.02 H	5:33 PM	-0.41 L	11:26 PM	4.70 H
20	Sun	5:53 AM	-0.45 L	12:01 PM	5.00 H	6:25 PM	-0.26 L	No PM High	
21	Mon	12:23 AM	4.43 H	6:40 AM	-0.21 L	12:58 PM	4.90 H	7:20 PM	-0.02 L
22	Tue	1:25 AM	4.15 H	7:33 AM	0.11 L	1:57 PM	4.74 H	8:22 PM	0.24 L
23	Wed	2:27 AM	3.91 H	8:34 AM	0.43 L	2:56 PM	4.55 H	9:30 PM	0.43 L
24	Thu	3:30 AM	3.72 H	9:43 AM	0.66 L	3:57 PM	4.37 H	10:38 PM	0.49 L
25	Fri	4:35 AM	3.62 H	10:51 AM	0.73 L	5:00 PM	4.25 H	11:38 PM	0.44 L
26	Sat	5:40 AM	3.63 H	11:51 AM	0.69 L	6:04 PM	4.21 H	No PM Low	
27	Sun	12:32 AM	0.35 L	6:42 AM	3.74 H	12:45 PM	0.60 L	7:02 PM	4.25 H
28	Mon	1:21 AM	0.25 L	7:36 AM	3.92 H	1:35 PM	0.49 L	7:52 PM	4.32 H
29	Tue	2:05 AM	0.17 L	8:21 AM	4.09 H	2:22 PM	0.40 L	8:35 PM	4.37 H
30	Wed	2:47 AM	0.10 L	9:01 AM	4.23 H	3:06 PM	0.33 L	9:14 PM	4.37 H

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Tarrytown									
1	Tue	4:26 AM	0.01 L	10:23 AM	3.43 H	4:38 PM	0.24 L	10:36 PM	3.81 H
2	Wed	5:08 AM	-0.01 L	11:03 AM	3.48 H	5:22 PM	0.25 L	11:15 PM	3.75 H
3	Thu	5:47 AM	0.02 L	11:42 AM	3.48 H	6:03 PM	0.29 L	11:54 PM	3.63 H
4	Fri	6:23 AM	0.09 L	12:21 PM	3.45 H	6:42 PM	0.38 L	No PM High	
5	Sat	12:33 AM	3.47 H	6:57 AM	0.21 L	12:59 PM	3.39 H	7:21 PM	0.50 L
6	Sun	1:13 AM	3.28 H	7:28 AM	0.37 L	1:36 PM	3.32 H	7:59 PM	0.65 L
7	Mon	1:56 AM	3.09 H	7:56 AM	0.54 L	2:12 PM	3.26 H	8:40 PM	0.81 L
8	Tue	2:39 AM	2.91 H	8:22 AM	0.71 L	2:47 PM	3.20 H	9:31 PM	0.94 L
9	Wed	3:24 AM	2.76 H	8:56 AM	0.85 L	3:25 PM	3.18 H	10:39 PM	1.01 L
10	Thu	4:12 AM	2.67 H	9:51 AM	0.96 L	4:10 PM	3.18 H	11:46 PM	0.96 L
11	Fri	5:06 AM	2.64 H	11:22 AM	0.97 L	5:05 PM	3.22 H	No PM Low	
12	Sat	12:44 AM	0.82 L	6:09 AM	2.69 H	12:32 PM	0.85 L	6:10 PM	3.32 H
13	Sun	1:36 AM	0.60 L	7:13 AM	2.85 H	1:30 PM	0.63 L	7:18 PM	3.50 H
14	Mon	2:25 AM	0.36 L	8:09 AM	3.10 H	2:24 PM	0.38 L	8:17 PM	3.73 H
15	Tue	3:12 AM	0.10 L	8:59 AM	3.40 H	3:17 PM	0.12 L	9:08 PM	3.95 H
16	Wed	3:59 AM	-0.14 L	09:45 AM	3.69 H	4:09 PM	-0.10 L	9:55 PM	4.10 H
17	Thu	4:45 AM	-0.34 L	10:30 AM	3.94 H	5:00 PM	-0.28 L	10:42 PM	4.15 H
18	Fri	5:31 AM	-0.45 L	11:16 AM	4.11 H	5:51 PM	-0.36 L	11:30 PM	4.08 H
19	Sat	6:16 AM	-0.47 L	12:05 PM	4.18 H	6:42 PM	-0.34 L	No PM High	
20	Sun	12:23 AM	3.92 H	7:02 AM	-0.38 L	12:58 PM	4.17 H	7:34 PM	-0.22 L
21	Mon	1:20 AM	3.69 H	7:49 AM	-0.18 L	1:55 PM	4.08 H	8:29 PM	-0.01 L
22	Tue	2:22 AM	3.46 H	8:42 AM	0.09 L	2:54 PM	3.95 H	9:31 PM	0.20 L
23	Wed	3:24 AM	3.25 H	9:43 AM	0.36 L	3:53 PM	3.79 H	10:39 PM	0.36 L
24	Thu	4:27 AM	3.10 H	10:52 AM	0.55 L	4:54 PM	3.64 H	11:47 PM	0.41 L
25	Fri	5:32 AM	3.01 H	12:00 PM	0.61 L	5:57 PM	3.54 H	No PM Low	
26	Sat	12:47 AM	0.37 L	6:37 AM	3.02 H	1:00 PM	0.57 L	7:01 PM	3.51 H
27	Sun	1:41 AM	0.29 L	7:39 AM	3.12 H	1:54 PM	0.50 L	7:59 PM	3.54 H
28	Mon	2:30 AM	0.21 L	8:33 AM	3.27 H	2:44 PM	0.41 L	8:49 PM	3.60 H
29	Tue	3:14 AM	0.14 L	9:18 AM	3.41 H	3:31 PM	0.34 L	9:32 PM	3.64 H
30	Wed	3:56 AM	0.09 L	9:58 AM	3.53 H	4:15 PM	0.28 L	10:11 PM	3.64 H

Haverstraw									
1	Tue	5:21 AM	0.22 L	11:00 AM	3.35 H	5:20 PM	0.32 L	11:11 PM	3.87 F
2	Wed	6:01 AM	0.20 L	11:42 AM	3.37 H	6:04 PM	0.37 L	11:49 PM	3.80 F
3	Thu	6:37 AM	0.19 L	12:21 PM	3.36 H	6:45 PM	0.43 L	No PM High	
4	Fri	12:26 AM	3.68 H	7:11 AM	0.18 L	12:59 PM	3.34 H	7:25 PM	0.51 L
5	Sat	1:03 AM	3.52 H	7:42 AM	0.19 L	1:37 PM	3.31 H	8:05 PM	0.60 L
6	Sun	1:41 AM	3.34 H	8:12 AM	0.21 L	2:15 PM	3.29 H	8:47 PM	0.71 L
7	Mon	2:23 AM	3.15 H	8:41 AM	0.26 L	2:55 PM	3.29 H	9:36 PM	0.83 L
8	Tue	3:10 AM	2.97 H	9:15 AM	0.34 L	3:38 PM	3.30 H	10:34 PM	0.93 L
9	Wed	4:01 AM	2.81 H	9:56 AM	0.44 L	4:23 PM	3.33 H	11:38 PM	0.98 L
10	Thu	4:55 AM	2.70 H	10:50 AM	0.53 L	5:12 PM	3.37 H	No PM Low	
11	Fri	12:43 AM	0.95 L	5:52 AM	2.65 H	11:57 AM	0.58 L	6:07 PM	3.43 F
12	Sat	1:43 AM	0.84 L	6:54 AM	2.69 H	1:08 PM	0.54 L	7:08 PM	3.53 F
13	Sun	2:35 AM	0.68 L	7:54 AM	2.84 H	2:10 PM	0.40 L	8:08 PM	3.68 F
14	Mon	3:22 AM	0.51 L	8:48 AM	3.06 H	3:05 PM	0.23 L	9:01 PM	3.85 F
15	Tue	4:08 AM	0.32 L	9:35 AM	3.32 H	3:58 PM	0.07 L	9:49 PM	4.00 F
16	Wed	4:53 AM	0.14 L	10:21 AM	3.57 H	4:51 PM	-0.07 L	10:36 PM	4.08 F
17	Thu	5:37 AM	-0.02 L	11:06 AM	3.77 H	5:45 PM	-0.15 L	11:23 PM	4.08 F
18	Fri	6:21 AM	-0.14 L	11:53 AM	3.91 H	6:37 PM	-0.17 L	No PM High	
19	Sat	12:11 AM	4.00 H	7:05 AM	-0.21 L	12:42 PM	3.98 H	7:29 PM	-0.11 L
20	Sun	1:01 AM	3.85 H	7:49 AM	-0.20 L	1:34 PM	3.97 H	8:22 PM	0.02 L
21	Mon	1:56 AM	3.64 H	8:37 AM	-0.11 L	2:30 PM	3.91 H	9:21 PM	0.20 L
22	Tue	2:57 AM	3.43 H	9:30 AM	0.04 L	3:31 PM	3.82 H	10:25 PM	0.37 L
23	Wed	4:01 AM	3.25 H	10:30 AM	0.21 L	4:33 PM	3.72 H	11:32 PM	0.48 L
24	Thu	5:05 AM	3.12 H	11:34 AM	0.35 L	5:34 PM	3.63 H	No PM Low	
25	Fri	12:38 AM	0.51 L	6:09 AM	3.04 H	12:40 PM	0.42 L	6:38 PM	3.58 F
26	Sat	1:41 AM	0.46 L	7:15 AM	3.04 H	1:42 PM	0.41 L	7:42 PM	3.58 F
27	Sun	2:36 AM	0.36 L	8:17 AM	3.13 H	2:37 PM	0.36 L	8:38 PM	3.64 F
28	Mon	3:24 AM	0.27 L	9:11 AM	3.26 H	3:27 PM	0.31 L	9:27 PM	3.70 F
29	Tue	4:08 AM	0.20 L	9:58 AM	3.38 H	4:15 PM	0.29 L	10:09 PM	3.73 F
30	Wed	4:49 AM	0.15 L	10:40 AM	3.47 H	5:00 PM	0.31 L	10:48 PM	3.71 F

Peekskill									
1	Tue	5:32 AM	0.01 L	11:02 AM	3.14 H	5:44 PM	0.22 L	11:15 PM	3.49 H
2	Wed	6:14 AM	-0.00 L	11:42 AM	3.18 H	6:28 PM	0.23 L	11:54 PM	3.43 H
3	Thu	6:53 AM	0.02 L	12:21 PM	3.19 H	7:09 PM	0.27 L	No PM High	
4	Fri	12:33 AM	3.32 H	7:29 AM	0.08 L	1:00 PM	3.16 H	7:48 PM	0.35 L
5	Sat	1:12 AM	3.17 H	8:03 AM	0.19 L	1:38 PM	3.10 H	8:27 PM	0.46 L
6	Sun	1:52 AM	3.00 H	8:34 AM	0.34 L	2:15 PM	3.04 H	9:05 PM	0.60 L
7	Mon	2:35 AM	2.82 H	9:02 AM	0.49 L	2:51 PM	2.98 H	9:46 PM	0.74 L
8	Tue	3:18 AM	2.66 H	9:28 AM	0.65 L	3:26 PM	2.93 H	10:37 PM	0.86 L
9	Wed	4:03 AM	2.53 H	10:02 AM	0.78 L	4:04 PM	2.90 H	11:45 PM	0.92 L
10	Thu	4:51 AM	2.44 H	10:57 AM	0.88 L	4:49 PM	2.90 H	No PM Low	
11	Fri	12:52 AM	0.88 L	5:45 AM	2.41 H	12:28 PM	0.89 L	5:44 PM	2.94 H
12	Sat	1:50 AM	0.75 L	6:48 AM	2.46 H	1:38 PM	0.77 L	6:49 PM	3.04 H
13	Sun	2:42 AM	0.55 L	7:52 AM	2.61 H	2:36 PM	0.58 L	7:57 PM	3.20 H
14	Mon	3:31 AM	0.33 L	8:48 AM	2.84 H	3:30 PM	0.35 L	8:56 PM	3.41 H
15	Tue	4:18 AM	0.09 L	9:38 AM	3.11 H	4:23 PM	0.11 L	9:47 PM	3.61 H
16	Wed	5:05 AM	-0.13 L	10:24 AM	3.37 H	5:15 PM	-0.10 L	10:34 PM	3.75 H
17	Thu	5:51 AM	-0.31 L	11:09 AM	3.60 H	6:06 PM	-0.25 L	11:21 PM	3.79 H
18	Fri	6:37 AM	-0.41 L	11:55 AM	3.75 H	6:57 PM	-0.33 L	No PM High	
19	Sat	12:09 AM	3.73 H	7:22 AM	-0.43 L	12:44 PM	3.82 H	7:48 PM	-0.31 L
20	Sun	1:02 AM	3.58 H	8:08 AM	-0.34 L	1:37 PM	3.81 H	8:40 PM	-0.20 L
21	Mon	1:59 AM	3.38 H	8:55 AM	-0.16 L	2:34 PM	3.73 H	9:35 PM	-0.01 L
22	Tue	3:01 AM	3.16 H	9:48 AM	0.08 L	3:33 PM	3.61 H	10:37 PM	0.19 L
23	Wed	4:03 AM	2.98 H	10:49 AM	0.33 L	4:32 PM	3.47 H	11:45 PM	0.33 L
24	Thu	5:06 AM	2.83 H	11:58 AM	0.50 L	5:33 PM	3.33 H	No PM Low	
25	Fri	12:53 AM	0.37 L	6:11 AM	2.76 H	1:06 PM	0.56 L	6:36 PM	3.23 H
26	Sat	1:53 AM	0.34 L	7:16 AM	2.76 H	2:06 PM	0.52 L	7:40 PM	3.21 H
27	Sun	2:47 AM	0.27 L	8:18 AM	2.85 H	3:00 PM	0.45 L	8:38 PM	3.24 H
28	Mon	3:36 AM	0.19 L	9:12 AM	2.98 H	3:50 PM	0.38 L	9:28 PM	3.29 H
29	Tue	4:20 AM	0.13 L	9:57 AM	3.12 H	4:37 PM	0.31 L	10:11 PM	3.33 H
30	Wed	5:02 AM	0.08 L	10:37 AM	3.22 H	5:21 PM	0.25 L	10:50 PM	3.33 H

TIDES September

Newburgh									
1	Tue	6:32 AM	0.01 L	12:20 PM	3.04 H	6:44 PM	0.22 L	No PM High	
2	Wed	12:33 AM	3.38 H	7:14 AM	-0.00 L	1:00 PM	3.08 H	7:28 PM	0.23 L
3	Thu	1:12 AM	3.32 H	7:53 AM	0.02 L	1:39 PM	3.09 H	8:09 PM	0.27 L
4	Fri	1:51 AM	3.21 H	8:29 AM	0.08 L	2:18 PM	3.06 H	8:48 PM	0.35 L
5	Sat	2:30 AM	3.07 H	9:03 AM	0.19 L	2:56 PM	3.00 H	9:27 PM	0.46 L
6	Sun	3:10 AM	2.90 H	9:34 AM	0.34 L	3:33 PM	2.94 H	10:05 PM	0.60 L
7	Mon	3:53 AM	2.73 H	10:02 AM	0.49 L	4:09 PM	2.88 H	10:46 PM	0.74 L
8	Tue	4:36 AM	2.58 H	10:28 AM	0.65 L	4:44 PM	2.84 H	11:37 PM	0.86 L
9	Wed	5:21 AM	2.45 H	11:02 AM	0.78 L	5:22 PM	2.81 H	No PM Low	
10	Thu	12:45 AM	0.92 L	6:09 AM	2.36 H	11:57 AM	0.88 L	6:07 PM	2.81 H
11	Fri	1:52 AM	0.88 L	7:03 AM	2.34 H	1:28 PM	0.89 L	7:02 PM	2.85 H
12	Sat	2:50 AM	0.75 L	8:06 AM	2.38 H	2:38 PM	0.77 L	8:07 PM	2.94 H
13	Sun	3:42 AM	0.55 L	9:10 AM	2.53 H	3:36 PM	0.58 L	9:15 PM	3.10 H
14	Mon	4:31 AM	0.33 L	10:06 AM	2.75 H	4:30 PM	0.35 L	10:14 PM	3.31 H
15	Tue	5:18 AM	0.09 L	10:56 AM	3.01 H	5:23 PM	0.11 L	11:05 PM	3.50 H
16	Wed	6:05 AM	-0.13 L	11:42 AM	3.27 H	6:15 PM	-0.10 L	11:52 PM	3.63 H
17	Thu	6:51 AM	-0.31 L	12:27 PM	3.49 H	7:06 PM	-0.25 L	No PM High	
18	Fri	12:39 AM	3.68 H	7:37 AM	-0.41 L	1:13 PM	3.64 H	7:57 PM	-0.33 L
19	Sat	1:27 AM	3.62 H	8:22 AM	-0.43 L	2:02 PM	3.70 H	8:48 PM	-0.31 L
20	Sun	2:20 AM	3.47 H	9:08 AM	-0.34 L	2:55 PM	3.69 H	9:40 PM	-0.20 L
21	Mon	3:17 AM	3.27 H	9:55 AM	-0.16 L	3:52 PM	3.61 H	10:35 PM	-0.01 L
22	Tue	4:19 AM	3.06 H	10:48 AM	0.08 L	4:51 PM	3.50 H	11:37 PM	0.19 L
23	Wed	5:21 AM	2.88 H	11:49 AM	0.33 L	5:50 PM	3.36 H	No PM Low	
24	Thu	12:45 AM	0.33 L	6:24 AM	2.74 H	12:58 PM	0.50 L	6:51 PM	3.23 H
25	Fri	1:53 AM	0.37 L	7:29 AM	2.67 H	2:06 PM	0.56 L	7:54 PM	3.13 H
26	Sat	2:53 AM	0.34 L	8:34 AM	2.68 H	3:06 PM	0.52 L	8:58 PM	3.11 H
27	Sun	3:47 AM	0.27 L	9:36 AM	2.76 H	4:00 PM	0.45 L	9:56 PM	3.14 H
28	Mon	4:36 AM	0.19 L	10:30 AM	2.89 H	4:50 PM	0.38 L	10:46 PM	3.19 H
29	Tue	5:20 AM	0.13 L	11:15 AM	3.02 H	5:37 PM	0.31 L	11:29 PM	3.23 H
30	Wed	6:02 AM	0.08 L	11:55 AM	3.12 H	6:21 PM	0.25 L	No PM High	

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SEA TOW

Poughkeepsie									
1	Tue	12:40 AM	3.71 H	7:15 AM	0.01 L	1:08 PM	3.33 H	7:27 PM	0.24 L
2	Wed	1:21 AM	3.70 H	7:57 AM	-0.01 L	1:48 PM	3.38 H	8:11 PM	0.24 L
3	Thu	2:00 AM	3.64 H	8:36 AM	0.02 L	2:27 PM	3.38 H	8:52 PM	0.29 L
4	Fri	2:39 AM	3.52 H	9:12 AM	0.09 L	3:06 PM	3.35 H	9:31 PM	0.37 L
5	Sat	3:18 AM	3.37 H	9:46 AM	0.20 L	3:44 PM	3.30 H	10:10 PM	0.49 L
6	Sun	3:58 AM	3.19 H	10:17 AM	0.36 L	4:21 PM	3.23 H	10:48 PM	0.63 L
7	Mon	4:41 AM	3.00 H	10:45 AM	0.52 L	4:57 PM	3.16 H	11:29 PM	0.78 L
8	Tue	5:24 AM	2.83 H	11:11 AM	0.69 L	5:32 PM	3.11 H	No PM Low	
9	Wed	12:20 AM	0.91 L	6:09 AM	2.69 H	11:45 AM	0.83 L	6:10 PM	3.08 H
10	Thu	1:28 AM	0.98 L	6:57 AM	2.59 H	12:40 PM	0.94 L	7:05 PM	3.09 H
11	Fri	2:35 AM	0.93 L	7:51 AM	2.56 H	2:11 PM	0.95 L	7:50 PM	3.13 H
12	Sat	3:33 AM	0.79 L	8:54 AM	2.62 H	3:21 PM	0.82 L	8:55 PM	3.23 H
13	Sun	4:25 AM	0.59 L	9:58 AM	2.77 H	4:19 PM	0.61 L	10:03 PM	3.40 H
14	Mon	5:14 AM	0.35 L	10:54 AM	3.01 H	5:13 PM	0.37 L	11:02 PM	3.62 H
15	Tue	6:01 AM	0.10 L	11:44 AM	3.30 H	6:06 PM	0.12 L	11:53 PM	3.84 H
16	Wed	6:48 AM	-0.14 L	12:30 PM	3.58 H	6:58 PM	-0.10 L	No PM High	
17	Thu	12:40 AM	3.98 H	7:34 AM	-0.33 L	1:15 PM	3.82 H	7:49 PM	-0.27 L
18	Fri	1:27 AM	4.03 H	8:20 AM	-0.44 L	2:01 PM	3.99 H	8:40 PM	-0.35 L
19	Sat	2:15 AM	3.97 H	9:05 AM	-0.46 L	2:50 PM	4.06 H	9:31 PM	-0.33 L
20	Sun	3:08 AM	3.81 H	9:51 AM	-0.37 L	3:43 PM	4.05 H	10:23 PM	-0.21 L
21	Mon	4:05 AM	3.59 H	10:38 AM	-0.17 L	4:40 PM	3.96 H	11:18 PM	-0.01 L
22	Tue	5:07 AM	3.36 H	11:31 AM	0.09 L	5:39 PM	3.83 H	No PM Low	
23	Wed	12:20 AM	0.20 L	6:09 AM	3.16 H	12:32 PM	0.35 L	6:38 PM	3.68 H
24	Thu	1:28 AM	0.35 L	7:12 AM	3.01 H	1:41 PM	0.53 L	7:39 PM	3.54 H
25	Fri	2:36 AM	0.40 L	8:17 AM	2.93 H	2:49 PM	0.59 L	8:42 PM	3.44 H
26	Sat	3:36 AM	0.36 L	9:22 AM	2.94 H	3:49 PM	0.56 L	9:46 PM	3.41 H
27	Sun	4:30 AM	0.28 L	10:24 AM	3.03 H	4:43 PM	0.48 L	10:44 PM	3.44 H
28	Mon	5:19 AM	0.20 L	11:18 AM	3.17 H	5:33 PM	0.40 L	11:34 PM	3.50 H
29	Tue	6:03 AM	0.14 L	12:03 PM	3.31 H	6:20 PM	0.33 L	No PM High	
30	Wed	12:17 AM	3.54 H	6:45 AM	0.08 L	12:43 PM	3.43 H	7:04 PM	0.27 L

TIDES September

Kingston									
1	Tue	1:28 AM	4.42 H	8:03 AM	0.02 L	1:54 PM	3.97 H	8:13 PM	0.29 L
2	Wed	2:07 AM	4.41 H	8:45 AM	-0.01 L	2:34 PM	4.03 H	8:59 PM	0.29 L
3	Thu	2:46 AM	4.34 H	9:24 AM	0.02 L	3:13 PM	4.03 H	9:40 PM	0.34 L
4	Fri	3:25 AM	4.20 H	10:00 AM	0.10 L	3:52 PM	3.99 H	10:19 PM	0.45 L
5	Sat	4:04 AM	4.01 H	10:34 AM	0.25 L	4:30 PM	3.93 H	10:58 PM	0.59 L
6	Sun	4:44 AM	3.79 H	11:05 AM	0.43 L	5:07 PM	3.85 H	11:36 PM	0.76 L
7	Mon	5:27 AM	3.57 H	11:33 AM	0.63 L	5:43 PM	3.77 H	No PM Low	
8	Tue	12:17 AM	0.94 L	6:10 AM	3.37 H	11:59 AM	0.83 L	6:18 PM	3.71 H
9	Wed	1:08 AM	1.10 L	6:55 AM	3.20 H	12:33 PM	1.00 L	6:56 PM	3.67 H
0	Thu	2:16 AM	1.18 L	7:43 AM	3.09 H	1:28 PM	1.13 L	7:41 PM	3.68 H
1	Fri	3:23 AM	1.13 L	8:37 AM	3.05 H	2:59 PM	1.14 L	8:36 PM	3.72 H
2	Sat	4:21 AM	0.95 L	9:40 AM	3.12 H	4:09 PM	0.99 L	9:41 PM	3.84 H
3	Sun	5:13 AM	0.71 L	10:44 AM	3.30 H	5:07 PM	0.74 L	10:49 PM	4.05 H
4	Mon	6:02 AM	0.42 L	11:40 AM	3.59 H	6:01 PM	0.44 L	11:48 PM	4.32 H
5	Tue	6:49 AM	0.12 L	12:30 PM	3.93 H	6:54 PM	0.14 L	No PM High	
6	Wed	12:39 AM	4.57 H	7:36 AM	-0.16 L	1:16 PM	4.27 H	7:46 PM	-0.12 L
7	Thu	1:26 AM	4.75 H	8:22 AM	-0.39 L	2:01 PM	4.55 H	8:37 PM	-0.32 L
8	Fri	2:13 AM	4.80 H	9:08 AM	-0.53 L	2:47 PM	4.75 H	9:28 PM	-0.42 L
9	Sat	3:01 AM	4.73 H	9:53 AM	-0.55 L	3:36 PM	4.84 H	10:19 PM	-0.40 L
0	Sun	3:54 AM	4.53 H	10:39 AM	-0.44 L	4:29 PM	4.82 H	11:11 PM	-0.25 L
1	Mon	4:51 AM	4.28 H	11:26 AM	-0.21 L	5:26 PM	4.72 H	No PM Low	
2	Tue	12:06 AM	-0.02 L	05:53 AM	4.00 H	12:19 PM	0.11 L	6:25 PM	4.57 H
3	Wed	1:08 AM	0.24 L	6:55 AM	3.77 H	1:20 PM	0.42 L	7:24 PM	4.39 H
4	Thu	2:16 AM	0.42 L	7:58 AM	3.58 H	2:29 PM	0.64 L	8:25 PM	4.21 H
5	Fri	3:24 AM	0.48 L	9:03 AM	3.49 H	3:37 PM	0.71 L	9:28 PM	4.09 H
6	Sat	4:24 AM	0.43 L	10:08 AM	3.50 H	4:37 PM	0.67 L	10:32 PM	4.06 H
7	Sun	5:18 AM	0.34 L	11:10 AM	3.61 H	5:31 PM	0.58 L	11:30 PM	4.10 H
8	Mon	6:07 AM	0.25 L	12:04 PM	3.78 H	6:21 PM	0.48 L	No PM High	
9	Tue	12:20 AM	4.17 H	6:51 AM	0.16 L	12:49 PM	3.95 H	7:08 PM	0.39 L
0	Wed	1:03 AM	4.21 H	7:33 AM	0.10 L	1:29 PM	4.08 H	7:52 PM	0.33 L

Table with 10 columns: Day, Date, Time, Tide, etc. for Hudson. Includes dates from Tue 3:04 AM to Wed 2:41 AM.

September TIDES

Table with 10 columns: Day, Date, Time, Tide, etc. for Castleton. Includes dates from Tue 4:01 AM to Wed 3:40 AM.



Your local on-water assistance experts.



seatow.com

Table with 10 columns: Day, Date, Time, Tide, etc. for Albany. Includes dates from Tue 4:18 AM to Wed 3:57 AM.

September TIDES

Table with 10 columns: Day, Date, Time, Tide, etc. for Troy. Includes dates from Tue 4:26 AM to Wed 4:05 AM.

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The Battery									
1	Thu	2:39 AM	0.09 L	8:46 AM	5.14 H	3:01 PM	0.35 L	8:59 PM	5.13 H
2	Fri	3:16 AM	0.12 L	9:21 AM	5.17 H	3:41 PM	0.36 L	9:35 PM	4.98 H
3	Sat	3:51 AM	0.21 L	9:54 AM	5.12 H	4:20 PM	0.43 L	10:12 PM	4.76 H
4	Sun	4:24 AM	0.37 L	10:25 AM	5.03 H	4:57 PM	0.56 L	10:50 PM	4.50 H
5	Mon	4:53 AM	0.57 L	10:53 AM	4.91 H	5:34 PM	0.73 L	11:30 PM	4.24 H
6	Tue	5:19 AM	0.79 L	11:22 AM	4.79 H	6:11 PM	0.93 L	No PM High	
7	Wed	12:13 AM	4.02 H	5:45 AM	0.99 L	11:57 AM	4.69 H	6:55 PM	1.13 L
8	Thu	1:00 AM	3.85 H	6:19 AM	1.17 L	12:42 PM	4.62 H	7:58 PM	1.27 L
9	Fri	1:51 AM	3.77 H	7:09 AM	1.33 L	1:37 PM	4.59 H	9:11 PM	1.24 L
10	Sat	2:46 AM	3.79 H	8:41 AM	1.38 L	2:38 PM	4.63 H	10:14 PM	1.04 L
11	Sun	3:47 AM	3.93 H	10:07 AM	1.18 L	3:45 PM	4.74 H	11:08 PM	0.71 L
12	Mon	4:51 AM	4.22 H	11:10 AM	0.82 L	4:55 PM	4.95 H	11:57 PM	0.33 L
13	Tue	5:50 AM	4.64 H	12:06 PM	0.40 L	5:59 PM	5.23 H	No PM Low	
14	Wed	12:45 AM	-0.06 L	06:43 AM	5.13 H	1:00 PM	-0.00 L	6:54 PM	5.50 H
15	Thu	1:32 AM	-0.40 L	07:31 AM	5.61 H	1:53 PM	-0.35 L	7:44 PM	5.67 H
16	Fri	2:19 AM	-0.64 L	08:17 AM	5.99 H	2:45 PM	-0.61 L	8:33 PM	5.71 H
17	Sat	3:06 AM	-0.76 L	09:03 AM	6.21 H	3:37 PM	-0.73 L	9:23 PM	5.59 H
18	Sun	3:53 AM	-0.73 L	09:52 AM	6.24 H	4:29 PM	-0.70 L	10:16 PM	5.34 H
19	Mon	4:40 AM	-0.54 L	10:44 AM	6.11 H	5:20 PM	-0.52 L	11:15 PM	5.03 H
20	Tue	5:29 AM	-0.22 L	11:42 AM	5.85 H	6:14 PM	-0.21 L	No PM High	
21	Wed	12:18 AM	4.72 H	6:22 AM	0.20 L	12:42 PM	5.54 H	7:14 PM	0.13 L
22	Thu	1:21 AM	4.48 H	7:23 AM	0.60 L	1:43 PM	5.24 H	8:18 PM	0.40 L
23	Fri	2:23 AM	4.32 H	8:32 AM	0.89 L	2:43 PM	4.97 H	9:24 PM	0.52 L
24	Sat	3:25 AM	4.24 H	9:41 AM	0.98 L	3:44 PM	4.78 H	10:24 PM	0.50 L
25	Sun	4:26 AM	4.27 H	10:42 AM	0.92 L	4:45 PM	4.69 H	11:17 PM	0.41 L
26	Mon	5:25 AM	4.41 H	11:36 AM	0.79 L	5:41 PM	4.69 H	No PM Low	
27	Tue	12:03 AM	0.31 L	6:17 AM	4.61 H	12:24 PM	0.64 L	6:31 PM	4.74 H
28	Wed	12:45 AM	0.22 L	7:02 AM	4.83 H	1:10 PM	0.50 L	7:15 PM	4.79 H
29	Thu	1:25 AM	0.15 L	7:41 AM	5.01 H	1:54 PM	0.37 L	7:55 PM	4.80 H
30	Fri	2:04 AM	0.13 L	8:17 AM	5.14 H	2:36 PM	0.28 L	8:32 PM	4.75 H
31	Sat	2:41 AM	0.15 L	8:49 AM	5.19 H	3:17 PM	0.22 L	9:09 PM	4.63 H

TIDES
October

Your local on-water
assistance experts.

Tarrytown									
1	Thu	4:36 AM	0.07 L	10:35 AM	3.60 H	4:58 PM	0.25 L	10:48 PM	3.59 H
2	Fri	5:13 AM	0.09 L	11:10 AM	3.62 H	5:38 PM	0.25 L	11:24 PM	3.48 H
3	Sat	5:48 AM	0.15 L	11:43 AM	3.59 H	6:17 PM	0.30 L	No PM High	
4	Sun	12:01 AM	3.33 H	6:21 AM	0.26 L	12:14 PM	3.52 H	6:54 PM	0.39 L
5	Mon	12:39 AM	3.15 H	6:50 AM	0.40 L	12:42 PM	3.44 H	7:31 PM	0.51 L
6	Tue	1:19 AM	2.97 H	7:16 AM	0.55 L	1:11 PM	3.35 H	8:08 PM	0.65 L
7	Wed	2:02 AM	2.81 H	7:42 AM	0.69 L	1:46 PM	3.28 H	8:52 PM	0.79 L
8	Thu	2:49 AM	2.70 H	8:16 AM	0.82 L	2:31 PM	3.23 H	9:55 PM	0.89 L
9	Fri	3:40 AM	2.64 H	9:06 AM	0.93 L	3:26 PM	3.21 H	11:08 PM	0.87 L
10	Sat	4:35 AM	2.65 H	10:38 AM	0.97 L	4:27 PM	3.24 H	No PM Low	
11	Sun	12:11 AM	0.73 L	5:36 AM	2.75 H	12:04 PM	0.83 L	5:34 PM	3.32 H
12	Mon	1:05 AM	0.50 L	6:40 AM	2.96 H	1:07 PM	0.57 L	6:44 PM	3.47 H
13	Tue	1:54 AM	0.23 L	7:39 AM	3.25 H	2:03 PM	0.28 L	7:48 PM	3.66 H
14	Wed	2:42 AM	-0.04 L	8:32 AM	3.59 H	2:57 PM	-0.00 L	8:43 PM	3.85 H
15	Thu	3:29 AM	-0.28 L	09:20 AM	3.93 H	3:50 PM	-0.25 L	9:33 PM	3.97 H
16	Fri	4:16 AM	-0.45 L	10:06 AM	4.19 H	4:42 PM	-0.43 L	10:22 PM	4.00 H
17	Sat	5:03 AM	-0.53 L	10:52 AM	4.34 H	5:34 PM	-0.51 L	11:12 PM	3.91 H
18	Sun	5:50 AM	-0.51 L	11:41 AM	4.37 H	6:26 PM	-0.49 L	No PM High	
19	Mon	12:05 AM	3.74 H	6:37 AM	-0.38 L	12:33 PM	4.27 H	7:17 PM	-0.36 L
20	Tue	1:04 AM	3.52 H	7:26 AM	-0.15 L	1:31 PM	4.10 H	8:11 PM	-0.15 L
21	Wed	2:07 AM	3.31 H	8:19 AM	0.14 L	2:31 PM	3.88 H	9:11 PM	0.09 L
22	Thu	3:10 AM	3.14 H	9:20 AM	0.42 L	3:32 PM	3.67 H	10:15 PM	0.28 L
23	Fri	4:12 AM	3.02 H	10:29 AM	0.63 L	4:32 PM	3.48 H	11:21 PM	0.36 L
24	Sat	5:14 AM	2.97 H	11:38 AM	0.69 L	5:33 PM	3.35 H	No PM Low	
25	Sun	12:21 AM	0.35 L	6:15 AM	2.99 H	12:39 PM	0.65 L	6:34 PM	3.28 H
26	Mon	1:14 AM	0.29 L	7:14 AM	3.09 H	1:33 PM	0.55 L	7:30 PM	3.28 H
27	Tue	2:00 AM	0.22 L	8:06 AM	3.23 H	2:21 PM	0.45 L	8:20 PM	3.32 H
28	Wed	2:42 AM	0.15 L	8:51 AM	3.38 H	3:07 PM	0.35 L	9:04 PM	3.35 H
29	Thu	3:22 AM	0.11 L	9:30 AM	3.51 H	3:51 PM	0.26 L	9:44 PM	3.36 H
30	Fri	4:01 AM	0.09 L	10:06 AM	3.60 H	4:33 PM	0.19 L	10:21 PM	3.32 H
31	Sat	4:38 AM	0.10 L	10:38 AM	3.63 H	5:14 PM	0.16 L		3.24 H

TIDES
October

Spuyten Duyvil									
1	Thu	3:27 AM	0.08 L	9:38 AM	4.32 H	3:49 PM	0.30 L	9:51 PM	4.31 H
2	Fri	4:04 AM	0.10 L	10:13 AM	4.34 H	4:29 PM	0.30 L	10:27 PM	4.18 H
3	Sat	4:39 AM	0.18 L	10:46 AM	4.30 H	5:08 PM	0.36 L	11:04 PM	4.00 H
4	Sun	5:12 AM	0.31 L	11:17 AM	4.22 H	5:45 PM	0.47 L	11:42 PM	3.78 H
5	Mon	5:41 AM	0.48 L	11:45 AM	4.12 H	6:22 PM	0.61 L	No PM High	
6	Tue	12:22 AM	3.56 H	6:07 AM	0.66 L	12:14 PM	4.02 H	6:59 PM	0.79 L
7	Wed	1:05 AM	3.37 H	6:33 AM	0.83 L	12:49 PM	3.94 H	7:43 PM	0.95 L
8	Thu	1:52 AM	3.23 H	7:07 AM	0.99 L	1:34 PM	3.88 H	8:46 PM	1.06 L
9	Fri	2:43 AM	3.17 H	7:57 AM	1.12 L	2:29 PM	3.86 H	9:59 PM	1.04 L
10	Sat	3:38 AM	3.18 H	9:29 AM	1.16 L	3:30 PM	3.88 H	11:02 PM	0.87 L
11	Sun	4:39 AM	3.30 H	10:55 AM	0.99 L	4:37 PM	3.98 H	11:56 PM	0.60 L
12	Mon	5:43 AM	3.55 H	11:58 AM	0.69 L	5:47 PM	4.16 H	No PM Low	
13	Tue	12:45 AM	0.27 L	6:42 AM	3.90 H	12:54 PM	0.34 L	6:51 PM	4.39 H
14	Wed	1:33 AM	-0.05 L	07:35 AM	4.31 H	1:48 PM	-0.00 L	7:46 PM	4.62 H
15	Thu	2:20 AM	-0.33 L	08:23 AM	4.71 H	2:41 PM	-0.30 L	8:36 PM	4.77 H
16	Fri	3:07 AM	-0.54 L	09:09 AM	5.03 H	3:33 PM	-0.51 L	9:25 PM	4.79 H
17	Sat	3:54 AM	-0.64 L	09:55 AM	5.21 H	4:25 PM	-0.62 L	10:15 PM	4.69 H
18	Sun	4:41 AM	-0.61 L	10:44 AM	5.24 H	5:17 PM	-0.59 L	11:08 PM	4.48 H
19	Mon	5:28 AM	-0.46 L	11:36 AM	5.13 H	6:08 PM	-0.43 L	No PM High	
20	Tue	12:07 AM	4.22 H	6:17 AM	-0.18 L	12:34 PM	4.92 H	7:02 PM	-0.18 L
21	Wed	1:10 AM	3.97 H	7:10 AM	0.17 L	1:34 PM	4.66 H	8:02 PM	0.11 L
22	Thu	2:13 AM	3.77 H	8:11 AM	0.51 L	2:35 PM	4.40 H	9:06 PM	0.34 L
23	Fri	3:15 AM	3.63 H	9:20 AM	0.75 L	3:35 PM	4.18 H	10:12 PM	0.44 L
24	Sat	4:17 AM	3.56 H	10:29 AM	0.83 L	4:36 PM	4.02 H	11:12 PM	0.42 L
25	Sun	5:18 AM	3.59 H	11:30 AM	0.78 L	5:37 PM	3.94 H	No PM Low	
26	Mon	12:05 AM	0.35 L	6:17 AM	3.70 H	12:24 PM	0.67 L	6:33 PM	3.94 H
27	Tue	12:51 AM	0.26 L	7:09 AM	3.87 H	1:12 PM	0.54 L	7:23 PM	3.98 H
28	Wed	1:33 AM	0.18 L	7:54 AM	4.06 H	1:58 PM	0.42 L	8:07 PM	4.02 H
29	Thu	2:13 AM	0.13 L	8:33 AM	4.21 H	2:42 PM	0.31 L	8:47 PM	4.03 H
30	Fri	2:52 AM	0.11 L	9:09 AM	4.32 H	3:24 PM	0.23 L	9:24 PM	3.99 H
31	Sat	3:29 AM	0.12 L	9:41 AM	4.36 H	4:05 PM	0.19 L	10:01 PM	3.89 H



Haverstraw									
1	Thu	5:27 AM	0.13 L	11:18 AM	3.53 H	5:44 PM	0.35 L	11:25 PM	3.65 H
2	Fri	6:02 AM	0.14 L	11:54 AM	3.56 H	6:26 PM	0.42 L	No PM High	
3	Sat	12:01 AM	3.54 H	6:35 AM	0.17 L	12:28 PM	3.57 H	7:06 PM	0.51 L
4	Sun	12:36 AM	3.41 H	7:05 AM	0.23 L	1:00 PM	3.57 H	7:46 PM	0.61 L
5	Mon	1:12 AM	3.25 H	7:33 AM	0.29 L	1:30 PM	3.57 H	8:27 PM	0.73 L
6	Tue	1:51 AM	3.09 H	8:01 AM	0.37 L	2:04 PM	3.56 H	9:11 PM	0.84 L
7	Wed	2:35 AM	2.93 H	8:33 AM	0.46 L	2:44 PM	3.54 H	10:04 PM	0.93 L
8	Thu	3:25 AM	2.81 H	9:14 AM	0.55 L	3:32 PM	3.51 H	11:04 PM	0.97 L
9	Fri	4:21 AM	2.73 H	10:07 AM	0.62 L	4:26 PM	3.48 H	No PM Low	
10	Sat	12:07 AM	0.93 L	5:17 AM	2.71 H	11:18 AM	0.64 L	5:24 PM	3.47 H
11	Sun	1:06 AM	0.80 L	6:17 AM	2.77 H	12:38 PM	0.55 L	6:28 PM	3.49 H
12	Mon	2:00 AM	0.60 L	7:19 AM	2.94 H	1:46 PM	0.37 L	7:33 PM	3.57 H
13	Tue	2:48 AM	0.37 L	8:17 AM	3.19 H	2:45 PM	0.16 L	8:32 PM	3.69 H
14	Wed	3:33 AM	0.15 L	9:08 AM	3.49 H	3:40 PM	-0.02 L	9:24 PM	3.82 H
15	Thu	4:18 AM	-0.04 L	09:56 AM	3.78 H	4:34 PM	-0.14 L	10:13 PM	3.91 H
16	Fri	5:04 AM	-0.17 L	10:43 AM	4.01 H	5:28 PM	-0.19 L	11:02 PM	3.92 H
17	Sat	5:50 AM	-0.24 L	11:30 AM	4.16 H	6:22 PM	-0.17 L	11:51 PM	3.86 H
18	Sun	6:36 AM	-0.24 L	12:19 PM	4.21 H	7:14 PM	-0.08 L	No PM High	
19	Mon	12:42 AM	3.73 H	7:22 AM	-0.15 L	1:10 PM	4.17 H	8:07 PM	0.07 L
20	Tue	1:37 AM	3.55 H	8:11 AM	-0.00 L	2:05 PM	4.04 H	9:04 PM	0.24 L
21	Wed	2:38 AM	3.36 H	9:04 AM	0.19 L	3:05 PM	3.88 H	10:04 PM	0.40 L
22	Thu	3:44 AM	3.20 H	10:04 AM	0.37 L	4:08 PM	3.71 H	11:08 PM	0.50 L
23	Fri	4:47 AM	3.09 H	11:09 AM	0.50 L	5:09 PM	3.56 H	No PM Low	
24	Sat	12:12 AM	0.50 L	5:50 AM	3.02 H	12:15 PM	0.54 L	6:10 PM	3.45 H
25	Sun	1:12 AM	0.42 L	6:53 AM	3.02 H	1:18 PM	0.49 L	7:12 PM	3.38 H
26	Mon	2:06 AM	0.30 L	7:54 AM	3.09 H	2:14 PM	0.40 L	8:09 PM	3.38 H
27	Tue	2:52 AM	0.17 L	8:47 AM	3.22 H	3:05 PM	0.32 L	8:59 PM	3.42 H
28	Wed	3:34 AM	0.07 L	9:34 AM	3.37 H	3:53 PM	0.27 L	9:43 PM	3.44 H
29	Thu	4:13 AM	0.03 L	10:15 AM	3.50 H	4:39 PM	0.26 L	10:23 PM	3.44 H
30	Fri	4:50 AM	0.03 L	10:53 AM	3.61 H	5:23 PM	0.30 L	11:01 PM	3.40 H
31	Sat	5:26 AM	0.07 L	11:27 AM	3.68 H	6:07 PM	0.36 L	11:38 PM	3.32 H

Peekskill										
1	Thu	5:42 AM	0.06 L	11:14 AM	3.29 H	6:04 PM	0.23 L	11:27 PM	3.28 H	
2	Fri	6:19 AM	0.08 L	11:49 AM	3.31 H	6:44 PM	0.23 L	No PM High		
3	Sat	12:03 AM	3.19 H	6:54 AM	0.14 L	12:22 PM	3.28 H	7:23 PM	0.27 L	
4	Sun	12:40 AM	3.04 H	7:27 AM	0.24 L	12:53 PM	3.22 H	8:00 PM	0.35 L	
5	Mon	1:18 AM	2.88 H	7:56 AM	0.36 L	1:21 PM	3.14 H	8:37 PM	0.47 L	
6	Tue	1:58 AM	2.72 H	8:22 AM	0.50 L	1:50 PM	3.07 H	9:14 PM	0.60 L	
7	Wed	2:41 AM	2.57 H	8:48 AM	0.63 L	2:25 PM	3.00 H	9:58 PM	0.72 L	
8	Thu	3:28 AM	2.46 H	9:22 AM	0.75 L	3:10 PM	2.96 H	11:01 PM	0.81 L	
9	Fri	4:19 AM	2.41 H	10:12 AM	0.85 L	4:05 PM	2.94 H	No PM Low		
10	Sat	12:14 AM	0.80 L	5:14 AM	2.42 H	11:44 AM	0.89 L	5:06 PM	2.96 H	
11	Sun	1:17 AM	0.66 L	6:15 AM	2.52 H	1:10 PM	0.76 L	6:13 PM	3.03 H	
12	Mon	2:11 AM	0.45 L	7:19 AM	2.70 H	2:13 PM	0.53 L	7:23 PM	3.17 H	
13	Tue	3:00 AM	0.21 L	8:18 AM	2.97 H	3:09 PM	0.26 L	8:27 PM	3.35 H	
14	Wed	3:48 AM	-0.04 L	09:11 AM	3.29 H	4:03 PM	-0.00 L	9:22 PM	3.52 H	
15	Thu	4:35 AM	-0.25 L	09:59 AM	3.59 H	4:56 PM	-0.23 L	10:12 PM	3.63 H	
16	Fri	5:22 AM	-0.41 L	10:45 AM	3.83 H	5:48 PM	-0.39 L	11:01 PM	3.65 H	
17	Sat	6:09 AM	-0.49 L	11:31 AM	3.97 H	6:40 PM	-0.47 L	11:51 PM	3.58 H	
18	Sun	6:56 AM	-0.47 L	12:20 PM	3.99 H	7:32 PM	-0.45 L	No PM High		
19	Mon	12:44 AM	3.42 H	7:43 AM	-0.35 L	1:12 PM	3.91 H	8:23 PM	-0.33 L	
20	Tue	1:43 AM	3.22 H	8:32 AM	-0.14 L	2:10 PM	3.75 H	9:17 PM	-0.14 L	
21	Wed	2:46 AM	3.02 H	9:25 AM	0.13 L	3:10 PM	3.55 H	10:17 PM	0.08 L	
22	Thu	3:49 AM	2.87 H	10:26 AM	0.39 L	4:11 PM	3.35 H	11:21 PM	0.26 L	
23	Fri	4:51 AM	2.76 H	11:35 AM	0.57 L	5:11 PM	3.18 H	No PM Low		
24	Sat	12:27 AM	0.33 L	5:53 AM	2.71 H	12:44 PM	0.63 L	6:12 PM	3.06 H	
25	Sun	1:27 AM	0.32 L	6:54 AM	2.73 H	1:45 PM	0.59 L	7:13 PM	3.00 H	
26	Mon	2:20 AM	0.27 L	7:53 AM	2.82 H	2:39 PM	0.51 L	8:09 PM	3.00 H	
27	Tue	3:06 AM	0.20 L	8:45 AM	2.95 H	3:27 PM	0.41 L	8:59 PM	3.03 H	
28	Wed	3:48 AM	0.14 L	9:30 AM	3.09 H	4:13 PM	0.32 L	9:43 PM	3.07 H	
29	Thu	4:28 AM	0.10 L	10:09 AM	3.21 H	4:57 PM	0.24 L	10:23 PM	3.07 H	
30	Fri	5:07 AM	0.08 L	10:45 AM	3.29 H	5:39 PM	0.18 L	11:00 PM	3.04 H	
31	Sat	5:44 AM	0.10 L	11:17 AM	3.32 H	6:20 PM	0.14 L	11:37 PM	2.96 H	

TIDES October

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Poughkeepsie										
1	Thu	12:56 AM	3.54 H	7:25 AM	0.06 L	1:20 PM	3.49 H	7:47 PM	0.24 L	
2	Fri	1:33 AM	3.49 H	8:02 AM	0.08 L	1:55 PM	3.51 H	8:27 PM	0.24 L	
3	Sat	2:09 AM	3.38 H	8:37 AM	0.15 L	2:28 PM	3.48 H	9:06 PM	0.29 L	
4	Sun	2:46 AM	3.23 H	9:10 AM	0.25 L	2:59 PM	3.42 H	9:43 PM	0.38 L	
5	Mon	3:24 AM	3.06 H	9:39 AM	0.39 L	3:27 PM	3.34 H	10:20 PM	0.50 L	
6	Tue	4:04 AM	2.89 H	10:05 AM	0.53 L	3:56 PM	3.26 H	10:57 PM	0.64 L	
7	Wed	4:47 AM	2.73 H	10:31 AM	0.67 L	4:31 PM	3.19 H	11:41 PM	0.77 L	
8	Thu	5:34 AM	2.62 H	11:05 AM	0.80 L	5:16 PM	3.14 H	No PM Low		
9	Fri	12:44 AM	0.86 L	6:25 AM	2.56 H	11:55 AM	0.91 L	6:11 PM	3.12 H	
10	Sat	1:57 AM	0.85 L	7:20 AM	2.58 H	1:27 PM	0.94 L	7:12 PM	3.15 H	
11	Sun	3:00 AM	0.71 L	8:21 AM	2.67 H	2:53 PM	0.80 L	8:19 PM	3.22 H	
12	Mon	3:54 AM	0.48 L	9:25 AM	2.87 H	3:56 PM	0.56 L	9:29 PM	3.37 H	
13	Tue	4:43 AM	0.22 L	10:24 AM	3.16 H	4:52 PM	0.28 L	10:33 PM	3.56 H	
14	Wed	5:31 AM	-0.04 L	11:17 AM	3.49 H	5:46 PM	-0.00 L	11:28 PM	3.74 H	
15	Thu	6:18 AM	-0.27 L	12:05 PM	3.81 H	6:39 PM	-0.24 L	No PM High		
16	Fri	12:18 AM	3.86 H	7:05 AM	-0.43 L	12:51 PM	4.07 H	7:31 PM	-0.41 L	
17	Sat	1:07 AM	3.88 H	7:52 AM	-0.52 L	1:37 PM	4.22 H	8:23 PM	-0.50 L	
18	Sun	1:57 AM	3.80 H	8:39 AM	-0.50 L	2:26 PM	4.24 H	9:15 PM	-0.48 L	
19	Mon	2:50 AM	3.63 H	9:26 AM	-0.37 L	3:18 PM	4.15 H	10:06 PM	-0.35 L	
20	Tue	3:49 AM	3.42 H	10:15 AM	-0.15 L	4:16 PM	3.98 H	11:00 PM	-0.14 L	
21	Wed	4:52 AM	3.21 H	11:08 AM	0.13 L	5:16 PM	3.77 H	No PM Low		
22	Thu	12:00 AM	0.09 L	5:55 AM	3.05 H	12:09 PM	0.41 L	6:17 PM	3.56 H	
23	Fri	1:04 AM	0.27 L	6:57 AM	2.94 H	1:18 PM	0.61 L	7:17 PM	3.38 H	
24	Sat	2:10 AM	0.35 L	7:59 AM	2.88 H	2:27 PM	0.67 L	8:18 PM	3.25 H	
25	Sun	3:10 AM	0.34 L	9:00 AM	2.90 H	3:28 PM	0.63 L	9:19 PM	3.19 H	
26	Mon	4:03 AM	0.28 L	9:59 AM	3.00 H	4:22 PM	0.54 L	10:15 PM	3.19 H	
27	Tue	4:49 AM	0.21 L	10:51 AM	3.14 H	5:10 PM	0.44 L	11:05 PM	3.22 H	
28	Wed	5:31 AM	0.15 L	11:36 AM	3.28 H	5:56 PM	0.34 L	11:49 PM	3.26 H	
29	Thu	6:11 AM	0.10 L	12:15 PM	3.41 H	6:40 PM	0.25 L	No PM High		
30	Fri	12:29 AM	3.26 H	6:50 AM	0.09 L	12:51 PM	3.49 H	7:22 PM	0.19 L	
31	Sat	1:06 AM	3.23 H	7:27 AM	0.10 L	1:23 PM	3.53 H	8:03 PM	0.15 L	

TIDES October

Newburgh										
1	Thu	12:08 AM	3.23 H	6:42 AM	0.06 L	12:32 PM	3.19 H	7:04 PM	0.23 L	
2	Fri	12:45 AM	3.18 H	7:19 AM	0.08 L	1:07 PM	3.20 H	7:44 PM	0.23 L	
3	Sat	1:21 AM	3.08 H	7:54 AM	0.14 L	1:40 PM	3.18 H	8:23 PM	0.27 L	
4	Sun	1:58 AM	2.95 H	8:27 AM	0.24 L	2:11 PM	3.12 H	9:00 PM	0.35 L	
5	Mon	2:36 AM	2.79 H	8:56 AM	0.36 L	2:39 PM	3.04 H	9:37 PM	0.47 L	
6	Tue	3:16 AM	2.63 H	9:22 AM	0.50 L	3:08 PM	2.97 H	10:14 PM	0.60 L	
7	Wed	3:59 AM	2.49 H	9:48 AM	0.63 L	3:43 PM	2.91 H	10:58 PM	0.72 L	
8	Thu	4:46 AM	2.39 H	10:22 AM	0.75 L	4:28 PM	2.86 H	No PM Low		
9	Fri	12:01 AM	0.81 L	5:37 AM	2.34 H	11:12 AM	0.85 L	5:23 PM	2.85 H	
10	Sat	1:14 AM	0.80 L	6:32 AM	2.35 H	12:44 PM	0.89 L	6:24 PM	2.87 H	
11	Sun	2:17 AM	0.66 L	7:33 AM	2.44 H	2:10 PM	0.76 L	7:31 PM	2.94 H	
12	Mon	3:11 AM	0.45 L	8:37 AM	2.62 H	3:13 PM	0.53 L	8:41 PM	3.07 H	
13	Tue	4:00 AM	0.21 L	9:36 AM	2.88 H	4:09 PM	0.26 L	9:45 PM	3.24 H	
14	Wed	4:48 AM	-0.04 L	10:29 AM	3.18 H	5:03 PM	-0.00 L	10:40 PM	3.41 H	
15	Thu	5:35 AM	-0.25 L	11:17 AM	3.48 H	5:56 PM	-0.23 L	11:30 PM	3.52 H	
16	Fri	6:22 AM	-0.41 L	12:03 PM	3.71 H	6:48 PM	-0.39 L	No PM High		
17	Sat	12:19 AM	3.54 H	7:09 AM	-0.49 L	12:49 PM	3.85 H	7:40 PM	-0.47 L	
18	Sun	1:09 AM	3.46 H	7:56 AM	-0.47 L	1:38 PM	3.87 H	8:32 PM	-0.45 L	
19	Mon	2:02 AM	3.31 H	8:43 AM	-0.35 L	2:30 PM	3.79 H	9:23 PM	-0.33 L	
20	Tue	3:01 AM	3.12 H	9:32 AM	-0.14 L	3:28 PM	3.63 H	10:17 PM	-0.14 L	
21	Wed	4:04 AM	2.93 H	10:25 AM	0.13 L	4:28 PM	3.44 H	11:17 PM	0.08 L	
22	Thu	5:07 AM	2.78 H	11:26 AM	0.39 L	5:29 PM	3.25 H	No PM Low		
23	Fri	12:21 AM	0.26 L	6:09 AM	2.68 H	12:35 PM	0.57 L	6:29 PM	3.08 H	
24	Sat	1:27 AM	0.33 L	7:11 AM	2.63 H	1:44 PM	0.63 L	7:30 PM	2.96 H	
25	Sun	2:27 AM	0.32 L	8:12 AM	2.65 H	2:45 PM	0.59 L	8:31 PM	2.91 H	
26	Mon	3:20 AM	0.27 L	9:11 AM	2.73 H	3:39 PM	0.51 L	9:27 PM	2.91 H	
27	Tue	4:06 AM	0.20 L	10:03 AM	2.86 H	4:27 PM	0.41 L	10:17 PM	2.94 H	
28	Wed	4:48 AM	0.14 L	10:48 AM	2.99 H	5:13 PM	0.32 L	11:01 PM	2.97 H	
29	Thu	5:28 AM	0.10 L	11:27 AM	3.11 H	5:57 PM	0.24 L	11:41 PM	2.98 H	
30	Fri	6:07 AM	0.08 L	12:03 PM	3.19 H	6:39 PM	0.18 L	No PM High		
31	Sat	12:18 AM	2.94 H	6:44 AM	0.10 L	12:35 PM	3.21 H	7:20 PM	0.14 L	

SEATOW

Kingston										
1	Thu	1:42 AM	4.22 H	8:13 AM	0.08 L	2:06 PM	4.16 H	8:35 PM	0.29 L	
2	Fri	2:19 AM	4.16 H	8:50 AM	0.10 L	2:41 PM	4.18 H	9:15 PM	0.30 L	
3	Sat	2:55 AM	4.03 H	9:25 AM	0.17 L	3:14 PM	4.15 H	9:54 PM	0.35 L	
4	Sun	3:32 AM	3.85 H	9:58 AM	0.30 L	3:45 PM	4.07 H	10:31 PM	0.46 L	
5	Mon	4:10 AM	3.65 H	10:27 AM	0.47 L	4:13 PM	3.98 H	11:08 PM	0.60 L	
6	Tue	4:50 AM	3.44 H	10:53 AM	0.64 L	4:42 PM	3.88 H	11:45 PM	0.77 L	
7	Wed	5:33 AM	3.25 H	11:19 AM	0.81 L	5:17 PM	3.80 H	No PM Low		
8	Thu	12:29 AM	0.93 L	6:20 AM	3.12 H	11:53 AM	0.96 L	6:02 PM	3.74 H	
9	Fri	1:32 AM	1.04 L	7:11 AM	3.05 H	12:43 PM	1.09 L	6:57 PM	3.72 H	
10	Sat	2:45 AM	1.02 L	8:06 AM	3.07 H	2:15 PM	1.14 L	7:58 PM	3.75 H	
11	Sun	3:48 AM	0.85 L	9:07 AM	3.19 H	3:41 PM	0.97 L	9:05 PM	3.84 H	
12	Mon	4:42 AM	0.58 L	10:11 AM	3.42 H	4:44 PM	0.67 L	10:15 PM	4.01 H	
13	Tue	5:31 AM	0.27 L	11:10 AM	3.76 H	5:40 PM	0.33 L	11:19 PM	4.24 H	
14	Wed	6:19 AM	-0.05 L	12:03 PM	4.16 H	6:34 PM	-0.00 L	No PM High		
15	Thu	12:14 AM	4.45 H	7:06 AM	-0.32 L	12:51 PM	4.54 H	7:27 PM	-0.29 L	
16	Fri	1:04 AM	4.60 H	7:53 AM	-0.53 L	1:37 PM	4.85 H	8:19 PM	-0.50 L	
17	Sat	1:53 AM	4.62 H	8:40 AM	-0.62 L	2:23 PM	5.03 H	9:11 PM	-0.60 L	
18	Sun	2:43 AM	4.53 H	9:27 AM	-0.60 L	3:12 PM	5.05 H	10:03 PM	-0.58 L	
19	Mon	3:36 AM	4.32 H	10:14 AM	-0.44 L	4:04 PM	4.95 H	10:54 PM	-0.42 L	
20	Tue	4:35 AM	4.07 H	11:03 AM	-0.18 L	5:02 PM	4.74 H	11:48 PM	-0.17 L	
21	Wed	5:38 AM	3.83 H	11:56 AM	0.16 L	6:02 PM	4.49 H	No PM Low		
22	Thu	12:48 AM	0.11 L	6:41 AM	3.63 H	12:57 PM	0.50 L	7:03 PM	4.24 H	
23	Fri	1:52 AM	0.33 L	7:43 AM	3.50 H	2:06 PM	0.73 L	8:03 PM	4.03 H	
24	Sat	2:58 AM	0.43 L	8:45 AM	3.44 H	3:15 PM	0.81 L	9:04 PM	3.87 H	
25	Sun	3:58 AM	0.41 L	9:46 AM	3.46 H	4:16 PM	0.76 L	10:05 PM	3.80 H	
26	Mon	4:51 AM	0.34 L	10:45 AM	3.57 H	5:10 PM	0.65 L	11:01 PM	3.80 H	
27	Tue	5:37 AM	0.25 L	11:37 AM	3.74 H	5:58 PM	0.53 L	11:51 PM	3.84 H	
28	Wed	6:19 AM	0.18 L	12:22 PM	3.91 H	6:44 PM	0.41 L	No PM High		
29	Thu	12:35 AM	3.88 H	6:59 AM	0.12 L	1:01 PM	4.06 H	7:28 PM	0.30 L	
30	Fri	1:15 AM	3.89 H	7:38 AM	0.10 L	1:37 PM	4.16 H	8:10 PM	0.23 L	
31	Sat	1:52 AM	3.85 H	8:15 AM	0.12 L	2:09 PM	4.20 H	8:51 PM	0.18 L	

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Hudson									
1	Thu	3:20 AM	4.58 H	9:51 AM	0.08 L	3:44 PM	4.52 H	10:13 PM	0.30 L
2	Fri	3:57 AM	4.51 H	10:28 AM	0.10 L	4:19 PM	4.54 H	10:53 PM	0.31 L
3	Sat	4:33 AM	4.38 H	11:03 AM	0.18 L	4:52 PM	4.51 H	11:32 PM	0.37 L
4	Sun	5:10 AM	4.19 H	11:36 AM	0.32 L	5:23 PM	4.43 H	No PM Low	
5	Mon	12:09 AM	0.48 L	5:48 AM	3.96 H	12:05 PM	0.49 L	5:51 PM	4.32 H
6	Tue	12:46 AM	0.63 L	6:28 AM	3.73 H	12:31 PM	0.68 L	6:20 PM	4.21 H
7	Wed	1:23 AM	0.80 L	7:11 AM	3.54 H	12:57 PM	0.85 L	6:55 PM	4.13 H
8	Thu	2:07 AM	0.97 L	7:58 AM	3.39 H	1:31 PM	1.01 L	7:40 PM	4.07 H
9	Fri	3:10 AM	1.09 L	8:49 AM	3.32 H	2:21 PM	1.15 L	8:35 PM	4.04 H
10	Sat	4:23 AM	1.07 L	9:44 AM	3.33 H	3:53 PM	1.19 L	9:36 PM	4.07 H
11	Sun	5:26 AM	0.89 L	10:45 AM	3.46 H	5:19 PM	1.02 L	10:43 PM	4.17 H
12	Mon	6:20 AM	0.61 L	11:49 AM	3.71 H	6:22 PM	0.71 L	11:53 PM	4.36 H
13	Tue	7:09 AM	0.28 L	12:48 PM	4.09 H	7:18 PM	0.35 L	No PM High	
14	Wed	12:57 AM	4.60 H	7:57 AM	-0.05 L	1:41 PM	4.52 H	8:12 PM	-0.00 L
15	Thu	1:52 AM	4.84 H	8:44 AM	-0.34 L	2:29 PM	4.94 H	9:05 PM	-0.30 L
16	Fri	2:42 AM	4.99 H	9:31 AM	-0.55 L	3:15 PM	5.27 H	9:57 PM	-0.52 L
17	Sat	3:31 AM	5.02 H	10:18 AM	-0.65 L	4:01 PM	5.46 H	10:49 PM	-0.63 L
18	Sun	4:21 AM	4.92 H	11:05 AM	-0.63 L	4:50 PM	5.49 H	11:41 PM	-0.60 L
19	Mon	5:14 AM	4.70 H	11:52 AM	-0.47 L	5:42 PM	5.37 H	No PM Low	
20	Tue	12:32 AM	-0.45 L	06:13 AM	4.42 H	12:41 PM	-0.19 L	6:40 PM	5.15 H
21	Wed	1:26 AM	-0.18 L	07:16 AM	4.16 H	1:34 PM	0.17 L	7:40 PM	4.88 H
22	Thu	2:26 AM	0.11 L	8:19 AM	3.94 H	2:35 PM	0.52 L	8:41 PM	4.61 H
23	Fri	3:30 AM	0.35 L	9:21 AM	3.80 H	3:44 PM	0.77 L	9:41 PM	4.38 H
24	Sat	4:36 AM	0.45 L	10:23 AM	3.73 H	4:53 PM	0.85 L	10:42 PM	4.21 H
25	Sun	5:36 AM	0.43 L	11:24 AM	3.76 H	5:54 PM	0.80 L	11:43 PM	4.13 H
26	Mon	6:29 AM	0.36 L	12:23 PM	3.88 H	6:48 PM	0.68 L	No PM High	
27	Tue	12:39 AM	4.13 H	7:15 AM	0.27 L	1:15 PM	4.06 H	7:36 PM	0.55 L
28	Wed	1:29 AM	4.17 H	7:57 AM	0.19 L	2:00 PM	4.25 H	8:22 PM	0.43 L
29	Thu	2:13 AM	4.21 H	8:37 AM	0.13 L	2:39 PM	4.41 H	9:06 PM	0.32 L
30	Fri	2:53 AM	4.22 H	9:16 AM	0.11 L	3:15 PM	4.52 H	9:48 PM	0.24 L
31	Sat	3:30 AM	4.18 H	9:53 AM	0.13 L	3:47 PM	4.56 H	10:29 PM	0.19 L

Your local on-water assistance experts.

seatow.com

800-4-SEATOW

Albany									
1	Thu	4:39 AM	5.30 H	11:40 AM	-0.32 L	5:08 PM	5.22 H	11:57 PM	0.03 L
2	Fri	5:19 AM	5.18 H	12:16 PM	-0.19 L	5:46 PM	5.21 H	No PM Low	
3	Sat	12:40 AM	0.14 L	5:58 AM	5.00 H	12:48 PM	-0.02 L	6:21 PM	5.18 H
4	Sun	1:21 AM	0.27 L	6:36 AM	4.80 H	1:17 PM	0.13 L	6:49 PM	5.17 H
5	Mon	2:02 AM	0.41 L	7:14 AM	4.59 H	1:42 PM	0.24 L	7:04 PM	5.21 H
6	Tue	2:44 AM	0.53 L	7:52 AM	4.40 H	2:06 PM	0.32 L	7:22 PM	5.30 H
7	Wed	3:30 AM	0.65 L	8:31 AM	4.24 H	2:38 PM	0.41 L	7:58 PM	5.37 H
8	Thu	4:20 AM	0.75 L	9:19 AM	4.10 H	3:20 PM	0.53 L	8:44 PM	5.35 H
9	Fri	5:17 AM	0.81 L	10:22 AM	4.01 H	4:14 PM	0.68 L	9:36 PM	5.25 H
10	Sat	6:16 AM	0.79 L	11:29 AM	4.01 H	5:25 PM	0.81 L	10:38 PM	5.11 H
11	Sun	7:16 AM	0.68 L	12:32 PM	4.12 H	6:49 PM	0.82 L	No PM High	
12	Mon	12:01 AM	5.03 H	8:12 AM	0.47 L	1:30 PM	4.37 H	8:03 PM	0.67 L
13	Tue	1:26 AM	5.11 H	9:06 AM	0.21 L	2:23 PM	4.70 H	9:08 PM	0.42 L
14	Wed	2:28 AM	5.28 H	9:56 AM	-0.04 L	3:11 PM	5.06 H	10:06 PM	0.14 L
15	Thu	3:21 AM	5.43 H	10:44 AM	-0.25 L	3:57 PM	5.40 H	11:02 PM	-0.10 L
16	Fri	4:10 AM	5.51 H	11:30 AM	-0.38 L	4:41 PM	5.66 H	11:55 PM	-0.26 L
17	Sat	4:59 AM	5.49 H	12:16 PM	-0.42 L	5:25 PM	5.82 H	No PM Low	
18	Sun	12:47 AM	-0.32 L	05:49 AM	5.37 H	1:02 PM	-0.37 L	6:12 PM	5.87 H
19	Mon	1:39 AM	-0.29 L	06:43 AM	5.19 H	1:49 PM	-0.25 L	7:03 PM	5.82 H
20	Tue	2:33 AM	-0.18 L	07:41 AM	4.99 H	2:37 PM	-0.09 L	7:59 PM	5.70 H
21	Wed	3:28 AM	-0.04 L	08:42 AM	4.82 H	3:29 PM	0.10 L	8:59 PM	5.54 H
22	Thu	4:24 AM	0.09 L	9:43 AM	4.72 H	4:25 PM	0.28 L	10:01 PM	5.38 H
23	Fri	5:22 AM	0.19 L	10:45 AM	4.68 H	5:24 PM	0.41 L	11:03 PM	5.25 H
24	Sat	6:19 AM	0.21 L	11:45 AM	4.71 H	6:23 PM	0.48 L	No PM High	
25	Sun	12:04 AM	5.18 H	7:15 AM	0.17 L	12:43 PM	4.81 H	7:23 PM	0.47 L
26	Mon	1:02 AM	5.17 H	8:08 AM	0.09 L	1:39 PM	4.97 H	8:19 PM	0.40 L
27	Tue	1:57 AM	5.21 H	8:58 AM	-0.01 L	2:31 PM	5.17 H	9:13 PM	0.30 L
28	Wed	2:46 AM	5.26 H	9:43 AM	-0.07 L	3:18 PM	5.35 H	10:03 PM	0.21 L
29	Thu	3:32 AM	5.28 H	10:25 AM	-0.08 L	4:01 PM	5.47 H	10:50 PM	0.16 L
30	Fri	4:14 AM	5.22 H	11:04 AM	-0.01 L	4:40 PM	5.53 H	11:35 PM	0.16 L
31	Sat	4:55 AM	5.09 H	11:39 AM	0.10 L	5:15 PM	5.53 H	No PM Low	

boatingonthehudson.com

Castleton									
1	Thu	4:22 AM	5.10 H	11:11 AM	-0.22 L	4:51 PM	5.02 H	11:28 PM	0.13 L
2	Fri	5:02 AM	4.98 H	11:47 AM	-0.09 L	5:29 PM	5.01 H	No PM Low	
3	Sat	12:11 AM	0.24 L	5:41 AM	4.80 H	12:19 PM	0.08 L	6:04 PM	4.98 H
4	Sun	12:52 AM	0.37 L	6:19 AM	4.60 H	12:48 PM	0.23 L	6:32 PM	4.97 H
5	Mon	1:33 AM	0.51 L	6:57 AM	4.39 H	1:13 PM	0.34 L	6:47 PM	5.01 H
6	Tue	2:15 AM	0.63 L	7:35 AM	4.20 H	1:37 PM	0.42 L	7:05 PM	5.10 H
7	Wed	3:01 AM	0.74 L	8:14 AM	4.04 H	2:09 PM	0.51 L	7:41 PM	5.17 H
8	Thu	3:51 AM	0.85 L	9:02 AM	3.90 H	2:51 PM	0.63 L	8:27 PM	5.15 H
9	Fri	4:48 AM	0.91 L	10:05 AM	3.81 H	3:45 PM	0.78 L	9:19 PM	5.05 H
10	Sat	5:47 AM	0.89 L	11:12 AM	3.81 H	4:56 PM	0.91 L	10:21 PM	4.91 H
11	Sun	6:47 AM	0.78 L	12:15 PM	3.92 H	6:20 PM	0.93 L	11:44 PM	4.83 H
12	Mon	7:43 AM	0.57 L	1:13 PM	4.17 H	7:34 PM	0.77 L	No PM High	
13	Tue	1:09 AM	4.91 H	8:37 AM	0.32 L	2:06 PM	4.50 H	8:39 PM	0.52 L
14	Wed	2:11 AM	5.08 H	9:27 AM	0.06 L	2:54 PM	4.86 H	9:37 PM	0.24 L
15	Thu	3:04 AM	5.23 H	10:15 AM	-0.15 L	3:40 PM	5.20 H	10:33 PM	-0.00 L
16	Fri	3:53 AM	5.31 H	11:01 AM	-0.28 L	4:24 PM	5.46 H	11:26 PM	-0.16 L
17	Sat	4:42 AM	5.29 H	11:47 AM	-0.32 L	5:08 PM	5.62 H	No PM Low	
18	Sun	12:18 AM	-0.22 L	05:32 AM	5.17 H	12:33 PM	-0.27 L	5:55 PM	5.67 H
19	Mon	1:10 AM	-0.19 L	06:26 AM	4.99 H	1:20 PM	-0.15 L	6:46 PM	5.62 H
20	Tue	2:04 AM	-0.08 L	07:24 AM	4.79 H	2:08 PM	0.01 L	7:42 PM	5.50 H
21	Wed	2:59 AM	0.06 L	8:25 AM	4.62 H	3:00 PM	0.20 L	8:42 PM	5.34 H
22	Thu	3:55 AM	0.19 L	9:26 AM	4.52 H	3:56 PM	0.38 L	9:44 PM	5.18 H
23	Fri	4:53 AM	0.29 L	10:28 AM	4.48 H	4:55 PM	0.51 L	10:46 PM	5.05 H
24	Sat	5:50 AM	0.31 L	11:28 AM	4.50 H	5:54 PM	0.58 L	11:47 PM	4.98 H
25	Sun	6:46 AM	0.27 L	12:26 PM	4.61 H	6:54 PM	0.57 L	No PM High	
26	Mon	12:45 AM	4.97 H	7:39 AM	0.19 L	1:22 PM	4.78 H	7:50 PM	0.50 L
27	Tue	1:40 AM	5.01 H	8:29 AM	0.09 L	2:14 PM	4.97 H	8:44 PM	0.40 L
28	Wed	2:29 AM	5.07 H	9:14 AM	0.03 L	3:01 PM	5.15 H	9:34 PM	0.32 L
29	Thu	3:15 AM	5.08 H	9:56 AM	0.02 L	3:44 PM	5.27 H	10:21 PM	0.26 L
30	Fri	3:57 AM	5.02 H	10:35 AM	0.09 L	4:23 PM	5.33 H	11:06 PM	0.26 L
31	Sat	4:38 AM	4.89 H	11:10 AM	0.20 L	4:58 PM	5.33 H	11:49 PM	0.30 L

TIDES

Troy									
1	Thu	4:47 AM	5.30 H	11:50 AM	-0.32 L	5:16 PM	5.22 H	No PM Low	
2	Fri	12:07 AM	0.03 L	5:27 AM	5.18 H	12:26 PM	-0.19 L	5:54 PM	5.21 H
3	Sat	12:50 AM	0.14 L	6:06 AM	5.00 H	12:58 PM	-0.02 L	6:29 PM	5.18 H
4	Sun	1:31 AM	0.27 L	6:44 AM	4.80 H	1:27 PM	0.13 L	6:57 PM	5.17 H
5	Mon	2:12 AM	0.41 L	7:22 AM	4.59 H	1:52 PM	0.24 L	7:12 PM	5.21 H
6	Tue	2:54 AM	0.53 L	8:00 AM	4.40 H	2:16 PM	0.32 L	7:30 PM	5.30 H
7	Wed	3:40 AM	0.65 L	8:39 AM	4.24 H	2:48 PM	0.41 L	8:06 PM	5.37 H
8	Thu	4:30 AM	0.75 L	9:27 AM	4.10 H	3:30 PM	0.53 L	8:52 PM	5.35 H
9	Fri	5:27 AM	0.81 L	10:30 AM	4.01 H	4:24 PM	0.68 L	9:44 PM	5.25 H
10	Sat	6:26 AM	0.79 L	11:37 AM	4.01 H	5:35 PM	0.81 L	10:46 PM	5.11 H
11	Sun	7:26 AM	0.68 L	12:40 PM	4.12 H	6:59 PM	0.82 L	No PM High	
12	Mon	12:09 AM	5.03 H	8:22 AM	0.47 L	1:38 PM	4.37 H	8:13 PM	0.67 L
13	Tue	1:34 AM	5.11 H	9:16 AM	0.21 L	2:31 PM	4.70 H	9:18 PM	0.42 L
14	Wed	2:36 AM	5.28 H	10:06 AM	-0.04 L	3:19 PM	5.06 H	10:16 PM	0.14 L
15	Thu	3:29 AM	5.43 H	10:54 AM	-0.25 L	4:05 PM	5.40 H	11:12 PM	-0.10 L
16	Fri	4:18 AM	5.51 H	11:40 AM	-0.38 L	4:49 PM	5.66 H	No PM Low	
17	Sat	12:05 AM	-0.26 L	05:07 AM	5.49 H	12:26 PM	-0.42 L	5:33 PM	5.82 H
18	Sun	12:57 AM	-0.32 L	05:57 AM	5.37 H	1:12 PM	-0.37 L	6:20 PM	5.87 H
19	Mon	1:49 AM	-0.29 L	06:51 AM	5.19 H	1:59 PM	-0.25 L	7:11 PM	5.82 H
20	Tue	2:43 AM	-0.18 L	07:49 AM	4.99 H	2:47 PM	-0.09 L	8:07 PM	5.70 H
21	Wed	3:38 AM	-0.04 L	08:50 AM	4.82 H	3:39 PM	0.10 L	9:07 PM	5.54 H
22	Thu	4:34 AM	0.09 L	9:51 AM	4.72 H	4:35 PM	0.28 L	10:09 PM	5.38 H
23	Fri	5:32 AM	0.19 L	10:53 AM	4.68 H	5:34 PM	0.41 L	11:11 PM	5.25 H
24	Sat	6:29 AM	0.21 L	11:53 AM	4.71 H	6:33 PM	0.48 L	No PM High	
25	Sun	12:12 AM	5.18 H	7:25 AM	0.17 L	12:51 PM	4.81 H	7:33 PM	0.47 L
26	Mon	1:10 AM	5.17 H	8:18 AM	0.09 L	1:47 PM	4.97 H	8:29 PM	0.40 L
27	Tue	2:05 AM	5.21 H	9:08 AM	-0.01 L	2:39 PM	5.17 H	9:23 PM	0.30 L
28	Wed	2:54 AM	5.26 H	9:53 AM	-0.07 L	3:26 PM	5.35 H	10:13 PM	0.21 L
29	Thu	3:40 AM	5.28 H	10:35 AM	-0.08 L	4:09 PM	5.47 H	11:00 PM	0.16 L
30	Fri	4:22 AM	5.22 H	11:14 AM	-0.01 L	4:48 PM	5.53 H	11:45 PM	0.16 L
31	Sat	5:03 AM	5.09 H	11:49 AM	0.10 L	5:23 PM	5.53 H	No PM Low	