

Hudson								
1	Sun	4:47 AM	1.09 L	10:14 AM	3.53 H	4:45 PM	0.89 L	10:44 PM 4.03 H
2	Mon	5:44 AM	1.04 L	11:09 AM	3.39 H	5:37 PM	0.95 L	11:35 PM 4.03 H
3	Tue	6:36 AM	0.93 L	12:09 PM	3.35 H	6:26 PM	0.94 L	No PM High
4	Wed	12:29 AM	4.10 H	7:24 AM	0.78 L	1:06 PM	3.41 H	7:13 PM 0.88 L
5	Thu	1:20 AM	4.22 H	8:10 AM	0.62 L	1:58 PM	3.54 H	8:00 PM 0.77 L
6	Fri	2:06 AM	4.38 H	8:56 AM	0.45 L	2:42 PM	3.70 H	8:46 PM 0.63 L
7	Sat	2:46 AM	4.54 H	9:39 AM	0.29 L	3:23 PM	3.85 H	9:32 PM 0.49 L
8	Sun	3:22 AM	4.67 H	10:21 AM	0.13 L	4:01 PM	3.98 H	10:16 PM 0.36 L
9	Mon	3:57 AM	4.75 H	11:01 AM	0.01 L	4:38 PM	4.10 H	10:59 PM 0.26 L
10	Tue	4:33 AM	4.78 H	11:40 AM	-0.07 L	5:17 PM	4.21 H	11:42 PM 0.21 L
11	Wed	5:12 AM	4.74 H	12:18 PM	-0.09 L	6:00 PM	4.32 H	No PM Low
12	Thu	12:25 AM	0.24 L	5:57 AM	4.63 H	12:56 PM	-0.04 L	6:46 PM 4.43 H
13	Fri	1:12 AM	0.33 L	6:47 AM	4.46 H	1:37 PM	0.06 L	7:36 PM 4.53 H
14	Sat	2:06 AM	0.46 L	7:42 AM	4.26 H	2:25 PM	0.22 L	8:28 PM 4.61 H
15	Sun	3:13 AM	0.58 L	8:40 AM	4.06 H	3:25 PM	0.38 L	9:22 PM 4.65 H
16	Mon	4:25 AM	0.60 L	9:41 AM	3.88 H	4:34 PM	0.47 L	10:21 PM 4.68 H
17	Tue	5:33 AM	0.50 L	10:50 AM	3.77 H	5:40 PM	0.46 L	11:27 PM 4.72 H
18	Wed	6:35 AM	0.33 L	12:03 PM	3.78 H	6:41 PM	0.37 L	No PM High
19	Thu	12:36 AM	4.81 H	7:32 AM	0.14 L	1:13 PM	3.92 H	7:39 PM 0.25 L
20	Fri	1:38 AM	4.95 H	8:26 AM	-0.04 L	2:13 PM	4.13 H	8:34 PM 0.13 L
21	Sat	2:33 AM	5.07 H	9:18 AM	-0.19 L	3:05 PM	4.33 H	9:28 PM 0.04 L
22	Sun	3:23 AM	5.12 H	10:06 AM	-0.28 L	3:53 PM	4.47 H	10:18 PM 0.01 L
23	Mon	4:09 AM	5.08 H	10:52 AM	-0.31 L	4:39 PM	4.53 H	11:06 PM 0.05 L
24	Tue	4:54 AM	4.94 H	11:34 AM	-0.24 L	5:25 PM	4.52 H	11:51 PM 0.17 L
25	Wed	5:39 AM	4.71 H	12:14 PM	-0.09 L	6:11 PM	4.46 H	No PM Low
26	Thu	12:35 AM	0.36 L	6:25 AM	4.44 H	12:53 PM	0.14 L	6:57 PM 4.37 H
27	Fri	1:20 AM	0.60 L	7:12 AM	4.16 H	1:30 PM	0.42 L	7:42 PM 4.26 H
28	Sat	2:08 AM	0.85 L	8:00 AM	3.88 H	2:09 PM	0.72 L	8:25 PM 4.14 H
29	Sun	3:02 AM	1.06 L	8:48 AM	3.63 H	2:53 PM	0.98 L	9:08 PM 4.04 H
30	Mon	4:04 AM	1.18 L	9:39 AM	3.44 H	3:49 PM	1.18 L	9:54 PM 3.95 H
31	Tue	5:06 AM	1.18 L	10:33 AM	3.32 H	4:53 PM	1.25 L	10:45 PM 3.92 H

your local on-water assistance experts.

seatow.com

800-4-SEATOW

Albany								
1	Sun	6:27 AM	0.59 L	11:53 AM	4.04 H	6:18 PM	0.30 L	No PM High
2	Mon	12:23 AM	4.75 H	7:25 AM	0.50 L	12:49 PM	3.91 H	7:07 PM 0.40 L
3	Tue	1:14 AM	4.81 H	8:21 AM	0.32 L	1:45 PM	3.86 H	7:58 PM 0.43 L
4	Wed	2:03 AM	4.91 H	9:14 AM	0.10 L	2:38 PM	3.90 H	8:49 PM 0.40 L
5	Thu	2:49 AM	5.01 H	10:04 AM	-0.13 L	3:26 PM	3.98 H	9:39 PM 0.30 L
6	Fri	3:31 AM	5.11 H	10:50 AM	-0.31 L	4:11 PM	4.07 H	10:28 PM 0.18 L
7	Sat	4:08 AM	5.19 H	11:33 AM	-0.45 L	4:52 PM	4.17 H	11:15 PM 0.07 L
8	Sun	4:42 AM	5.24 H	12:15 PM	-0.53 L	5:31 PM	4.27 H	No PM Low
9	Mon	12:00 AM	-0.03 L	05:12 AM	5.28 H	12:55 PM	-0.57 L	6:07 PM 4.39 H
10	Tue	12:46 AM	-0.09 L	05:45 AM	5.29 H	1:35 PM	-0.59 L	6:43 PM 4.55 H
11	Wed	1:32 AM	-0.11 L	06:23 AM	5.26 H	2:14 PM	-0.58 L	7:21 PM 4.74 H
12	Thu	2:20 AM	-0.07 L	07:09 AM	5.16 H	2:54 PM	-0.54 L	8:03 PM 4.92 H
13	Fri	3:12 AM	0.00 L	8:00 AM	4.98 H	3:36 PM	-0.47 L	8:50 PM 5.05 H
14	Sat	4:09 AM	0.11 L	8:59 AM	4.74 H	4:23 PM	-0.35 L	9:43 PM 5.13 H
15	Sun	5:12 AM	0.20 L	10:06 AM	4.46 H	5:17 PM	-0.21 L	10:43 PM 5.13 H
16	Mon	6:19 AM	0.23 L	11:19 AM	4.22 H	6:18 PM	-0.08 L	11:48 PM 5.11 H
17	Tue	7:24 AM	0.14 L	12:30 PM	4.10 H	7:22 PM	-0.03 L	No PM High
18	Wed	12:54 AM	5.11 H	8:28 AM	-0.04 L	1:36 PM	4.12 H	8:25 PM -0.07 L
19	Thu	1:58 AM	5.17 H	9:27 AM	-0.28 L	2:37 PM	4.25 H	9:26 PM -0.20 L
20	Fri	2:56 AM	5.27 H	10:22 AM	-0.51 L	3:32 PM	4.42 H	10:22 PM -0.33 L
21	Sat	3:49 AM	5.34 H	11:13 AM	-0.68 L	4:24 PM	4.57 H	11:15 PM -0.41 L
22	Sun	4:38 AM	5.35 H	12:00 PM	-0.76 L	5:13 PM	4.66 H	No PM Low
23	Mon	12:05 AM	-0.40 L	05:25 AM	5.28 H	12:44 PM	-0.73 L	6:00 PM 4.70 H
24	Tue	12:53 AM	-0.30 L	06:12 AM	5.14 H	1:26 PM	-0.62 L	6:48 PM 4.70 H
25	Wed	1:39 AM	-0.13 L	06:59 AM	4.96 H	2:06 PM	-0.46 L	7:35 PM 4.69 H
26	Thu	2:26 AM	0.07 L	7:47 AM	4.74 H	2:44 PM	-0.27 L	8:22 PM 4.68 H
27	Fri	3:13 AM	0.27 L	8:36 AM	4.51 H	3:20 PM	-0.06 L	9:08 PM 4.67 H
28	Sat	4:02 AM	0.45 L	9:27 AM	4.27 H	3:55 PM	0.14 L	9:54 PM 4.65 H
29	Sun	4:55 AM	0.57 L	10:20 AM	4.04 H	4:30 PM	0.32 L	10:41 PM 4.62 H
30	Mon	5:50 AM	0.63 L	11:17 AM	3.84 H	5:12 PM	0.48 L	11:31 PM 4.59 H
31	Tue	6:48 AM	0.59 L	12:14 PM	3.72 H	6:07 PM	0.60 L	No PM High

TIDES August

TIDES August

Castleton								
1	Sun	5:58 AM	0.68 L	11:36 AM	3.85 H	5:49 PM	0.40 L	No PM High
2	Mon	12:06 AM	4.55 H	6:56 AM	0.59 L	12:32 PM	3.71 H	6:38 PM 0.49 L
3	Tue	12:57 AM	4.61 H	7:52 AM	0.42 L	1:28 PM	3.67 H	7:29 PM 0.53 L
4	Wed	1:46 AM	4.71 H	8:45 AM	0.20 L	2:21 PM	3.70 H	8:20 PM 0.49 L
5	Thu	2:32 AM	4.82 H	9:35 AM	-0.03 L	3:09 PM	3.78 H	9:10 PM 0.40 L
6	Fri	3:14 AM	4.92 H	10:21 AM	-0.22 L	3:54 PM	3.87 H	9:59 PM 0.28 L
7	Sat	3:51 AM	4.99 H	11:04 AM	-0.35 L	4:35 PM	3.97 H	10:46 PM 0.16 L
8	Sun	4:25 AM	5.04 H	11:46 AM	-0.43 L	5:14 PM	4.07 H	11:31 PM 0.07 L
9	Mon	4:55 AM	5.08 H	12:26 PM	-0.47 L	5:50 PM	4.20 H	No PM Low
10	Tue	12:17 AM	0.01 L	5:28 AM	5.09 H	1:06 PM	-0.49 L	6:26 PM 4.35 H
11	Wed	1:03 AM	-0.01 L	06:06 AM	5.06 H	1:45 PM	-0.48 L	7:04 PM 4.54 H
12	Thu	1:51 AM	0.03 L	6:52 AM	4.96 H	2:25 PM	-0.45 L	7:46 PM 4.72 H
13	Fri	2:43 AM	0.10 L	7:43 AM	4.79 H	3:07 PM	-0.37 L	8:33 PM 4.86 H
14	Sat	3:40 AM	0.21 L	8:42 AM	4.54 H	3:54 PM	-0.26 L	9:26 PM 4.93 H
15	Sun	4:43 AM	0.30 L	9:49 AM	4.27 H	4:48 PM	-0.11 L	10:26 PM 4.93 H
16	Mon	5:50 AM	0.33 L	11:02 AM	4.03 H	5:49 PM	0.02 L	11:31 PM 4.91 H
17	Tue	6:55 AM	0.24 L	12:13 PM	3.90 H	6:53 PM	0.07 L	No PM High
18	Wed	12:37 AM	4.91 H	7:59 AM	0.06 L	1:19 PM	3.92 H	7:56 PM 0.02 L
19	Thu	1:41 AM	4.98 H	8:58 AM	-0.18 L	2:20 PM	4.05 H	8:57 PM -0.10 L
20	Fri	2:39 AM	5.07 H	9:53 AM	-0.41 L	3:15 PM	4.22 H	9:53 PM -0.23 L
21	Sat	3:32 AM	5.14 H	10:44 AM	-0.58 L	4:07 PM	4.37 H	10:46 PM -0.31 L
22	Sun	4:21 AM	5.15 H	11:31 AM	-0.66 L	4:56 PM	4.46 H	11:36 PM -0.30 L
23	Mon	5:08 AM	5.08 H	12:15 PM	-0.63 L	5:43 PM	4.50 H	No PM Low
24	Tue	12:24 AM	-0.20 L	05:55 AM	4.95 H	12:57 PM	-0.53 L	6:31 PM 4.51 H
25	Wed	1:10 AM	-0.03 L	06:42 AM	4.76 H	1:37 PM	-0.36 L	7:18 PM 4.50 H
26	Thu	1:57 AM	0.17 L	7:30 AM	4.54 H	2:15 PM	-0.17 L	8:05 PM 4.48 H
27	Fri	2:44 AM	0.37 L	8:19 AM	4.31 H	2:51 PM	0.04 L	8:51 PM 4.47 H
28	Sat	3:33 AM	0.55 L	9:10 AM	4.07 H	3:26 PM	0.24 L	9:37 PM 4.45 H
29	Sun	4:26 AM	0.67 L	10:03 AM	3.84 H	4:01 PM	0.42 L	10:24 PM 4.42 H
30	Mon	5:21 AM	0.72 L	11:00 AM	3.65 H	4:43 PM	0.58 L	11:14 PM 4.40 H
31	Tue	6:19 AM	0.69 L	11:57 AM	3.53 H	5:38 PM	0.70 L	No PM High

Troy								
1	Sun	6:37 AM	0.59 L	12:01 PM	4.04 H	6:28 PM	0.30 L	No PM High
2	Mon	12:31 AM	4.75 H	7:35 AM	0.50 L	12:57 PM	3.91 H	7:17 PM 0.40 L
3	Tue	1:22 AM	4.81 H	8:31 AM	0.32 L	1:53 PM	3.86 H	8:08 PM 0.43 L
4	Wed	2:11 AM	4.91 H	9:24 AM	0.10 L	2:46 PM	3.90 H	8:59 PM 0.40 L
5	Thu	2:57 AM	5.01 H	10:14 AM	-0.13 L	3:34 PM	3.98 H	9:49 PM 0.30 L
6	Fri	3:39 AM	5.11 H	11:00 AM	-0.31 L	4:19 PM	4.07 H	10:38 PM 0.18 L
7	Sat	4:16 AM	5.19 H	11:43 AM	-0.45 L	5:00 PM	4.17 H	11:25 PM 0.07 L
8	Sun	4:50 AM	5.24 H	12:25 PM	-0.53 L	5:39 PM	4.27 H	No PM Low
9	Mon	12:10 AM	-0.03 L	05:20 AM	5.28 H	1:05 PM	-0.57 L	6:15 PM 4.39 H
10	Tue	12:56 AM	-0.09 L	05:53 AM	5.29 H	1:45 PM	-0.59 L	6:51 PM 4.55 H
11	Wed	1:42 AM	-0.11 L	06:31 AM	5.26 H	2:24 PM	-0.58 L	7:29 PM 4.74 H
12	Thu	2:30 AM	-0.07 L	07:17 AM	5.16 H	3:04 PM	-0.54 L	8:11 PM 4.92 H
13	Fri	3:22 AM	0.00 L	8:08 AM	4.98 H	3:46 PM	-0.47 L	8:58 PM 5.05 H
14	Sat	4:19 AM	0.11 L	9:07 AM	4.74 H	4:33 PM	-0.35 L	9:51 PM 5.13 H
15	Sun	5:22 AM	0.20 L	10:14 AM	4.46 H	5:27 PM	-0.21 L	10:51 PM 5.13 H
16	Mon	6:29 AM	0.23 L	11:27 AM	4.22 H	6:28 PM	-0.08 L	11:56 PM 5.11 H
17	Tue	7:34 AM	0.14 L	12:38 PM	4.10 H	7:32 PM	-0.03 L	No PM High
18	Wed	1:02 AM	5.11 H	8:38 AM	-0.04 L	1:44 PM	4.12 H	8:35 PM -0.07 L
19	Thu	2:06 AM	5.17 H	9:37 AM	-0.28 L	2:45 PM	4.25 H	9:36 PM -0.20 L
20	Fri	3:04 AM	5.27 H	10:32 AM	-0.51 L	3:40 PM	4.42 H	10:32 PM -0.33 L
21	Sat	3:57 AM	5.34 H	11:23 AM	-0.68 L	4:32 PM	4.57 H	11:25 PM -0.41 L
22	Sun	4:46 AM	5.35 H	12:10 PM	-0.76 L	5:21 PM	4.66 H	No PM Low
23	Mon	12:15 AM	-0.40 L	05:33 AM	5.28 H	12:54 PM	-0.73 L	6:08 PM 4.70 H
24	Tue	1:03 AM	-0.30 L	06:20 AM	5.14 H	1:36 PM	-0.62 L	6:56 PM 4.70 H
25	Wed	1:49 AM	-0.13 L	07:07 AM	4.96 H	2:16 PM	-0.46 L	7:43 PM 4.69 H
26	Thu	2:36 AM	0.07 L	7:55 AM	4.74 H	2:54 PM	-0.27 L	8:30 PM 4.68 H
27	Fri	3:23 AM	0.27 L	8:44 AM	4.51 H	3:30 PM	-0.06 L	9:16 PM 4.67 H
28	Sat	4:12 AM	0.45 L	9:35 AM	4.27 H	4:05 PM	0.14 L	10:02 PM 4.65 H
29	Sun	5:05 AM	0.57 L	10:28 AM	4.04 H	4:40 PM	0.32 L	10:49 PM 4.62 H
30	Mon	6:00 AM	0.63 L	11:25 AM	3.84 H	5:22 PM	0.48 L	11:39 PM 4.59 H
31	Tue	6:58 AM	0.59 L	12:22 PM	3.72 H	6:17 PM	0.60 L	No PM High

HUDSON VALLEY H2O

By Mary F. Foster, former mayor of Peekskill, NY

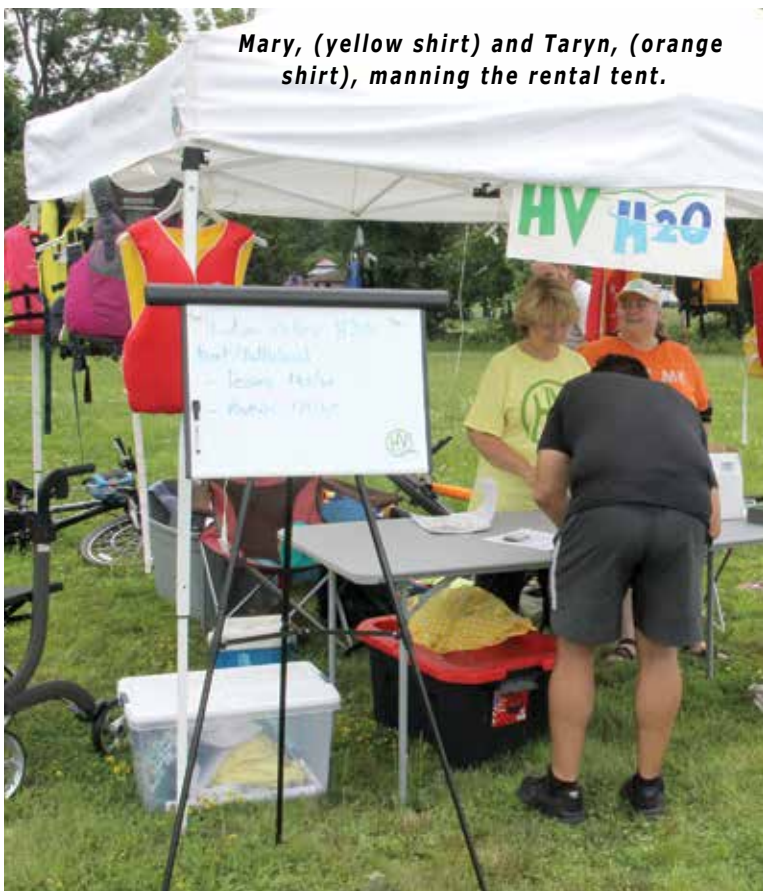


Ian, white shirt, and Jim, white hat, teaching beginners the art of standup paddling and kayaking

The Battery tide table with 30 rows of date, day, time, and tide data.

September TIDES

Spuyten Duyvil tide table with 30 rows of date, day, time, and tide data.



Mary, (yellow shirt) and Taryn, (orange shirt), manning the rental tent.

ropes to creating awareness and partnering with other community groups. Networking among the boating community has resulted in a paddle race now scheduled for October 9th.

The paddle race scheduled for 2020 had to be postponed due to COVID-19 as was the 2020 and 2021 spring fundraisers and the stand-up paddle board lessons for the 2020 summer season. But the volunteers made good use of the COVID shut down by: getting kayak certifications so kayak lessons could be offered; purchasing and refurbishing a trailer that stores a dozen boards; submitting a grant application under the City of Peekskill's DRI fund; and partnering with the City's Parks Department.

So with two years of operations under their belt, what has the volunteers and board members of HVH2O learned? Stay flexible. Be nimble. Look for partners and collaborators. Awareness takes time. Stay committed and consistent. Opportunities come at unexpected times so be ready. Respect each person's skills and contributions. Most importantly stay focused on the mission and vision. Don't get distracted. Six people can accomplish a lot when working together and in sync.

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49¢ a day! seatow.com \$179 a year



Tarrytown tide table with 30 rows of date, day, time, and tide data.

Haverstraw tide table with 30 rows of date, day, time, and tide data.

TRI-STATE SODA BLASTING advertisement featuring a person with a soda blaster, text about mobile cleaning and paint stripping, and contact information (914) 552-2618.

CROTON YACHT CLUB advertisement featuring a boat, text about marina facilities and mooring fees, and contact information CROTONYACHTCLUB.ORG | 914-271-6548.