

The Battery									
1	Thu	12:55 AM	0.55 L	6:40 AM	4.20 H	12:55 PM	0.46 L	7:04 PM	5.33 H
2	Fri	1:43 AM	0.26 L	7:27 AM	4.32 H	1:40 PM	0.34 L	7:44 PM	5.60 H
3	Sat	2:32 AM	-0.00 L	08:11 AM	4.42 H	2:27 PM	0.24 L	8:25 PM	5.79 H
4	Sun	3:20 AM	-0.20 L	08:58 AM	4.49 H	3:15 PM	0.17 L	9:09 PM	5.86 H
5	Mon	4:08 AM	-0.32 L	09:48 AM	4.51 H	4:04 PM	0.14 L	9:59 PM	5.83 H
6	Tue	4:56 AM	-0.34 L	10:44 AM	4.51 H	4:54 PM	0.19 L	10:56 PM	5.71 H
7	Wed	5:46 AM	-0.28 L	11:47 AM	4.53 H	5:48 PM	0.31 L	11:58 PM	5.54 H
8	Thu	6:39 AM	-0.16 L	12:49 PM	4.59 H	6:48 PM	0.49 L	No PM High	
9	Fri	1:00 AM	5.36 H	7:37 AM	-0.04 L	1:48 PM	4.69 H	7:55 PM	0.64 L
10	Sat	2:00 AM	5.16 H	8:37 AM	0.04 L	2:46 PM	4.82 H	9:06 PM	0.69 L
11	Sun	2:58 AM	4.94 H	9:36 AM	0.05 L	3:43 PM	4.97 H	10:12 PM	0.61 L
12	Mon	3:57 AM	4.73 H	10:31 AM	0.04 L	4:41 PM	5.13 H	11:12 PM	0.46 L
13	Tue	4:59 AM	4.56 H	11:22 AM	0.05 L	5:37 PM	5.30 H	No PM Low	
14	Wed	12:08 AM	0.30 L	5:59 AM	4.47 H	12:11 PM	0.09 L	6:30 PM	5.44 H
15	Thu	1:00 AM	0.17 L	6:55 AM	4.45 H	12:58 PM	0.18 L	7:17 PM	5.53 H
16	Fri	1:50 AM	0.07 L	7:45 AM	4.45 H	1:45 PM	0.28 L	8:01 PM	5.55 H
17	Sat	2:38 AM	0.01 L	8:32 AM	4.45 H	2:31 PM	0.39 L	8:42 PM	5.48 H
18	Sun	3:24 AM	0.00 L	9:18 AM	4.42 H	3:16 PM	0.50 L	9:22 PM	5.35 H
19	Mon	4:07 AM	0.05 L	10:04 AM	4.35 H	3:59 PM	0.62 L	10:03 PM	5.18 H
20	Tue	4:48 AM	0.15 L	10:51 AM	4.27 H	4:39 PM	0.76 L	10:45 PM	4.99 H
21	Wed	5:28 AM	0.30 L	11:39 AM	4.19 H	5:18 PM	0.92 L	11:29 PM	4.80 H
22	Thu	6:08 AM	0.48 L	12:27 PM	4.14 H	5:57 PM	1.10 L	No PM High	
23	Fri	12:13 AM	4.62 H	6:48 AM	0.65 L	1:12 PM	4.12 H	6:38 PM	1.28 L
24	Sat	12:55 AM	4.45 H	7:30 AM	0.80 L	1:54 PM	4.14 H	7:29 PM	1.42 L
25	Sun	1:35 AM	4.29 H	8:16 AM	0.90 L	2:34 PM	4.21 H	8:34 PM	1.48 L
26	Mon	2:15 AM	4.14 H	9:04 AM	0.94 L	3:14 PM	4.34 H	9:41 PM	1.39 L
27	Tue	3:00 AM	4.02 H	9:53 AM	0.91 L	3:56 PM	4.54 H	10:39 PM	1.18 L
28	Wed	3:52 AM	3.93 H	10:40 AM	0.82 L	4:43 PM	4.78 H	11:33 PM	0.90 L
29	Thu	4:54 AM	3.92 H	11:28 AM	0.69 L	5:34 PM	5.07 H	No PM Low	
30	Fri	12:25 AM	0.59 L	5:58 AM	4.01 H	12:18 PM	0.54 L	6:26 PM	5.37 H

June
Tides

Your local on-water
assistance experts.



\$199.
a year

Tarrytown									
1	Thu	2:52 AM	0.38 L	8:29 AM	2.94 H	2:52 PM	0.32 L	8:53 PM	3.73 H
2	Fri	3:40 AM	0.18 L	9:16 AM	3.02 H	3:37 PM	0.24 L	9:33 PM	3.92 H
3	Sat	4:29 AM	-0.00 L	10:00 AM	3.10 H	4:24 PM	0.17 L	10:14 PM	4.05 H
4	Sun	5:17 AM	-0.14 L	10:47 AM	3.14 H	5:12 PM	0.12 L	10:58 PM	4.10 H
5	Mon	6:05 AM	-0.22 L	11:37 AM	3.16 H	6:01 PM	0.10 L	11:48 PM	4.08 H
6	Tue	6:53 AM	-0.24 L	12:33 PM	3.16 H	6:51 PM	0.13 L	No PM High	
7	Wed	12:45 AM	3.99 H	7:43 AM	-0.20 L	1:36 PM	3.17 H	7:45 PM	0.22 L
8	Thu	1:47 AM	3.88 H	8:36 AM	-0.11 L	2:38 PM	3.21 H	8:45 PM	0.34 L
9	Fri	2:49 AM	3.75 H	9:34 AM	-0.03 L	3:37 PM	3.29 H	9:52 PM	0.45 L
10	Sat	3:49 AM	3.62 H	10:34 AM	0.03 L	4:35 PM	3.38 H	11:03 PM	0.48 L
11	Sun	4:47 AM	3.46 H	11:33 AM	0.04 L	5:32 PM	3.48 H	No PM Low	
12	Mon	12:09 AM	0.42 L	5:46 AM	3.31 H	12:28 PM	0.03 L	6:30 PM	3.59 H
13	Tue	1:09 AM	0.32 L	6:48 AM	3.19 H	1:19 PM	0.03 L	7:26 PM	3.71 H
14	Wed	2:05 AM	0.21 L	7:48 AM	3.13 H	2:08 PM	0.07 L	8:19 PM	3.81 H
15	Thu	2:57 AM	0.12 L	8:44 AM	3.11 H	2:55 PM	0.12 L	9:06 PM	3.87 H
16	Fri	3:47 AM	0.05 L	9:34 AM	3.12 H	3:42 PM	0.20 L	9:50 PM	3.88 H
17	Sat	4:35 AM	0.01 L	10:21 AM	3.11 H	4:28 PM	0.27 L	10:31 PM	3.84 H
18	Sun	5:21 AM	0.00 L	11:07 AM	3.09 H	5:13 PM	0.35 L	11:11 PM	3.75 H
19	Mon	6:04 AM	0.03 L	11:53 AM	3.05 H	5:56 PM	0.44 L	11:52 PM	3.63 H
20	Tue	6:45 AM	0.11 L	12:40 PM	2.99 H	6:36 PM	0.53 L	No PM High	
21	Wed	12:34 AM	3.49 H	7:25 AM	0.21 L	1:28 PM	2.94 H	7:15 PM	0.65 L
22	Thu	1:18 AM	3.36 H	8:05 AM	0.33 L	2:16 PM	2.90 H	7:54 PM	0.77 L
23	Fri	2:02 AM	3.23 H	8:45 AM	0.46 L	3:01 PM	2.88 H	8:35 PM	0.89 L
24	Sat	2:44 AM	3.11 H	9:27 AM	0.56 L	3:43 PM	2.90 H	9:26 PM	0.99 L
25	Sun	3:24 AM	3.00 H	10:13 AM	0.63 L	4:23 PM	2.95 H	10:31 PM	1.03 L
26	Mon	4:04 AM	2.90 H	11:01 AM	0.66 L	5:03 PM	3.04 H	11:38 PM	0.97 L
27	Tue	4:49 AM	2.81 H	11:50 AM	0.63 L	5:45 PM	3.17 H	No PM Low	
28	Wed	12:36 AM	0.83 L	5:41 AM	2.75 H	12:37 PM	0.57 L	6:32 PM	3.35 H
29	Thu	1:30 AM	0.63 L	6:43 AM	2.75 H	1:25 PM	0.48 L	7:23 PM	3.55 H
30	Fri	2:22 AM	0.41 L	7:47 AM	2.81 H	2:15 PM	0.38 L	8:15 PM	3.76 H

June
TIDES

Spuyten Duyvil									
1	Thu	1:43 AM	0.46 L	7:32 AM	3.53 H	1:43 PM	0.38 L	7:56 PM	4.47 H
2	Fri	2:31 AM	0.22 L	8:19 AM	3.63 H	2:28 PM	0.29 L	8:36 PM	4.70 H
3	Sat	3:20 AM	-0.00 L	09:03 AM	3.71 H	3:15 PM	0.20 L	9:17 PM	4.86 H
4	Sun	4:08 AM	-0.17 L	09:50 AM	3.77 H	4:03 PM	0.14 L	10:01 PM	4.92 H
5	Mon	4:56 AM	-0.27 L	10:40 AM	3.79 H	4:52 PM	0.12 L	10:51 PM	4.89 H
6	Tue	5:44 AM	-0.29 L	11:36 AM	3.79 H	5:42 PM	0.16 L	11:48 PM	4.79 H
7	Wed	6:34 AM	-0.24 L	12:39 PM	3.81 H	6:36 PM	0.26 L	No PM High	
8	Thu	12:50 AM	4.66 H	7:27 AM	-0.14 L	1:41 PM	3.86 H	7:36 PM	0.41 L
9	Fri	1:52 AM	4.50 H	8:25 AM	-0.03 L	2:40 PM	3.94 H	8:43 PM	0.54 L
10	Sat	2:52 AM	4.34 H	9:25 AM	0.03 L	3:38 PM	4.05 H	9:54 PM	0.58 L
11	Sun	3:50 AM	4.15 H	10:24 AM	0.04 L	4:35 PM	4.17 H	11:00 PM	0.51 L
12	Mon	4:49 AM	3.97 H	11:19 AM	0.04 L	5:33 PM	4.31 H	No PM Low	
13	Tue	12:00 AM	0.39 L	5:51 AM	3.83 H	12:10 PM	0.04 L	6:29 PM	4.45 H
14	Wed	12:56 AM	0.25 L	6:51 AM	3.76 H	12:59 PM	0.08 L	7:22 PM	4.57 H
15	Thu	1:48 AM	0.14 L	7:47 AM	3.74 H	1:46 PM	0.15 L	8:09 PM	4.65 H
16	Fri	2:38 AM	0.06 L	8:37 AM	3.74 H	2:33 PM	0.24 L	8:53 PM	4.66 H
17	Sat	3:26 AM	0.01 L	9:24 AM	3.74 H	3:19 PM	0.33 L	9:34 PM	4.60 H
18	Sun	4:12 AM	0.00 L	10:10 AM	3.71 H	4:04 PM	0.42 L	10:14 PM	4.50 H
19	Mon	4:55 AM	0.04 L	10:56 AM	3.66 H	4:47 PM	0.52 L	10:55 PM	4.35 H
20	Tue	5:36 AM	0.13 L	11:43 AM	3.59 H	5:27 PM	0.64 L	11:37 PM	4.19 H
21	Wed	6:16 AM	0.25 L	12:31 PM	3.52 H	6:06 PM	0.78 L	No PM High	
22	Thu	12:21 AM	4.03 H	6:56 AM	0.40 L	1:19 PM	3.48 H	6:45 PM	0.92 L
23	Fri	1:05 AM	3.88 H	7:36 AM	0.55 L	2:04 PM	3.46 H	7:26 PM	1.07 L
24	Sat	1:47 AM	3.74 H	8:18 AM	0.67 L	2:46 PM	3.48 H	8:17 PM	1.19 L
25	Sun	2:27 AM	3.60 H	9:04 AM	0.76 L	3:26 PM	3.54 H	9:22 PM	1.24 L
26	Mon	3:07 AM	3.48 H	9:52 AM	0.79 L	4:06 PM	3.65 H	10:29 PM	1.17 L
27	Tue	3:52 AM	3.37 H	10:41 AM	0.76 L	4:48 PM	3.81 H	11:27 PM	0.99 L
28	Wed	4:44 AM	3.30 H	11:28 AM	0.69 L	5:35 PM	4.01 H	No PM Low	
29	Thu	12:21 AM	0.76 L	5:46 AM	3.29 H	12:16 PM	0.58 L	6:26 PM	4.26 H
30	Fri	1:13 AM	0.50 L	6:50 AM	3.37 H	1:06 PM	0.45 L	7:18 PM	4.51 H

Haverstraw									
1	Thu	3:47 AM	0.56 L	9:11 AM	3.03 H	3:35 PM	0.23 L	9:42 PM	3.98 H
2	Fri	4:37 AM	0.51 L	9:55 AM	3.10 H	4:15 PM	0.27 L	10:19 PM	4.22 H
3	Sat	5:26 AM	0.49 L	10:38 AM	3.18 H	4:59 PM	0.31 L	10:59 PM	4.40 H
4	Sun	6:15 AM	0.47 L	11:24 AM	3.24 H	5:47 PM	0.35 L	11:42 PM	4.47 H
5	Mon	7:02 AM	0.46 L	12:12 PM	3.28 H	6:38 PM	0.36 L	No PM High	
6	Tue	12:29 AM	4.43 H	7:50 AM	0.44 L	1:05 PM	3.28 H	7:31 PM	0.38 L
7	Wed	1:22 AM	4.29 H	8:40 AM	0.41 L	2:05 PM	3.25 H	8:27 PM	0.40 L
8	Thu	2:21 AM	4.08 H	9:34 AM	0.36 L	3:10 PM	3.23 H	9:31 PM	0.42 L
9	Fri	3:25 AM	3.86 H	10:30 AM	0.28 L	4:15 PM	3.24 H	10:40 PM	0.43 L
10	Sat	4:28 AM	3.64 H	11:28 AM	0.18 L	5:16 PM	3.27 H	11:49 PM	0.41 L
11	Sun	5:28 AM	3.44 H	12:24 PM	0.07 L	6:16 PM	3.34 H	No PM Low	
12	Mon	12:57 AM	0.35 L	6:29 AM	3.27 H	1:19 PM	-0.01 L	7:17 PM	3.45 H
13	Tue	1:59 AM	0.28 L	7:30 AM	3.16 H	2:09 PM	-0.05 L	8:14 PM	3.62 H
14	Wed	2:57 AM	0.24 L	8:28 AM	3.13 H	2:56 PM	-0.01 L	9:05 PM	3.81 H
15	Thu	3:51 AM	0.24 L	9:21 AM	3.14 H	3:40 PM	0.10 L	9:51 PM	3.97 H
16	Fri	4:42 AM	0.29 L	10:10 AM	3.17 H	4:23 PM	0.26 L	10:32 PM	4.08 H
17	Sat	5:31 AM	0.37 L	10:56 AM	3.20 H	5:06 PM	0.42 L	11:12 PM	4.13 H
18	Sun	6:17 AM	0.45 L	11:41 AM	3.20 H	5:47 PM	0.56 L	11:49 PM	4.12 H
19	Mon	7:00 AM	0.51 L	12:26 PM	3.17 H	6:27 PM	0.67 L	No PM High	
20	Tue	12:26 AM	4.05 H	7:40 AM	0.55 L	1:11 PM	3.11 H	7:06 PM	0.73 L
21	Wed	1:04 AM	3.93 H	8:19 AM	0.55 L	1:59 PM	3.04 H	7:45 PM	0.77 L
22	Thu	1:43 AM	3.78 H	8:59 AM	0.52 L	2:48 PM	2.96 H	8:26 PM	0.79 L
23	Fri	2:26 AM	3.60 H	9:39 AM	0.46 L	3:38 PM	2.91 H	9:13 PM	0.81 L
24	Sat	3:13 AM	3.40 H	10:21 AM	0.39 L	4:25 PM	2.90 H	10:09 PM	0.84 L
25	Sun	4:00 AM	3.21 H	11:04 AM	0.32 L	5:10 PM	2.93 H	11:13 PM	0.86 L
26	Mon	4:48 AM	3.03 H	11:48 AM	0.28 L	5:55 PM	3.03 H	No PM Low	
27	Tue	12:21 AM	0.85 L	5:38 AM	2.87 H	12:34 PM	0.25 L	6:42 PM	3.20 H
28	Wed	1:27 AM	0.79 L	6:34 AM	2.77 H	1:21 PM	0.23 L	7:31 PM	3.43 H
29	Thu	2:25 AM	0.71 L	7:34 AM	2.76 H	2:07 PM	0.23 L	8:19 PM	3.71 H
30	Fri	3:19 AM	0.63 L	8:32 AM	2.83 H	2:53 PM	0.23 L	9:05 PM	4.00 H

PANCO PETROLEUM CO. 800.477.4645

Open 7 days a week: 8am - 8pm
3 types of fuel: 89 Octane | 92 Octane | Premium Diesel

Peekskill										
1	Thu	3:58 AM	0.35 L	9:08 AM	2.69 H	3:58 PM	0.29 L	9:32 PM	3.41 H	
2	Fri	4:46 AM	0.16 L	9:55 AM	2.76 H	4:43 PM	0.22 L	10:12 PM	3.58 H	
3	Sat	5:35 AM	-0.00 L	10:39 AM	2.83 H	5:30 PM	0.16 L	10:53 PM	3.70 H	
4	Sun	6:23 AM	-0.13 L	11:26 AM	2.87 H	6:18 PM	0.11 L	11:37 PM	3.75 H	
5	Mon	7:11 AM	-0.20 L	12:16 PM	2.89 H	7:07 PM	0.09 L	No PM High		
6	Tue	12:27 AM	3.73 H	7:59 AM	-0.22 L	1:12 PM	2.89 H	7:57 PM	0.12 L	
7	Wed	1:24 AM	3.65 H	8:49 AM	-0.18 L	2:15 PM	2.90 H	8:51 PM	0.20 L	
8	Thu	2:26 AM	3.55 H	9:42 AM	-0.10 L	3:17 PM	2.94 H	9:51 PM	0.31 L	
9	Fri	3:28 AM	3.43 H	10:40 AM	-0.02 L	4:16 PM	3.00 H	10:58 PM	0.41 L	
10	Sat	4:28 AM	3.31 H	11:40 AM	0.03 L	5:14 PM	3.09 H	No PM Low		
11	Sun	12:09 AM	0.44 L	5:26 AM	3.16 H	12:39 PM	0.04 L	6:11 PM	3.18 H	
12	Mon	1:15 AM	0.39 L	6:25 AM	3.03 H	1:34 PM	0.03 L	7:09 PM	3.28 H	
13	Tue	2:15 AM	0.29 L	7:27 AM	2.92 H	2:25 PM	0.03 L	8:05 PM	3.39 H	
14	Wed	3:11 AM	0.19 L	8:27 AM	2.86 H	3:14 PM	0.06 L	8:58 PM	3.48 H	
15	Thu	4:03 AM	0.11 L	9:23 AM	2.85 H	4:01 PM	0.11 L	9:45 PM	3.54 H	
16	Fri	4:53 AM	0.04 L	10:13 AM	2.85 H	4:48 PM	0.18 L	10:29 PM	3.55 H	
17	Sat	5:41 AM	0.01 L	11:00 AM	2.85 H	5:34 PM	0.25 L	11:10 PM	3.51 H	
18	Sun	6:27 AM	0.00 L	11:46 AM	2.83 H	6:19 PM	0.32 L	11:50 PM	3.42 H	
19	Mon	7:10 AM	0.03 L	12:32 PM	2.79 H	7:02 PM	0.40 L	No PM High		
20	Tue	12:31 AM	3.32 H	7:51 AM	0.10 L	1:19 PM	2.73 H	7:42 PM	0.49 L	
21	Wed	1:13 AM	3.19 H	8:31 AM	0.19 L	2:07 PM	2.68 H	8:21 PM	0.59 L	
22	Thu	1:57 AM	3.07 H	9:11 AM	0.30 L	2:55 PM	2.65 H	9:00 PM	0.70 L	
23	Fri	2:41 AM	2.96 H	9:51 AM	0.42 L	3:40 PM	2.63 H	9:41 PM	0.82 L	
24	Sat	3:23 AM	2.85 H	10:33 AM	0.51 L	4:22 PM	2.65 H	10:32 PM	0.91 L	
25	Sun	4:03 AM	2.74 H	11:19 AM	0.58 L	5:02 PM	2.70 H	11:37 PM	0.94 L	
26	Mon	4:43 AM	2.65 H	12:07 PM	0.60 L	5:42 PM	2.78 H	No PM Low		
27	Tue	12:44 AM	0.89 L	5:28 AM	2.57 H	12:56 PM	0.58 L	6:24 PM	2.90 H	
28	Wed	1:42 AM	0.76 L	6:20 AM	2.52 H	1:43 PM	0.52 L	7:11 PM	3.06 H	
29	Thu	2:36 AM	0.58 L	7:22 AM	2.51 H	2:31 PM	0.44 L	8:02 PM	3.24 H	
30	Fri	3:28 AM	0.38 L	8:26 AM	2.57 H	3:21 PM	0.35 L	8:54 PM	3.44 H	

seatow.com

\$199.
a year

Poughkeepsie										
1	Thu	5:41 AM	0.37 L	11:14 AM	2.85 H	5:41 PM	0.31 L	11:38 PM	3.62 H	
2	Fri	6:29 AM	0.17 L	12:01 PM	2.94 H	6:26 PM	0.23 L	No PM High		
3	Sat	12:18 AM	3.81 H	7:18 AM	-0.00 L	12:45 PM	3.01 H	7:13 PM	0.17 L	
4	Sun	12:59 AM	3.94 H	8:06 AM	-0.14 L	1:32 PM	3.05 H	8:01 PM	0.12 L	
5	Mon	1:43 AM	3.99 H	8:54 AM	-0.22 L	2:22 PM	3.07 H	8:50 PM	0.10 L	
6	Tue	2:33 AM	3.96 H	9:42 AM	-0.23 L	3:18 PM	3.07 H	9:40 PM	0.13 L	
7	Wed	3:30 AM	3.88 H	10:32 AM	-0.19 L	4:21 PM	3.08 H	10:34 PM	0.21 L	
8	Thu	4:32 AM	3.77 H	11:25 AM	-0.11 L	5:23 PM	3.12 H	11:34 PM	0.33 L	
9	Fri	5:34 AM	3.65 H	12:23 PM	-0.03 L	6:22 PM	3.19 H	No PM Low		
10	Sat	12:41 AM	0.44 L	6:34 AM	3.51 H	1:23 PM	0.03 L	7:20 PM	3.28 H	
11	Sun	1:52 AM	0.47 L	7:32 AM	3.36 H	2:22 PM	0.04 L	8:17 PM	3.38 H	
12	Mon	2:58 AM	0.41 L	8:31 AM	3.21 H	3:17 PM	0.03 L	9:15 PM	3.49 H	
13	Tue	3:58 AM	0.31 L	9:33 AM	3.10 H	4:08 PM	0.03 L	10:11 PM	3.60 H	
14	Wed	4:54 AM	0.20 L	10:33 AM	3.04 H	4:57 PM	0.06 L	11:04 PM	3.70 H	
15	Thu	5:46 AM	0.11 L	11:29 AM	3.02 H	5:44 PM	0.12 L	11:51 PM	3.76 H	
16	Fri	6:36 AM	0.04 L	12:19 PM	3.03 H	6:31 PM	0.19 L	No PM High		
17	Sat	12:35 AM	3.77 H	7:24 AM	0.01 L	1:06 PM	3.02 H	7:17 PM	0.27 L	
18	Sun	1:16 AM	3.73 H	8:10 AM	0.00 L	1:52 PM	3.00 H	8:02 PM	0.34 L	
19	Mon	1:56 AM	3.64 H	8:53 AM	0.03 L	2:38 PM	2.96 H	8:45 PM	0.42 L	
20	Tue	2:37 AM	3.52 H	9:34 AM	0.10 L	3:25 PM	2.90 H	9:25 PM	0.52 L	
21	Wed	3:19 AM	3.39 H	10:14 AM	0.20 L	4:13 PM	2.85 H	10:04 PM	0.63 L	
22	Thu	4:03 AM	3.27 H	10:54 AM	0.32 L	5:01 PM	2.81 H	10:43 PM	0.75 L	
23	Fri	4:47 AM	3.14 H	11:34 AM	0.44 L	5:46 PM	2.80 H	11:24 PM	0.87 L	
24	Sat	5:29 AM	3.02 H	12:16 PM	0.55 L	6:28 PM	2.81 H	No PM Low		
25	Sun	12:15 AM	0.96 L	6:09 AM	2.92 H	1:02 PM	0.61 L	7:08 PM	2.86 H	
26	Mon	1:20 AM	1.00 L	6:49 AM	2.82 H	1:50 PM	0.64 L	7:48 PM	2.95 H	
27	Tue	2:27 AM	0.95 L	7:34 AM	2.73 H	2:39 PM	0.62 L	8:30 PM	3.08 H	
28	Wed	3:25 AM	0.81 L	8:26 AM	2.67 H	3:26 PM	0.56 L	9:17 PM	3.25 H	
29	Thu	4:19 AM	0.61 L	9:28 AM	2.67 H	4:14 PM	0.47 L	10:08 PM	3.44 H	
30	Fri	5:11 AM	0.40 L	10:32 AM	2.73 H	5:04 PM	0.37 L	11:00 PM	3.65 H	

TIDES

June

TIDES

Newburgh										
1	Thu	4:58 AM	0.35 L	10:26 AM	2.60 H	4:58 PM	0.29 L	10:50 PM	3.30 H	
2	Fri	5:46 AM	0.16 L	11:13 AM	2.68 H	5:43 PM	0.22 L	11:30 PM	3.47 H	
3	Sat	6:35 AM	-0.00 L	11:57 AM	2.74 H	6:30 PM	0.16 L	No PM High		
4	Sun	12:11 AM	3.59 H	7:23 AM	-0.13 L	12:44 PM	2.78 H	7:18 PM	0.11 L	
5	Mon	12:55 AM	3.63 H	8:11 AM	-0.20 L	1:34 PM	2.80 H	8:07 PM	0.09 L	
6	Tue	1:45 AM	3.61 H	8:59 AM	-0.22 L	2:30 PM	2.80 H	8:57 PM	0.12 L	
7	Wed	2:42 AM	3.54 H	9:49 AM	-0.18 L	3:33 PM	2.81 H	9:51 PM	0.20 L	
8	Thu	3:44 AM	3.44 H	10:42 AM	-0.10 L	4:35 PM	2.85 H	10:51 PM	0.31 L	
9	Fri	4:46 AM	3.33 H	11:40 AM	-0.02 L	5:34 PM	2.91 H	11:58 PM	0.41 L	
10	Sat	5:46 AM	3.20 H	12:40 PM	0.03 L	6:32 PM	2.99 H	No PM Low		
11	Sun	1:09 AM	0.44 L	6:44 AM	3.06 H	1:39 PM	0.04 L	7:29 PM	3.08 H	
12	Mon	2:15 AM	0.39 L	7:43 AM	2.93 H	2:34 PM	0.03 L	8:27 PM	3.18 H	
13	Tue	3:15 AM	0.29 L	8:45 AM	2.83 H	3:25 PM	0.03 L	9:23 PM	3.28 H	
14	Wed	4:11 AM	0.19 L	9:45 AM	2.77 H	4:14 PM	0.06 L	10:16 PM	3.38 H	
15	Thu	5:03 AM	0.11 L	10:41 AM	2.76 H	5:01 PM	0.11 L	11:03 PM	3.43 H	
16	Fri	5:53 AM	0.04 L	11:31 AM	2.76 H	5:48 PM	0.18 L	11:47 PM	3.44 H	
17	Sat	6:41 AM	0.01 L	12:18 PM	2.76 H	6:34 PM	0.25 L	No PM High		
18	Sun	12:28 AM	3.40 H	7:27 AM	0.00 L	1:04 PM	2.74 H	7:19 PM	0.32 L	
19	Mon	1:08 AM	3.32 H	8:10 AM	0.03 L	1:50 PM	2.70 H	8:02 PM	0.40 L	
20	Tue	1:49 AM	3.21 H	8:51 AM	0.10 L	2:37 PM	2.65 H	8:42 PM	0.49 L	
21	Wed	2:31 AM	3.10 H	9:31 AM	0.19 L	3:25 PM	2.60 H	9:21 PM	0.59 L	
22	Thu	3:15 AM	2.98 H	10:11 AM	0.30 L	4:13 PM	2.56 H	10:00 PM	0.70 L	
23	Fri	3:59 AM	2.86 H	10:51 AM	0.42 L	4:58 PM	2.55 H	10:41 PM	0.82 L	
24	Sat	4:41 AM	2.76 H	11:33 AM	0.51 L	5:40 PM	2.56 H	11:32 PM	0.91 L	
25	Sun	5:21 AM	2.66 H	12:19 PM	0.58 L	6:20 PM	2.61 H	No PM Low		
26	Mon	12:37 AM	0.94 L	6:01 AM	2.57 H	1:07 PM	0.60 L	7:00 PM	2.69 H	
27	Tue	1:44 AM	0.89 L	6:46 AM	2.49 H	1:56 PM	0.58 L	7:42 PM	2.81 H	
28	Wed	2:42 AM	0.76 L	7:38 AM	2.44 H	2:43 PM	0.52 L	8:29 PM	2.96 H	
29	Thu	3:36 AM	0.58 L	8:40 AM	2.43 H	3:31 PM	0.44 L	9:20 PM	3.14 H	
30	Fri	4:28 AM	0.38 L	9:44 AM	2.49 H	4:21 PM	0.35 L	10:12 PM	3.33 H	



Kingston										
1	Thu	6:29 AM	0.45 L	12:00 PM	3.40 H	6:29 PM	0.38 L	No PM High		
2	Fri	12:24 AM	4.31 H	7:17 AM	0.21 L	12:47 PM	3.50 H	7:14 PM	0.28 L	
3	Sat	1:04 AM	4.54 H	8:06 AM	-0.00 L	1:31 PM	3.58 H	8:01 PM	0.20 L	
4	Sun	1:45 AM	4.69 H	8:54 AM	-0.17 L	2:18 PM	3.64 H	8:49 PM	0.14 L	
5	Mon	2:29 AM	4.75 H	9:42 AM	-0.26 L	3:08 PM	3.66 H	9:38 PM	0.12 L	
6	Tue	3:19 AM	4.72 H	10:30 AM	-0.28 L	4:04 PM	3.66 H	10:28 PM	0.15 L	
7	Wed	4:16 AM	4.62 H	11:20 AM	-0.23 L	5:07 PM	3.67 H	11:22 PM	0.25 L	
8	Thu	5:18 AM	4.49 H	12:13 PM	-0.13 L	6:09 PM	3.72 H	No PM Low		
9	Fri	12:22 AM	0.40 L	6:20 AM	4.34 H	1:11 PM	-0.03 L	7:08 PM	3.80 H	
10	Sat	1:29 AM	0.53 L	7:20 AM	4.18 H	2:11 PM	0.03 L	8:06 PM	3.90 H	
11	Sun	2:40 AM	0.56 L	8:18 AM	4.00 H	3:10 PM	0.04 L	9:03 PM	4.02 H	
12	Mon	3:46 AM	0.50 L	9:17 AM	3.83 H	4:05 PM	0.04 L	10:01 PM	4.15 H	
13	Tue	4:46 AM	0.38 L	10:19 AM	3.69 H	4:56 PM	0.04 L	10:57 PM	4.29 H	
14	Wed	5:42 AM	0.25 L	11:19 AM	3.62 H	5:45 PM	0.08 L	11:50 PM	4.41 H	
15	Thu	6:34 AM	0.14 L	12:15 PM	3.60 H	6:32 PM	0.14 L	No PM High		
16	Fri	12:37 AM	4.48 H	7:24 AM	0.05 L	1:05 PM	3.61 H	7:19 PM	0.23 L	
17	Sat	1:21 AM	4.49 H	8:12 AM	0.01 L	1:52 PM	3.60 H	8:05 PM	0.32 L	
18	Sun	2:02 AM	4.44 H	8:58 AM	0.00 L	2:38 PM	3.58 H	8:50 PM	0.41 L	
19	Mon	2:42 AM	4.33 H	9:41 AM	0.04 L	3:24 PM	3.53 H	9:33 PM	0.51 L	
20	Tue	3:25 AM	4.20 H	10:22 AM	0.13 L	4:11 PM	3.46 H	10:13 PM	0.63 L	
21	Wed	4:05 AM	4.04 H	11:02 AM	0.25 L	4:59 PM	3.40 H	10:52 PM	0.76 L	
22	Thu	4:49 AM	3.89 H	11:42 AM	0.39 L	5:47 PM	3.35 H	11:31 PM	0.90 L	
23	Fri	5:33 AM	3.74 H	12:22 PM	0.53 L	6:32 PM	3.33 H	No PM Low		
24	Sat	12:12 AM	1.05 L	6:15 AM	3.60 H	1:04 PM	0.66 L	7:14 PM	3.35 H	
25	Sun	1:03 AM	1.16 L	6:55 AM	3.47 H	1:50 PM	0.74 L	7:54 PM	3.41 H	
26	Mon	2:08 AM	1.21 L	7:35 AM	3.35 H	2:38 PM	0.77 L	8:34 PM	3.52 H	
27	Tue	3:15 AM	1.14 L	8:20 AM	3.25 H	3:27 PM	0.74 L	9:16 PM	3.67 H	
28	Wed	4:15 AM	0.97 L	9:12 AM	3.19 H	4:14 PM	0.67 L	10:03 PM	3.87 H	
29	Thu	5:07 AM	0.74 L	10:14 AM	3.18 H	5:02 PM	0.57 L	10:54 PM	4.10 H	
30	Fri	5:59 AM	0.48 L	11:18 AM	3.25 H	5:52 PM	0.44 L	11:46 PM	4.35 H	

The Battery									
1	Sat	1:17 AM	0.28 L	6:57 AM	4.18 H	1:10 PM	0.37 L	7:16 PM	5.66 H
2	Sun	2:09 AM	-0.02 L	07:50 AM	4.38 H	2:04 PM	0.20 L	8:06 PM	5.88 H
3	Mon	3:01 AM	-0.27 L	08:42 AM	4.56 H	2:58 PM	0.04 L	8:57 PM	5.99 H
4	Tue	3:51 AM	-0.46 L	09:36 AM	4.70 H	3:52 PM	-0.07 L	9:51 PM	5.99 H
5	Wed	4:40 AM	-0.56 L	10:33 AM	4.80 H	4:44 PM	-0.08 L	10:48 PM	5.88 H
6	Thu	5:29 AM	-0.56 L	11:33 AM	4.89 H	5:38 PM	0.02 L	11:47 PM	5.70 H
7	Fri	6:19 AM	-0.46 L	12:33 PM	4.99 H	6:35 PM	0.22 L	No PM High	
8	Sat	12:46 AM	5.45 H	7:11 AM	-0.29 L	1:29 PM	5.08 H	7:38 PM	0.45 L
9	Sun	1:42 AM	5.16 H	8:07 AM	-0.09 L	2:24 PM	5.14 H	8:45 PM	0.60 L
10	Mon	2:37 AM	4.83 H	9:05 AM	0.09 L	3:18 PM	5.17 H	9:52 PM	0.63 L
11	Tue	3:34 AM	4.52 H	10:01 AM	0.24 L	4:13 PM	5.17 H	10:53 PM	0.58 L
12	Wed	4:34 AM	4.28 H	10:54 AM	0.36 L	5:10 PM	5.18 H	11:48 PM	0.48 L
13	Thu	5:37 AM	4.16 H	11:45 AM	0.46 L	6:05 PM	5.20 H	No PM Low	
14	Fri	12:40 AM	0.39 L	6:35 AM	4.17 H	12:34 PM	0.54 L	6:56 PM	5.24 H
15	Sat	1:30 AM	0.31 L	7:27 AM	4.24 H	1:22 PM	0.59 L	7:42 PM	5.26 H
16	Sun	2:17 AM	0.24 L	8:14 AM	4.32 H	2:09 PM	0.62 L	8:24 PM	5.26 H
17	Mon	3:02 AM	0.19 L	8:58 AM	4.38 H	2:54 PM	0.63 L	9:04 PM	5.22 H
18	Tue	3:43 AM	0.17 L	9:41 AM	4.40 H	3:37 PM	0.65 L	9:43 PM	5.14 H
19	Wed	4:23 AM	0.19 L	10:24 AM	4.38 H	4:17 PM	0.70 L	10:20 PM	5.02 H
20	Thu	5:00 AM	0.26 L	11:08 AM	4.35 H	4:54 PM	0.79 L	10:58 PM	4.87 H
21	Fri	5:35 AM	0.37 L	11:50 AM	4.32 H	5:30 PM	0.92 L	11:34 PM	4.69 H
22	Sat	6:08 AM	0.51 L	12:30 PM	4.32 H	6:07 PM	1.07 L	No PM High	
23	Sun	12:10 AM	4.50 H	6:38 AM	0.66 L	1:07 PM	4.36 H	6:47 PM	1.22 L
24	Mon	12:46 AM	4.31 H	7:07 AM	0.80 L	1:41 PM	4.44 H	7:41 PM	1.33 L
25	Tue	1:27 AM	4.14 H	7:44 AM	0.91 L	2:17 PM	4.56 H	8:53 PM	1.34 L
26	Wed	2:13 AM	4.00 H	8:39 AM	0.98 L	2:59 PM	4.71 H	10:02 PM	1.20 L
27	Thu	3:08 AM	3.90 H	9:48 AM	0.96 L	3:51 PM	4.89 H	11:03 PM	0.95 L
28	Fri	4:13 AM	3.87 H	10:52 AM	0.83 L	4:52 PM	5.10 H	11:59 PM	0.64 L
29	Sat	5:27 AM	3.98 H	11:52 AM	0.63 L	5:57 PM	5.37 H	No PM Low	
30	Sun	12:54 AM	0.30 L	6:35 AM	4.22 H	12:50 PM	0.37 L	6:58 PM	5.68 H
31	Mon	1:48 AM	-0.03 L	07:34 AM	4.53 H	1:48 PM	0.11 L	7:53 PM	5.94 H

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Tarrytown									
1	Sat	3:14 AM	0.19 L	8:46 AM	2.93 H	3:07 PM	0.26 L	9:05 PM	3.96 H
2	Sun	4:06 AM	-0.01 L	09:39 AM	3.07 H	4:01 PM	0.14 L	9:55 PM	4.11 H
3	Mon	4:58 AM	-0.19 L	10:31 AM	3.19 H	4:55 PM	0.03 L	10:46 PM	4.20 H
4	Tue	5:48 AM	-0.32 L	11:25 AM	3.29 H	5:49 PM	-0.05 L	11:40 PM	4.19 H
5	Wed	6:37 AM	-0.40 L	12:22 PM	3.36 H	6:41 PM	-0.06 L	No PM High	
6	Thu	12:37 AM	4.12 H	7:26 AM	-0.39 L	1:22 PM	3.42 H	7:35 PM	0.02 L
7	Fri	1:36 AM	3.99 H	8:16 AM	-0.32 L	2:22 PM	3.49 H	8:32 PM	0.15 L
8	Sat	2:35 AM	3.82 H	9:08 AM	-0.20 L	3:18 PM	3.55 H	9:35 PM	0.31 L
9	Sun	3:31 AM	3.61 H	10:04 AM	-0.07 L	4:13 PM	3.60 H	10:42 PM	0.42 L
10	Mon	4:26 AM	3.38 H	11:02 AM	0.06 L	5:07 PM	3.62 H	11:49 PM	0.44 L
11	Tue	5:23 AM	3.16 H	11:58 AM	0.17 L	6:02 PM	3.62 H	No PM Low	
12	Wed	12:50 AM	0.40 L	6:23 AM	3.00 H	12:51 PM	0.25 L	6:59 PM	3.62 H
13	Thu	1:45 AM	0.34 L	7:26 AM	2.92 H	1:42 PM	0.33 L	7:54 PM	3.64 H
14	Fri	2:37 AM	0.27 L	8:24 AM	2.92 H	2:31 PM	0.38 L	8:45 PM	3.67 H
15	Sat	3:27 AM	0.21 L	9:16 AM	2.97 H	3:19 PM	0.42 L	9:31 PM	3.68 H
16	Sun	4:14 AM	0.17 L	10:03 AM	3.03 H	4:06 PM	0.43 L	10:13 PM	3.68 H
17	Mon	4:59 AM	0.13 L	10:47 AM	3.07 H	4:51 PM	0.44 L	10:53 PM	3.65 H
18	Tue	5:40 AM	0.12 L	11:30 AM	3.08 H	5:34 PM	0.45 L	11:32 PM	3.60 H
19	Wed	6:20 AM	0.13 L	12:13 PM	3.07 H	6:14 PM	0.49 L	No PM High	
20	Thu	12:09 AM	3.52 H	6:57 AM	0.18 L	12:57 PM	3.04 H	6:51 PM	0.55 L
21	Fri	12:47 AM	3.41 H	7:32 AM	0.26 L	1:39 PM	3.02 H	7:27 PM	0.65 L
22	Sat	1:23 AM	3.28 H	8:05 AM	0.36 L	2:19 PM	3.02 H	8:04 PM	0.75 L
23	Sun	1:59 AM	3.15 H	8:35 AM	0.47 L	2:56 PM	3.05 H	8:44 PM	0.85 L
24	Mon	2:35 AM	3.02 H	9:04 AM	0.56 L	3:30 PM	3.10 H	9:38 PM	0.93 L
25	Tue	3:16 AM	2.90 H	9:41 AM	0.64 L	4:06 PM	3.19 H	10:50 PM	0.94 L
26	Wed	4:02 AM	2.80 H	10:36 AM	0.68 L	4:48 PM	3.30 H	11:59 PM	0.84 L
27	Thu	4:57 AM	2.73 H	11:45 AM	0.67 L	5:40 PM	3.42 H	No PM Low	
28	Fri	1:00 AM	0.67 L	6:02 AM	2.71 H	12:49 PM	0.58 L	6:41 PM	3.57 H
29	Sat	1:56 AM	0.45 L	7:16 AM	2.78 H	1:49 PM	0.44 L	7:46 PM	3.76 H
30	Sun	2:51 AM	0.21 L	8:24 AM	2.95 H	2:47 PM	0.26 L	8:47 PM	3.97 H
31	Mon	3:45 AM	-0.02 L	09:23 AM	3.17 H	3:45 PM	0.08 L	9:42 PM	4.16 H

Spuyten Duyvil									
1	Sat	2:05 AM	0.23 L	7:49 AM	3.52 H	1:58 PM	0.31 L	8:08 PM	4.75 H
2	Sun	2:57 AM	-0.01 L	08:42 AM	3.68 H	2:52 PM	0.17 L	8:58 PM	4.94 H
3	Mon	3:49 AM	-0.23 L	09:34 AM	3.83 H	3:46 PM	0.03 L	9:49 PM	5.03 H
4	Tue	4:39 AM	-0.39 L	10:28 AM	3.95 H	4:40 PM	-0.06 L	10:43 PM	5.03 H
5	Wed	5:28 AM	-0.47 L	11:25 AM	4.03 H	5:32 PM	-0.07 L	11:40 PM	4.94 H
6	Thu	6:17 AM	-0.47 L	12:25 PM	4.11 H	6:26 PM	0.02 L	No PM High	
7	Fri	12:39 AM	4.79 H	7:07 AM	-0.39 L	1:25 PM	4.19 H	7:23 PM	0.19 L
8	Sat	1:38 AM	4.58 H	7:59 AM	-0.24 L	2:21 PM	4.26 H	8:26 PM	0.38 L
9	Sun	2:34 AM	4.33 H	8:55 AM	-0.08 L	3:16 PM	4.32 H	9:33 PM	0.50 L
10	Mon	3:29 AM	4.06 H	9:53 AM	0.08 L	4:10 PM	4.34 H	10:40 PM	0.53 L
11	Tue	4:26 AM	3.79 H	10:49 AM	0.20 L	5:05 PM	4.34 H	11:41 PM	0.48 L
12	Wed	5:26 AM	3.59 H	11:42 AM	0.30 L	6:02 PM	4.35 H	No PM Low	
13	Thu	12:36 AM	0.41 L	6:29 AM	3.50 H	12:33 PM	0.39 L	6:57 PM	4.37 H
14	Fri	1:28 AM	0.33 L	7:27 AM	3.50 H	1:22 PM	0.46 L	7:48 PM	4.40 H
15	Sat	2:18 AM	0.26 L	8:19 AM	3.56 H	2:10 PM	0.50 L	8:34 PM	4.42 H
16	Sun	3:05 AM	0.20 L	9:06 AM	3.63 H	2:57 PM	0.52 L	9:16 PM	4.42 H
17	Mon	3:50 AM	0.16 L	9:50 AM	3.68 H	3:42 PM	0.53 L	9:56 PM	4.39 H
18	Tue	4:31 AM	0.14 L	10:33 AM	3.69 H	4:25 PM	0.54 L	10:35 PM	4.32 H
19	Wed	5:11 AM	0.16 L	11:16 AM	3.68 H	5:05 PM	0.59 L	11:12 PM	4.22 H
20	Thu	5:48 AM	0.21 L	12:00 PM	3.65 H	5:42 PM	0.67 L	11:50 PM	4.09 H
21	Fri	6:23 AM	0.31 L	12:42 PM	3.63 H	6:18 PM	0.78 L	No PM High	
22	Sat	12:26 AM	3.94 H	6:56 AM	0.43 L	1:22 PM	3.63 H	6:55 PM	0.90 L
23	Sun	1:02 AM	3.78 H	7:26 AM	0.56 L	1:59 PM	3.66 H	7:35 PM	1.02 L
24	Mon	1:38 AM	3.62 H	7:55 AM	0.67 L	2:33 PM	3.73 H	8:29 PM	1.11 L
25	Tue	2:19 AM	3.48 H	8:32 AM	0.76 L	3:09 PM	3.83 H	9:41 PM	1.12 L
26	Wed	3:05 AM	3.36 H	9:27 AM	0.82 L	3:51 PM	3.96 H	10:50 PM	1.01 L
27	Thu	4:00 AM	3.27 H	10:36 AM	0.80 L	4:43 PM	4.11 H	11:51 PM	0.80 L
28	Fri	5:05 AM	3.25 H	11:40 AM	0.70 L	5:44 PM	4.28 H	No PM Low	
29	Sat	12:47 AM	0.54 L	6:19 AM	3.34 H	12:40 PM	0.53 L	6:49 PM	4.51 H
30	Sun	1:42 AM	0.26 L	7:27 AM	3.54 H	1:38 PM	0.31 L	7:50 PM	4.77 H
31	Mon	2:36 AM	-0.03 L	08:26 AM	3.80 H	2:36 PM	0.09 L	8:45 PM	4.99 H



Haverstraw									
1	Sat	4:12 AM	0.56 L	9:24 AM	2.96 H	3:42 PM	0.24 L	9:50 PM	4.23 H
2	Sun	5:04 AM	0.49 L	10:15 AM	3.11 H	4:35 PM	0.23 L	10:37 PM	4.37 H
3	Mon	5:55 AM	0.41 L	11:05 AM	3.23 H	5:32 PM	0.21 L	11:26 PM	4.42 H
4	Tue	6:44 AM	0.32 L	11:58 AM	3.31 H	6:28 PM	0.16 L	No PM High	
5	Wed	12:17 AM	4.35 H	7:32 AM	0.21 L	12:53 PM	3.34 H	7:23 PM	0.13 L
6	Thu	1:11 AM	4.20 H	8:20 AM	0.11 L	1:51 PM	3.33 H	8:19 PM	0.13 L
7	Fri	2:09 AM	3.98 H	9:10 AM	0.03 L	2:54 PM	3.31 H	9:19 PM	0.17 L
8	Sat	3:09 AM	3.74 H	10:03 AM	-0.04 L	3:56 PM	3.31 H	10:23 PM	0.24 L
9	Sun	4:09 AM	3.50 H	10:57 AM	-0.08 L	4:55 PM	3.33 H	11:30 PM	0.30 L
10	Mon	5:07 AM	3.27 H	11:51 AM	-0.09 L	5:52 PM	3.37 H	No PM Low	
11	Tue	12:37 AM	0.34 L	6:05 AM	3.07 H	12:46 PM	-0.05 L	6:51 PM	3.44 H
12	Wed	1:41 AM	0.34 L	7:06 AM	2.94 H	1:38 PM	0.01 L	7:50 PM	3.56 H
13	Thu	2:39 AM	0.33 L	8:06 AM	2.91 H	2:28 PM	0.11 L	8:44 PM	3.70 H
14	Fri	3:33 AM	0.34 L	9:02 AM	2.95 H	3:14 PM	0.23 L	9:31 PM	3.84 H
15	Sat	4:24 AM	0.36 L	9:53 AM	3.03 H	3:59 PM	0.35 L	10:14 PM	3.94 H
16	Sun	5:12 AM	0.39 L	10:40 AM	3.10 H	4:44 PM	0.46 L	10:54 PM	3.99 H
17	Mon	5:56 AM	0.41 L	11:24 AM	3.13 H	5:27 PM	0.53 L	11:31 PM	3.98 H
18	Tue	6:37 AM	0.40 L	12:07 PM	3.13 H	6:09 PM	0.57 L	No PM High	
19	Wed	12:07 AM	3.92 H	7:14 AM	0.38 L	12:49 PM	3.09 H	6:49 PM	0.58 L
20	Thu	12:41 AM	3.81 H	7:50 AM	0.33 L	1:30 PM	3.02 H	7:27 PM	0.59 L
21	Fri	1:16 AM	3.66 H	8:24 AM	0.28 L	2:12 PM	2.97 H	8:05 PM	0.60 L
22	Sat	1:52 AM	3.48 H	8:57 AM	0.22 L	2:55 PM	2.94 H	8:46 PM	0.64 L
23	Sun	2:32 AM	3.29 H	9:30 AM	0.19 L	3:36 PM	2.96 H	9:33 PM	0.70 L
24	Mon	3:15 AM	3.09 H	10:03 AM	0.18 L	4:18 PM	3.03 H	10:31 PM	0.78 L
25	Tue	4:02 AM	2.91 H	10:40 AM	0.20 L	5:00 PM	3.16 H	11:40 PM	0.84 L
26	Wed	4:53 AM	2.77 H	11:25 AM	0.23 L	5:46 PM	3.31 H	No PM Low	

Hudson								
1	Sat	1:24 AM	4.73 H	8:29 AM	0.24 L	1:55 PM	3.68 H	8:22 PM 0.32 L
2	Sun	2:14 AM	4.98 H	9:21 AM	-0.01 L	2:48 PM	3.86 H	9:16 PM 0.17 L
3	Mon	3:04 AM	5.17 H	10:13 AM	-0.23 L	3:40 PM	4.01 H	10:10 PM 0.03 L
4	Tue	3:55 AM	5.27 H	11:03 AM	-0.40 L	4:34 PM	4.13 H	11:04 PM -0.06 L
5	Wed	4:49 AM	5.27 H	11:52 AM	-0.48 L	5:31 PM	4.22 H	11:56 PM -0.07 L
6	Thu	5:46 AM	5.18 H	12:41 PM	-0.48 L	6:31 PM	4.30 H	No PM Low
7	Fri	12:50 AM	0.02 L	6:45 AM	5.01 H	1:31 PM	-0.40 L	7:31 PM 4.39 H
8	Sat	1:47 AM	0.19 L	7:44 AM	4.80 H	2:23 PM	-0.25 L	8:27 PM 4.47 H
9	Sun	2:50 AM	0.38 L	8:40 AM	4.54 H	3:19 PM	-0.08 L	9:22 PM 4.52 H
10	Mon	3:57 AM	0.52 L	9:35 AM	4.25 H	4:17 PM	0.08 L	10:16 PM 4.55 H
11	Tue	5:04 AM	0.55 L	10:32 AM	3.98 H	5:13 PM	0.21 L	11:11 PM 4.55 H
12	Wed	6:05 AM	0.50 L	11:32 AM	3.77 H	6:06 PM	0.31 L	No PM High
13	Thu	12:08 AM	4.56 H	7:00 AM	0.42 L	12:35 PM	3.66 H	6:57 PM 0.40 L
14	Fri	1:03 AM	4.58 H	7:52 AM	0.34 L	1:33 PM	3.67 H	7:46 PM 0.47 L
15	Sat	1:54 AM	4.61 H	8:42 AM	0.26 L	2:25 PM	3.73 H	8:34 PM 0.51 L
16	Sun	2:40 AM	4.63 H	9:29 AM	0.20 L	3:12 PM	3.81 H	9:21 PM 0.53 L
17	Mon	3:22 AM	4.63 H	10:14 AM	0.16 L	3:56 PM	3.85 H	10:06 PM 0.54 L
18	Tue	4:02 AM	4.59 H	10:55 AM	0.14 L	4:39 PM	3.87 H	10:49 PM 0.56 L
19	Wed	4:41 AM	4.53 H	11:35 AM	0.16 L	5:22 PM	3.85 H	11:29 PM 0.60 L
20	Thu	5:18 AM	4.42 H	12:12 PM	0.22 L	6:06 PM	3.83 H	No PM Low
21	Fri	12:06 AM	0.68 L	5:56 AM	4.28 H	12:47 PM	0.32 L	6:48 PM 3.80 H
22	Sat	12:42 AM	0.79 L	6:32 AM	4.13 H	1:20 PM	0.44 L	7:28 PM 3.80 H
23	Sun	1:19 AM	0.92 L	7:08 AM	3.96 H	1:50 PM	0.57 L	8:05 PM 3.83 H
24	Mon	1:59 AM	1.05 L	7:44 AM	3.79 H	2:19 PM	0.69 L	8:39 PM 3.90 H
25	Tue	2:53 AM	1.14 L	8:25 AM	3.65 H	2:56 PM	0.78 L	9:15 PM 4.01 H
26	Wed	4:05 AM	1.15 L	9:11 AM	3.52 H	3:51 PM	0.84 L	9:57 PM 4.15 H
27	Thu	5:14 AM	1.03 L	10:06 AM	3.43 H	5:00 PM	0.82 L	10:49 PM 4.30 H
28	Fri	6:15 AM	0.82 L	11:11 AM	3.41 H	6:04 PM	0.71 L	11:50 PM 4.49 H
29	Sat	7:11 AM	0.55 L	12:25 PM	3.50 H	7:04 PM	0.54 L	No PM High
30	Sun	12:55 AM	4.73 H	8:06 AM	0.26 L	1:33 PM	3.71 H	8:02 PM 0.32 L
31	Mon	1:56 AM	5.00 H	9:00 AM	-0.03 L	2:32 PM	3.98 H	9:00 PM 0.09 L

July
TIDES

Castleton								
1	Sat	2:36 AM	5.62 H	10:07 AM	0.40 L	3:20 PM	4.07 H	9:47 PM 0.62 L
2	Sun	3:19 AM	5.77 H	10:59 AM	0.14 L	4:09 PM	4.16 H	10:42 PM 0.50 L
3	Mon	4:04 AM	5.84 H	11:48 AM	-0.05 L	4:58 PM	4.26 H	11:35 PM 0.38 L
4	Tue	4:52 AM	5.84 H	12:37 PM	-0.19 L	5:49 PM	4.36 H	No PM Low
5	Wed	12:28 AM	0.27 L	5:44 AM	5.77 H	1:25 PM	-0.28 L	6:44 PM 4.47 H
6	Thu	1:22 AM	0.19 L	6:42 AM	5.65 H	2:14 PM	-0.33 L	7:41 PM 4.62 H
7	Fri	2:16 AM	0.15 L	7:45 AM	5.50 H	3:02 PM	-0.36 L	8:39 PM 4.80 H
8	Sat	3:13 AM	0.15 L	8:48 AM	5.34 H	3:52 PM	-0.35 L	9:36 PM 4.98 H
9	Sun	4:13 AM	0.18 L	9:49 AM	5.16 H	4:42 PM	-0.32 L	10:32 PM 5.15 H
10	Mon	5:13 AM	0.19 L	10:48 AM	4.96 H	5:34 PM	-0.26 L	11:28 PM 5.28 H
11	Tue	6:15 AM	0.16 L	11:47 AM	4.76 H	6:26 PM	-0.18 L	No PM High
12	Wed	12:23 AM	5.39 H	7:15 AM	0.08 L	12:46 PM	4.62 H	7:18 PM -0.10 L
13	Thu	1:17 AM	5.46 H	8:14 AM	-0.04 L	1:42 PM	4.55 H	8:10 PM -0.02 L
14	Fri	2:09 AM	5.51 H	9:09 AM	-0.19 L	2:35 PM	4.53 H	9:01 PM 0.06 L
15	Sat	2:56 AM	5.52 H	10:00 AM	-0.30 L	3:25 PM	4.53 H	9:48 PM 0.14 L
16	Sun	3:41 AM	5.47 H	10:48 AM	-0.36 L	4:13 PM	4.51 H	10:33 PM 0.23 L
17	Mon	4:22 AM	5.39 H	11:32 AM	-0.35 L	4:58 PM	4.47 H	11:16 PM 0.34 L
18	Tue	5:00 AM	5.27 H	12:13 PM	-0.29 L	5:42 PM	4.40 H	11:55 PM 0.44 L
19	Wed	5:36 AM	5.15 H	12:52 PM	-0.20 L	6:26 PM	4.34 H	No PM Low
20	Thu	12:33 AM	0.52 L	6:08 AM	5.03 H	1:29 PM	-0.11 L	7:08 PM 4.31 H
21	Fri	1:09 AM	0.59 L	6:35 AM	4.92 H	2:03 PM	-0.03 L	7:48 PM 4.34 H
22	Sat	1:47 AM	0.65 L	7:01 AM	4.81 H	2:34 PM	0.03 L	8:26 PM 4.41 H
23	Sun	2:28 AM	0.72 L	7:36 AM	4.67 H	3:03 PM	0.08 L	8:59 PM 4.52 H
24	Mon	3:17 AM	0.81 L	8:19 AM	4.46 H	3:32 PM	0.14 L	9:30 PM 4.65 H
25	Tue	4:17 AM	0.91 L	9:08 AM	4.18 H	4:08 PM	0.22 L	10:07 PM 4.76 H
26	Wed	5:29 AM	0.96 L	10:05 AM	3.87 H	4:55 PM	0.34 L	10:58 PM 4.84 H
27	Thu	6:40 AM	0.90 L	11:28 AM	3.59 H	5:58 PM	0.47 L	11:59 PM 4.91 H
28	Fri	7:47 AM	0.70 L	12:56 PM	3.49 H	7:14 PM	0.52 L	No PM High
29	Sat	1:05 AM	5.01 H	8:49 AM	0.41 L	2:02 PM	3.57 H	8:25 PM 0.45 L
30	Sun	2:06 AM	5.15 H	9:45 AM	0.09 L	2:59 PM	3.74 H	9:29 PM 0.28 L
31	Mon	3:01 AM	5.31 H	10:37 AM	-0.21 L	3:51 PM	3.95 H	10:27 PM 0.06 L

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Albany								
1	Sat	2:53 AM	5.68 H	10:36 AM	0.37 L	3:37 PM	4.13 H	10:16 PM 0.59 L
2	Sun	3:36 AM	5.83 H	11:28 AM	0.12 L	4:26 PM	4.22 H	11:11 PM 0.47 L
3	Mon	4:21 AM	5.90 H	12:17 PM	-0.08 L	5:15 PM	4.32 H	No PM Low
4	Tue	12:04 AM	0.35 L	5:09 AM	5.90 H	1:06 PM	-0.22 L	6:06 PM 4.42 H
5	Wed	12:57 AM	0.24 L	6:01 AM	5.83 H	1:54 PM	-0.31 L	7:01 PM 4.53 H
6	Thu	1:51 AM	0.16 L	6:59 AM	5.71 H	2:43 PM	-0.36 L	7:58 PM 4.68 H
7	Fri	2:45 AM	0.12 L	8:02 AM	5.56 H	3:31 PM	-0.39 L	8:56 PM 4.86 H
8	Sat	3:42 AM	0.13 L	9:05 AM	5.40 H	4:21 PM	-0.38 L	9:53 PM 5.04 H
9	Sun	4:42 AM	0.15 L	10:06 AM	5.22 H	5:11 PM	-0.35 L	10:49 PM 5.21 H
10	Mon	5:42 AM	0.16 L	11:05 AM	5.01 H	6:03 PM	-0.29 L	11:45 PM 5.34 H
11	Tue	6:44 AM	0.13 L	12:04 PM	4.83 H	6:55 PM	-0.21 L	No PM High
12	Wed	12:40 AM	5.45 H	7:44 AM	0.05 L	1:03 PM	4.68 H	7:47 PM -0.13 L
13	Thu	1:34 AM	5.52 H	8:43 AM	-0.07 L	1:59 PM	4.61 H	8:39 PM -0.05 L
14	Fri	2:26 AM	5.57 H	9:38 AM	-0.22 L	2:52 PM	4.59 H	9:30 PM 0.03 L
15	Sat	3:13 AM	5.58 H	10:29 AM	-0.33 L	3:42 PM	4.59 H	10:17 PM 0.11 L
16	Sun	3:58 AM	5.54 H	11:17 AM	-0.39 L	4:30 PM	4.57 H	11:02 PM 0.20 L
17	Mon	4:39 AM	5.45 H	12:01 PM	-0.38 L	5:15 PM	4.53 H	11:45 PM 0.31 L
18	Tue	5:17 AM	5.33 H	12:42 PM	-0.32 L	5:59 PM	4.46 H	No PM Low
19	Wed	12:24 AM	0.41 L	5:53 AM	5.21 H	1:21 PM	-0.23 L	6:43 PM 4.40 H
20	Thu	1:02 AM	0.49 L	6:25 AM	5.09 H	1:58 PM	-0.14 L	7:25 PM 4.37 H
21	Fri	1:38 AM	0.56 L	6:52 AM	4.98 H	2:32 PM	-0.06 L	8:05 PM 4.40 H
22	Sat	2:16 AM	0.62 L	7:18 AM	4.87 H	3:03 PM	0.00 L	8:43 PM 4.47 H
23	Sun	2:57 AM	0.69 L	7:53 AM	4.73 H	3:32 PM	0.05 L	9:16 PM 4.58 H
24	Mon	3:46 AM	0.78 L	8:36 AM	4.52 H	4:01 PM	0.11 L	9:47 PM 4.71 H
25	Tue	4:46 AM	0.88 L	9:25 AM	4.24 H	4:37 PM	0.19 L	10:24 PM 4.82 H
26	Wed	5:58 AM	0.93 L	10:22 AM	3.92 H	5:24 PM	0.32 L	11:15 PM 4.90 H
27	Thu	7:09 AM	0.87 L	11:45 AM	3.65 H	6:27 PM	0.44 L	No PM High
28	Fri	12:16 AM	4.97 H	8:16 AM	0.67 L	1:13 PM	3.55 H	7:43 PM 0.49 L
29	Sat	1:22 AM	5.07 H	9:18 AM	0.39 L	2:19 PM	3.63 H	8:54 PM 0.42 L
30	Sun	2:23 AM	5.21 H	10:14 AM	0.06 L	3:16 PM	3.80 H	9:58 PM 0.24 L
31	Mon	3:18 AM	5.37 H	11:06 AM	-0.24 L	4:08 PM	4.01 H	10:56 PM 0.03 L

July
TIDES

Troy								
1	Sat	3:01 AM	5.68 H	10:46 AM	0.37 L	3:45 PM	4.13 H	10:26 PM 0.59 L
2	Sun	3:44 AM	5.83 H	11:38 AM	0.12 L	4:34 PM	4.22 H	11:21 PM 0.47 L
3	Mon	4:29 AM	5.90 H	12:27 PM	-0.08 L	5:23 PM	4.32 H	No PM Low
4	Tue	12:14 AM	0.35 L	5:17 AM	5.90 H	1:16 PM	-0.22 L	6:14 PM 4.42 H
5	Wed	1:07 AM	0.24 L	6:09 AM	5.83 H	2:04 PM	-0.31 L	7:09 PM 4.53 H
6	Thu	2:01 AM	0.16 L	7:07 AM	5.71 H	2:53 PM	-0.36 L	8:06 PM 4.68 H
7	Fri	2:55 AM	0.12 L	8:10 AM	5.56 H	3:41 PM	-0.39 L	9:04 PM 4.86 H
8	Sat	3:52 AM	0.13 L	9:13 AM	5.40 H	4:31 PM	-0.38 L	10:01 PM 5.04 H
9	Sun	4:52 AM	0.15 L	10:14 AM	5.22 H	5:21 PM	-0.35 L	10:57 PM 5.21 H
10	Mon	5:52 AM	0.16 L	11:13 AM	5.01 H	6:13 PM	-0.29 L	11:53 PM 5.34 H
11	Tue	6:54 AM	0.13 L	12:12 PM	4.83 H	7:05 PM	-0.21 L	No PM High
12	Wed	12:48 AM	5.45 H	7:54 AM	0.05 L	1:11 PM	4.68 H	7:57 PM -0.13 L
13	Thu	1:42 AM	5.52 H	8:53 AM	-0.07 L	2:07 PM	4.61 H	8:49 PM -0.05 L
14	Fri	2:34 AM	5.57 H	9:48 AM	-0.22 L	3:00 PM	4.59 H	9:40 PM 0.03 L
15	Sat	3:21 AM	5.58 H	10:39 AM	-0.33 L	3:50 PM	4.59 H	10:27 PM 0.11 L
16	Sun	4:06 AM	5.54 H	11:27 AM	-0.39 L	4:38 PM	4.57 H	11:12 PM 0.20 L
17	Mon	4:47 AM	5.45 H	12:11 PM	-0.38 L	5:23 PM	4.53 H	11:55 PM 0.31 L
18	Tue	5:25 AM	5.33 H	12:52 PM	-0.32 L	6:07 PM	4.46 H	No PM Low
19	Wed	12:34 AM	0.41 L	6:01 AM	5.21 H	1:31 PM	-0.23 L	6:51 PM 4.40 H
20	Thu	1:12 AM	0.49 L	6:33 AM	5.09 H	2:08 PM	-0.14 L	7:33 PM 4.37 H
21	Fri	1:48 AM	0.56 L	7:00 AM	4.98 H	2:42 PM	-0.06 L	8:13 PM 4.40 H
22	Sat	2:26 AM	0.62 L	7:26 AM	4.87 H	3:13 PM	0.00 L	8:51 PM 4.47 H
23	Sun	3:07 AM	0.69 L	8:01 AM	4.73 H	3:42 PM	0.05 L	9:24 PM 4.58 H
24	Mon	3:56 AM	0.78 L	8:44 AM	4.52 H	4:11 PM	0.11 L	9:55 PM 4.71 H
25	Tue	4:56 AM	0.88 L	9:33 AM	4.24 H	4:47 PM	0.19 L	10:32 PM 4.82 H
26	Wed	6:08 AM	0.93 L	10:30 AM	3.92 H	5:34 PM	0.32 L	11:23 PM 4.90 H
27	Thu	7:19 AM	0.87 L	11:53 AM	3.65 H	6:37 PM	0.44 L	No PM High
28	Fri	12:24 AM	4.97 H	8:26 AM	0.67 L	1:21 PM	3.55 H	7:53 PM 0.49 L
29	Sat	1:30 AM	5.07 H	9:28 AM	0.39 L	2:27 PM	3.63 H	9:04 PM 0.42 L
30	Sun	2:31 AM	5.21 H	10:24 AM	0.06 L	3:24 PM	3.80 H	10:08 PM 0.24 L
31	Mon	3:26 AM	5.37 H	11:16 AM	-0.24 L	4:16 PM	4.01 H	11:06 PM 0.03 L

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